

Menu Subject to Change



APPLE CART CAFÉ DAILY MENU




Entire month at a Glance

November 2017



	Soup of the Day	Special 1/2 Sandwich & Cup of Soup or Whole Sandwich	Salad of The Day & Salad Bar Special	Hot plate of the Day
Wednesday 1-Nov-2017	Chicken Noodle & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chinese Chicken Salad - Romaine, Chicken, Mandarin Oranges, Green Onions, Celery, Cilantro, Crispy Won Tons, Rice Noodles & Chow Mein Noodles - Dressing Oriental - Served With A Fortune Cookie	Chicken Fajitas Refried Beans (2) Flour Tortillas
Thursday 2-Nov-2017	Pasta Fagioli & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Spaghetti With Meat Sauce Small Green Salad & Garlic Cheese Toast
Friday 3-Nov-2017	Vegetable & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Baked Ranch Chicken Spicy Wedges
Monday 6-Nov-2017	Navy Bean/Ham Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	BBQ Chicken Salad - Iceberg Lettuce, Turkey, Corn, Black Beans, Chopped Tomatoes, Red Onions, Jicama, Jack & Cheddar Cheese & Cilantro - Dressing BBQ Ranch - Served With A Cheese Bread Stick	Pork Pozole Soup - Served With Assorted Toppings & (2) Corn Tortillas
Tuesday 7-Nov-2017	Harvest Feast \$6.00	Turkey/Dressing Casserole Mashed Potatoes & Gravy Corn Casserole	 Candied Sweet Potatoes Green Beans With Almonds Cranberry Jell-O Salad Mixed Green Salad	Assorted Dinner Rolls Pumpkin Pie Custard With Whipped Cream Gingersnap Cookies
Wednesday 8-Nov-2017	Marvelous Mushroom & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Asian Chicken Slaw-Shredded Chicken Mixed With Celery, Sugar Peas, Red Bell Pepper, Onion, Slaw Mix & Water Chestnuts-Dressing Vinaigrette Mixed With Soy Sauce, Toasted Almonds & Sesame Seeds-Served On A Bed Of Curly Lettuce	El Dorado Casserole & Fresh Fruit
Thursday 9-Nov-2017	Turkey & Wild Rice & Tortilla Soup	New: Panini - 1. Turkey, Bacon, Fresh Tomato & Mozzarella Cheese on French Bread 2. Spinach, Fresh Tomato, Basil, Avocado & Mozzarella Cheese on Sourdough	Build Your Own Salad	Homemade Chicken & Rice Burrito Refried Beans Spanish Rice
Friday 10-Nov-2017	Veterans Day	Remember those who served....		
Monday 13-Nov-2017	Albondigas & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Cheeseburger Sliders (2) & Spicy Wedges

Tuesday 14-Nov-2017	Beef Barley & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mediterranean Pasta Salad - Tortellini, Asparagus, Bell Pepper, Jack Cheese, Tomatoes, Olives, Artichoke Hearts, Ham, Fresh Basil - Dressing In Balsamic Vinaigrette - ONLY 7 Points - 1 1/3 Cup Serving	Yummy Chicken Pho Soup - Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Sriracha Chili Sauce
Wednesday 15-Nov-2017	Chicken Noodle & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Lasagna Garlic Cheese Bread Mixed Green Salad
Thursday 16-Nov-2017	Italian Minestrone & Tortilla Soup	New: Panini - 1. Turkey, Bacon, Fresh Tomato & Mozzarella Cheese on French Bread 2. Spinach, Fresh Tomato, Basil, Avocado & Mozzarella Cheese on Sourdough	Build Your Own Salad	Teriyaki Chicken & Egg Roll Choice of Fried Rice or Chow Mein
Friday 17-Nov-2017	Vegetable & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chicken Pasta Salad -Roasted Chicken, Pasta, Broccoli, Cucumbers, Green Onions, Dill & Sour Cream-Served On A Bed Of Romaine	Quiche - Ham & Cheese Or Veggie Served With A Small Green Salad
Monday 20-Nov-2017	Café Closed November 21 - 27	Thanksgiving Recess	Enjoy your Thanksgiving with your family and friends	
Monday 27-Nov-2017	Café Closed	Non-Student Day		
Tuesday 28-Nov-2017	Tomato Basil & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Italian Pasta Salad - Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Sliced Black Olives, Red Onion Rings, Pepperoncini's, Tomatoes - Tossed in Italian Dressing	Homemade Pot Roast Served With Potatoes, Carrots & Onions
Wednesday 29-Nov-2017	French Onion & Tortilla Soup	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Turkey Burger Spicy Wedges
Thursday 30-Nov-2017	Turkey Noodle & Tortilla	Assorted Sandwiches - Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Chicken Parmesan Served With Herb Noodles Small Green Salad

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