

**APPLE CART CAFÉ DAILY MENU****October 2017**

Entire month at a Glance

	<b>Soup of the Day</b>	<b>Special 1/2 Sandwich &amp; Cup of Soup or Whole Sandwich</b>	<b>Salad of The Day &amp; Salad Bar Special</b>	<b>Hot plate of the Day</b>
Monday 2-Oct-2017	Tomato Basil & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Italian Pasta Salad - Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Sliced Black Olives, Red Onion Rings, Pepperoncini's, Tomatoes - Tossed in Italian Dressing	Chicken & Sautéed Veggie Crepe - Chicken, bell peppers, onions, asparagus topped with a white cheese sauce - Served with Fresh Fruit
Tuesday 3-Oct-2017	Potato Cheese & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Cajun Blackened Chicken Sandwich - Garlic Mayo, Shredded Cabbage, Jack Cheese - Served On Homemade Cheese Bread With A Side of Potato Salad
Wednesday 4-Oct-2017	Chili & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Southwestern Salad - Romaine, Chicken, Tomatoes, Black Beans, Corn, Red Bell Pepper, Red Onion, Cheese, Black Olives & Pico De Gallo - Dressing - Avocado Ranch	Pork Chile Rojo - Served With Refried Beans, Spanish Rice & Corn Tortillas
Thursday 5-Oct-2017	Pasta Fagioli & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Yummy Chicken Pho Soup - Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Sriracha Chili Sauce
Friday 6-Oct-2017	Vegetable & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Baked Breaded Chicken & Spicy Potatoe Wedges - Served With Fresh Fruit
Monday 9-Oct-2017	Beef Barley & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chinese Chicken Salad - Romaine, Chicken, Mandarin Oranges, Green Onions, Celery, Cilantro, Crispy Won Tons, Rice Noodles & Chow Mein Noodles - Dressing Oriental - Served With A Fortune Cookie	Old Fashion Pot Roast - Served With Mashed Red Potatoes, Gravy, Onions, Carrots & Dinner Roll
Tuesday 10-Oct-2017	French Onion & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Chicken Parmesan - Served With Herb Noodles & Garlic Cheese Bread
Wednesday 11-Oct-2017	Turkey & Wild Rice & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Pork Pozole Soup - Served With Assorted Toppings & Corn Tortillas
Thursday 12-Oct-2017	Turkey Noodle & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Bow Ties With Chicken & Sun Dried Tomatoes - Pasta, Peas, Sun Dried Tomatoes, Oil , Slivered Almonds, Grated Parmesan Cheese, Basil - Tossed In A Parmesan or Marinara Sauce With A Garlic Cheese Twist
Friday 13-Oct-2017	Tortilla Soup 	BBQ Time At The Apple Cart Hamburgers, Cheeseburgers, Veggie Burgers, Turkey Burgers & Hot Dogs 	Served With Baked Beans, Macaroni & Cheese, Potato Salad & Corn On The Cob	Fresh Lemonade Chocolate Chip Cookie Snickerdoodles Cookies 
Monday 16-Oct-2017	Albondigas & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Baked Sweet Potato - Topped With Butter, Brown Sugar/Cinnamon Mix, Candied Walnuts & Marshmallows Served With Fresh Fruit
Tuesday 17-Oct-2017	Marvelous Mushroom & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Mediterranean Pasta Salad - Tortellini, Asparagus, Bell Pepper, Jack Cheese, Tomatoes, Olives, Artichoke Hearts, Ham, Fresh Basil - Dressing In Balsamic Vinaigrette	Homemade Chicken & Rice Burrito - Served With Refried Beans & Spanish Rice

Wednesday 18-Oct-2017	Chicken Noodle & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Yummy Chicken Pho Soup - Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Sriracha Chili Sauce
Thursday 19-Oct-2017	Italian Minestrone & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Cuban Pork & Ham Sandwich - Served On A Grilled Roll, Topped With Mustard, Pickles & Melted Swiss Cheese - Served With Ambrosia Salad
Friday 20-Oct-2017	Clam Chowder & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Quiche - Veggie or Ham - Served With Cole Slaw
Monday 23-Oct-2017	Cream Of Chicken & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	 Build Your Own Salad	Spaghetti With Meat Sauce - Served With A Small Green Salad & Garlic Cheese Bread
Tuesday 24-Oct-2017	Silky Carrot & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Chicken Ole Casserole - Chicken, Green Chiles, Cheese & Corn Tortillas - Served With Spanish Rice & Refried Beans & A Mexican Wedding Cookie  
Wednesday 25-Oct-2017	Asian Noodle & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Chinese Chicken Salad - Romaine, Chicken, Mandarin Oranges, Green Onions, Celery, Cilantro, Crispy Won Tons, Rice Noodles & Chow Mein Noodles - Dressing Oriental - Served With A Fortune Cookie	Teriyaki Chicken Plate - Served With (1) Egg Roll, Steamed White Rice & Mixed Vegetables
Thursday 26-Oct-2017	Southwest Chowder & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad	Black Bean Lasagna - Served With Jalapeno Cheese Bread
Friday 27-Oct-2017	Chicken Enchilada & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	 Build Your Own Salad 	Apple Cart Mini Cheese Burgers (2) - Served On The Side - 1000 Dressing, Shredded Lettuce, Cheddar Cheese, Jalapeno Peppers, Tomato Slices, Grilled Onions & Mushrooms - Spicy Potato Wedges
Monday 30-Oct-2017	Broccoli Cheese Soup & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Italian Pasta Salad - Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Sliced Black Olives, Red Onion Rings, Pepperoncini's, Tomatoes - Tossed in Italian Dressing	Cheese Enchiladas (2) - Served With Refried Beans & Spanish Rice
Tuesday 31-Oct-2017	Split Pea & Tortilla Soup	Assorted Sandwiches Served Daily: Tuna Salad, Egg Salad, Veggie or Turkey & Bacon - Served With Fresh Fruit - Sandwiches Can Be Grilled On Request	Build Your Own Salad 	Sloppy Joe - Served With Potato Salad <b>Happy Halloween</b>

Salad Bar:

Only one Salad Bar visit per Salad Bar purchase

GGUSD Customers receive an employee discount on Apple Cart meals

Effective August 2017, members of the public and non-GGUSD employees are charged full price for The Apple Cart Café meals which cost between \$6 and \$10