

## Carbohydrate Information (Entrees Only)

### BREAKFAST ENTREES

Item Name	Serving Size	Carbohydrate Information (g)
Apple Frudel	1 each	35.9
Bagel Cheese Pizza	1 each	23.1
Bagel w/ Cream Cheese	1 each	32
Banana Bread Square	1 each	46.5
Breakfast Bars	1 each	47.5
Breakfast Sausage Pizza	1 each	31
Cereal Bar (30)w/ String Cheese (0)	1 each	30
Chicken Sausage Patty & Maple Pancake Sandwich		17
Cocoa Puffs Soft Filled Bar	1 each	44
Coffee Cake/Cinnamon Crumb Cake	1 each	53
Maple Snack'n Waffle	1 each	37
Pan Dulce	1 each	34
Pancake & Pork Sausage on a Stick (24) w/ Syrup (31g)	1 serving	55
Pop Tart (37.5) & String Cheese (0)	1 serving	37.5
Turkey Sausage, Egg & Cheese Wrap	1 each	22

### LUNCH ENTREES

Item Name	Serving Size	Carbohydrate Information (g)
Breaded Chicken Drumstick (5) w/ Seasoned Potato Wedges (19)	1 serving	24
Breaded Chicken Patty Sandwich (47) w/ Seasoned Potato Wedges (19)	1 serving	66
Cheese Calzone (Buena Vista Brand)	1 each	42
Cheesy Garlic French Bread	1 each	30
Cheesy Pull Apart Bread (29) w/ Marinara Sauce Cup (3)	1 serving	29
Chicken Corn Dog	1 each	27.8
Chicken Nuggets	1 serving/5 pcs	16
Chicken Tenders	1 serving/4 pcs	15
General Tso Chicken w/ Fried Rice & Mixed Veggies	1 serving	85.3
Hamburger (31.6) w/ Seasoned Potato Wedges (19)		50.6
Nacho Cheese Cup (14) & Chips (31)	1 serving	47.5
Orange Popcorn Chicken (21) w/ Fried Rice (54) & Mixed Veggies (8.25)	1 serving	83.3
Pepperoni Stuffed Sandwich	1 each	32
Round Pepperoni Personal Pizza	1 each	31
Sicilian Cheese Calzone	1 each	34
Turkey Pepperoni Calzone (Buena Vista Brand)	1 each	48
Whole Muscle Chicken Bites	1 serving/5 pcs	16
Yami Yogurt (27.3) w/ Granola (42)	1 serving	69.3

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## SUPER SNACK ENTREES (Grab and Go)

Item Name	Serving Size	Carbohydrate Information (g)
BBQ Chicken & Cheese Wrap	1 each	34
Chicken Pretzel Hot Dog	1 each	40.5
Grilled Bean and Cheese Burrito	1 each	45
Grilled Cheese Sandwich	1 each	30.9
Honey Roasted Sunflower Seeds (8) w/ Bunny Crackers (24) & Chocolate Cup (14)	1 serving	46
Penne Pasta with Cheese & Meat Sauce	1 serving	38
Trix Yogurt (20) w/ String Cheese (0) & Goldfish Cheese Crackers (14)	1 serving	34
Turkey Taco Pocket	1 each	40