

GARDEN GROVE UNIFIED SCHOOL DISTRICT

**WELLNESS POLICY**



The Board of Education is committed to providing a school environment that is safe and enhances learning and development of lifelong wellness practices.

To accomplish these goals the district will:

- Support optimum participation in district's non profit Food Service program that complies with or exceeds federal, state and local guidelines.
- Promote a coordinated school health system that supports and reinforces health literacy through health and physical education, health and nutrition services and health promotion for staff.
- Ensure that all food and beverages made available on campus (includes vending, ala carte, student stores, parties and fund raising) during the school day will be consistent with the current Dietary Guidelines.
- Visit District website for menus, nutritional information

[http://www.ggusd.k12.ca.us/departments/food\\_services/index.htm](http://www.ggusd.k12.ca.us/departments/food_services/index.htm)

