

Menu Subject to Change



APPLE CART CAFÉ DAILY MENU

Entire month at a Glance



August/September 2017

Welcome Back To The Apple Cart

	Soup of the Day	Special 1/2 Sandwich & Cup of Soup or Whole Sandwich	Salad of The Day & Salad Bar Special	Hot plate of the Day
Wednesday 30-Aug-2017	Potato Cheese & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Orange Vinaigrette Spinach Salad - Fresh Baby Spinach, Mandarin Oranges, Mozzarella Cheese, Parmesan Cheese Served With Cottage Cheese & Topped With Citrus Dressing	Breaded Baked Chicken, Garlic Mashed Potatoes, Chicken Gravy, Glazed Carrots & Dinner Roll
Thursday 31-Aug-2017	Pasta Fagioli & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mediterranean Pasta Salad - Tortellini, Asparagus, Bell Pepper, Jack Cheese, Tomatoes, Olives, Artichoke Hearts, Ham, Fresh Basil - Dressing In Balsamic Vinaigrette - Weight Watchers - 7 Points - 1 1/3 Cup Serving	Cheese Enchiladas (2) - Served With Refried Beans & Spanish Rice 
Friday 1-Sep-2017	Tomato Basil & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own salad	Grilled Cheese, Bacon & Tomato Sandwich - Served On Sourdough Bread - Dipped In Parmesan Cheese
Monday 4-Sep-2017	Holiday	Labor Day		WE WILL BE CLOSED LABOR DAY!
Tuesday 5-Sep-2017	French Onion & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chinese Chicken Salad Served With A Fortune Cookie	Pork Chile Rojo - Served With Refried Beans, Spanish Rice & Corn Tortillas
Wednesday 6-Sep-2017	Marvelous Mushroom & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Asian Chicken Slaw-Shredded Chicken Mixed With Celery, Sugar Peas, Red Bell Pepper, Onion, Slaw Mix & Water Chestnuts-Dressing Vinaigrette Mixed With Soy Sauce, Toasted Almonds & Sesame Seeds-Served On A Bed Of Curly Lettuce	Chicken Pho Soup - Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Sriracha Chili Sauce
Thursday 7-Sep-2017	Turkey Noodle & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Santa Fe Salad - Served With Tortilla Straws & Creamy Salsa Dressing & A Corn Muffin	Apple Cart Mini Cheese Burgers (2) - Served On The Side - 1000 Dressing, Shredded Lettuce, Cheddar Cheese, Jalapeno Peppers, Tomato Slices, Grilled Onions & Mushrooms - Spicy Potato Wedges
Friday 8-Sep-2017	Clam Chowder & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chicken Pasta Salad Roasted Chicken, Pasta, Broccoli, Cucumbers, Green Onions, Dill & Sour Cream-Served On A Bed Of Romaine	El Dorado Casserole - Served with Fresh Fruit
Monday 11-Sep-2017	Silky Carrot & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	The Apple Cart Café Special -Served With A Petite Cinnamon Roll	Orange Chicken Plate - Served With (1) Egg Roll, Chow Mein, Fried Rice & Fortune Cookie - Sweet & Sour Sauce Available on Request
Tuesday 12-Sep-2017	Welcome Back Special Luncheon Come One Come All	(3) Street Tacos - Carnitas or Marinated Chicken with all your favorite toppings	Cilantro, Onions, Cheese, Sour Cream, Pico de Gallo - Served with Refried Beans, Spanish Rice, Marinated Carrots, Onions & Jalapeños & Salad Bar	Dessert - Mexican Wedding Cookies  
Wednesday 13-Sep-2017	Chicken & Wild Rice & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	BBQ Chicken Salad - Served With A Cheese Bread Stick	Chicken Parmesan - Served With Herb Noodles, Small Green Salad & A Homemade Parmesan Knot Roll
Thursday 14-Sep-2017	Italian Minestrone & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mediterranean Pasta Salad - Tortellini, Asparagus, Bell Pepper, Jack Cheese, Tomatoes, Olives, Artichoke Hearts, Ham, Fresh Basil - Dressing In Balsamic Vinaigrette - ONLY 7 Points - 1 1/3 Cup Serving	Homemade Chicken And Rice Burrito -Served With Refried Beans And Spanish Rice

Friday 15-Sep-2017	Vegetable & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad 	Spaghetti With Meat Sauce, Small Green Salad & Garlic Cheese Toast 
Monday 18-Sep-2017	Cream Of Chicken & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches can be grilled on request	BBQ Chicken Salad - Served With A Cheese Bread Stick	Tamale Pie - Served With Marinated Mexican Vegetables
Tuesday 19-Sep-2017	Albondigas & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	 Build Your Own Salad 	Bow Ties With Chicken & Sun Dried Tomatoes - Pasta, Peas, Sun Dried Tomatoes, Oil , Slivered Almonds, Grated Parmesan Cheese, Basil - Tossed In A Parmesan Sauce- Served With A Garlic Cheese Twist
Wednesday 20-Sep-2017	Asian Noodle & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chicken & Black Bean Taco Salad - Leaf Lettuce, Black Beans, Cherry Tomatoes, Fresh Carrots Slices, Green Onion, Spicy Jack Cheese - Served In A Homemade Tortilla Bowl Topped With Homemade Salsa & Sour Cream	Quiche - Veggie or Ham Served With Cole Slaw
Thursday 21-Sep-2017	Split Pea & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Fresh Spinach , Topped With Hard Cooked Eggs, Bacon, Mushrooms & Red Onion - Dressed With Dijon Vinaigrette	Chicken Alfredo - Served with A Homemade Italian Breadstick
Friday 22-Sep-2017	Chicken Enchilada & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	 Build Your Own Salad 	Chili Rellano Casserole - Served With Spanish Rice & Refried Beans
Monday 25-Sep-2017	Navy Bean & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chinese Chicken Salad-Served With A Fortune Cookie	Cuban Pork & Ham Sandwich - Served On A Grilled Roll, Topped With Mustard, Pickles & Melted Swiss Cheese- Served With Ambrosia Salad
Tuesday 26-Sep-2017	Clam Chowder & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Italian Pasta Salad - Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Sliced Black Olives, Red Onion Rings, Pepperoncini Peppers, Tomatoes - Tossed in Italian Dressing	Beef Stew or Clam Chowder - Served In A Bread Bowl 
Wednesday 27-Sep-2017	Beef Barley & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mexican Caesar Salad - Served With A Creamy Cilantro Dressing & Strawberry Muffin	Green Chile Verde - Served With Refried Beans, Tortillas & Spanish Rice
Thursday 28-Sep-2017	Silky Carrot Soup & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mediterranean Pasta Salad - Tortellini, Asparagus, Bell Pepper, Jack Cheese, Tomatoes, Olives, Artichoke Hearts, Ham, Fresh Basil - Dressing In Balsamic Vinaigrette - Weight Watchers - 7 Points - 1 1/3 Cup Serving	Italian Lasagna - Served With Garlic Cheese Bread
Friday 29-Sep-2017	Cream of Celery Soup & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	 Build Your Own Salad	Turkey Burger Lettuce & Sliced Tomato Served With Spicy Potato Wedges



Price for 2017/2018

Salad Bar:

GGUSD Customers receive an employee discount on Apple Cart Café meals

Only one Salad Bar visit per Salad Bar purchase

Effective August 2017, members of the public and non-GGUSD employees are charged full price for Apple Cart Café meals which cost between \$6 and \$10