



APPLE CART CAFÉ DAILY MENU



OCTOBER 2019



Half Sandwich, Whole Sandwich, Salad Bar, and Tortilla Soup Served Daily
****Menu Subject to Change****

DATE	SOUP OF THE DAY	HOT PLATE OF THE DAY
Tuesday, October 01, 2019	Chicken & Wild Rice	Cajun Blackened Chicken Sandwich Served on Homemade Cheese Bread with Garlic Mayo, Shredded Cabbage, Jack & Cheddar Cheese Served with a Side of Potato Salad
Wednesday, October 02, 2019	Tomato Basil	Cowboy Burger Served With Spicy Wedges
Thursday, October 03, 2019	Cream of Broccoli	Yummy Chicken Pho Soup Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Sriracha Chili Sauce
Friday, October 04, 2019	Chicken & Rice	Breaded Chicken Plate Served With Spicy Potato Wedges & Dinner Roll
Monday, October 07, 2019	Minestrone	Spaghetti With Your Choice of Meat or Marinara Sauce Small Green Salad & Garlic Cheese Bread
Tuesday, October 08, 2019	French Onion	Chipotle Chicken Black Beans & Mexican Rice
Wednesday, October 09, 2019	Cheeseburger Soup	Kielbasa Mixed With Seasoned Potatoes, Green Bell Peppers & Onions Served With Cole Slaw
Thursday, October 10, 2019	Beef Barley	Grilled Patty Melt Topped With Grilled Onions & Melted Cheese Served With Potato Salad
Friday, October 11, 2019	"NEW" Southwestern Chicken Black Bean Soup	Chicken Alfredo Served With a Small Green Salad Garlic Cheese Toast
Monday, October 14, 2019	Split Pea	Cuban Pork Sandwich Served With Ambrosia Salad
Tuesday, October 15, 2019	Vegetable	Mandarin Orange Chicken Bowl Served with White Rice & Steamed Broccoli & Carrots
Wednesday, October 16, 2019	Turkey Noodle	Chicken Fajita Tacos (2) Flour Tortillas Served With Black Beans, Pico de Gallo & Mexican Rice
Thursday, October 17, 2019	Silky Carrot	Meatloaf Mashed Potatoes & Gravy Green Beans With Almonds

Friday, October 18, 2019	Clam Chowder	Light & Healthy Pasta - Rotini Pasta Bell Peppers, Onions, Assorted Squash, Tomatoes, Peas, Sautéed With a Light Olive Oil Basil Sauce
Monday, October 21, 2019	Marvelous Mushroom	El Dorado Casserole Served With Fresh Fruit
Tuesday, October 22, 2019	Albondigas	Lasagna Served With Small Green Salad Garlic Cheese Bread
Wednesday, October 23, 2019	Potato Cheese	Stuffed Cabbage Rolls Served With Boiled Potatoes & Butter
Thursday, October 24, 2019	Split Pea	Yummy Chicken Pho Soup Served With Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce & Siracha Chili Sauce
Friday, October 25, 2019	Pasta Fagioli	BBQ Pulled Pork Sliders (2) Served With Cole Slaw
Monday, October 28, 2019	Tomato Basil	Homemade Chicken & Rice Burrito Served with Refried Beans & Mexican Rice
Tuesday, October 29, 2019	Toscana Soup	Bow Ties With Chicken & Sun Dried Tomatoes Pasta, Peas, Olive Oil, Slivered Almonds, Grated Parmesan Cheese, Basil & Assorted Seasonings - Topped With Your Choice Of Parmesan or Marinara Sauce - Served With a Garlic Cheese Twist
Wednesday, October 30, 2019	Navy Bean	Pork Pozole Soup Served With (2) Corn Torillas & Assorted Toppings
Thursday, October 31, 2019	Albondigas	Cheese Enchiladas Served With Refried Beans, Mexican Rice & Confetti Gelatin
HAPPY HALLOWEEN		FALL TIME 
<p><i>Members of the public and non-GGUSD employees are charged full price for The Apple Cart Café. Meals range between \$5.00 - \$10.00.</i></p>		