

Menu Compliance - Nutrient Detail Report

District: Garden Grove Unified School District

School: Woodbury Elementary

Menu: 2017-2018 Super Snack Menu

Date Range: January 01, 2018 - January 31, 2018

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 01/08/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
House Chicken with Steamed Brown Rice (Pick Up Stix)	2210031	1.00 serving	2000	300.000	16.000	10.000	2.000	0.000	50.000	370.000	35.000	2.000	8.000	1.440	20.000	0.000	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				515.188	25.750	12.459	2.638	0.000	58.750	560.862	75.438	4.782	40.746	1.839	154.337	3620.950	23.528
% of Calories					19.99%	21.76%	4.61%	0.00%			58.57%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 01/09/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Chicken and Cheese Pita Sandwich	2225447	1.00 serving	2000	340.000	16.000	15.000	5.000	0.000	40.000	600.000	35.000	2.000	2.000	1.800	100.000	100.000	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	500	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				546.438	25.500	17.459	5.638	0.000	48.750	774.612	73.438	4.282	33.496	2.109	229.337	2220.950	22.028
% of Calories					18.67%	28.75%	9.29%	0.00%			53.76%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 01/10/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														

Power Pack (Turkey Stick, Cheese Cubes & Wheat Crackers)	2224 513	1.00 servin g	2000	310.0 00	18.00 0	13.00 0	5.000	0.000	40.00 0	680.0 00	31.00 0	3.000	4.000	8.100	220.0 00	300.0 00*	0.000 *
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				525.1 88	27.75 0	15.45 9	5.638	0.000	48.75 0	870.8 62	71.43 8	5.782	36.74 6	8.499	354.3 37	3920. 950*	23.52 8*
% of Calories					21.14 %	26.49 %	9.66 %	0.00 %			54.41 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 01/11/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Nacho Chips & Cheese Cup	2225 449	1.00 servin g	2000	460.0 00	13.00 0	25.00 0	7.500	0.000	30.00 0	790.0 00	45.00 0	3.000	10.00 0	0.720	40.00 0	0.000 *	0.000 *
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3

Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				675.1 88	22.75 0	27.45 9	8.138	0.000	38.75 0	980.8 62	85.43 8	5.782	42.74 6	1.119	174.3 37	3620. 950*	23.52 8*
% of Calories					13.48 %	36.60 %	10.85 %	0.00 %			50.62 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 01/12/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Papa John's Cheese Pizza	2225 643	1.00 slice	500	330.0 00	21.00 0	10.00 0	4.000	0.000	20.00 0	670.0 00	40.00 0	3.000	5.000	2.700	500.0 00	500.0 00	3.600
Papa John's Pepperoni Pizza	2225 647	1.00 slice	1500	320.0 00	21.00 0	10.00 0	4.000	0.000	30.00 0	780.0 00	36.00 0	3.000	4.000	2.700	450.0 00	500.0 00	3.600
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	500	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				528.9 38	30.50 0	12.45 9	4.638	0.000	36.25 0	927.1 12	75.43 8	5.282	35.74 6	3.009	591.8 37	2620. 950	25.62 8
% of Calories					23.07 %	21.20 %	7.89 %	0.00 %			57.05 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 01/16/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey & Cheese Croissant Sandwich	2225 421	1.00 servin g	2000	311.2 05	18.47 8	14.58 8	6.808	0.000	34.03 8	894.7 15	25.28 5	1.945	3.890	2.626	243.1 29	486.2 58	0.000
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				526.3 93	28.22 8	17.04 7	7.446	0.000	42.78 8	1085. 577	65.72 3	4.727	36.63 6	3.025	377.4 66	4107. 208	23.52 8
% of Calories					21.45 %	29.15 %	12.73 %	0.00 %			49.94 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 01/17/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Chicken Pretzel Hotdog	2214 947	1.00 servin g	2000	300.0 00	15.00 0	8.500	2.000	N/A*	20.00 0	600.0 00	40.50 0	5.000	5.000	0.540	80.00 0	6.000	100.0 00
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Fat Free Milk	2205 231	8.00 oz	1	86.52 0	8.405	0.445	0.289	N/A*	4.944	128.5 44	11.98 9	0.000	11.98 9	0.099	504.2 88	1132. 176	2.472
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				432.7 31	18.75 4	10.95 9	2.638	0.000 *	25.00 2	689.6 76	65.94 4	7.782	22.75 2	0.939	195.8 39	3252. 516	121.7 29
% of Calories					17.34 %	22.79 %	5.49 %	0.00 %*			60.96 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 01/18/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														

Trix Yogurt, Sunflower Seeds & Cereal Bar	2224723	1.00 serving	2000	420.000	9.500	17.500	2.500	0.000	5.000	248.000	58.000	5.000	24.750	2.520	320.000	575.000	4.800
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				635.188	19.250	19.959	3.138	0.000	13.750	438.862	98.438	7.782	57.496	2.919	454.337	4195.950	28.328
% of Calories					12.12%	28.28%	4.45%	0.00%			61.99%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 01/19/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Papa John's Cheese Pizza	2225643	1.00 slice	500	330.000	21.000	10.000	4.000	0.000	20.000	670.000	40.000	3.000	5.000	2.700	500.000	500.000	3.600
Papa John's Pepperoni Pizza	2225647	1.00 slice	1500	320.000	21.000	10.000	4.000	0.000	30.000	780.000	36.000	3.000	4.000	2.700	450.000	500.000	3.600
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671

Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				537.6 88	30.75 0	12.45 9	4.638	0.000	36.25 0	943.3 62	77.43 8	5.782	36.99 6	3.099	596.8 37	4120. 950	27.12 8
% of Calories					22.88 %	20.85 %	7.76 %	0.00 %			57.61 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 01/22/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
House Chicken with Steamed Brown Rice (Pick Up Stix)	2210 031	1.00 servin g	2000	300.0 00	16.00 0	10.00 0	2.000	0.000	50.00 0	370.0 00	35.00 0	2.000	8.000	1.440	20.00 0	0.000	0.000
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				515.1 88	25.75 0	12.45 9	2.638	0.000	58.75 0	560.8 62	75.43 8	4.782	40.74 6	1.839	154.3 37	3620. 950	23.52 8
% of Calories					19.99 %	21.76 %	4.61 %	0.00 %			58.57 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 01/23/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Pizza Lunch Pack	2224 731	1.00 servin g	2000	324.6 00	18.83 0	13.59 0	6.210	0.000	36.29 0	621.3 70	32.58 0	3.830	5.650	1.430	506.4 70	594.2 70	18.20 0
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	500	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				531.0 38	28.33 0	16.04 9	6.848	0.000	45.04 0	795.9 82	71.01 8	6.112	37.14 6	1.739	635.8 07	2715. 220	40.22 8
% of Calories					21.34 %	27.20 %	11.61 %	0.00 %			53.49 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 01/24/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey Ham & Cheese Wrap	2224 727	1.00 each	2000	290.000	18.000	12.000	7.000	0.000	60.000	820.000	26.000	2.000	2.000	2.700	250.000	300.000	2.400
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	4710 27	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217 351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939 897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				505.188	27.750	14.459	7.638	0.000	68.750	1010.862	66.438	4.782	34.746	3.099	384.337	3920.950	25.928
% of Calories					21.97%	25.76%	13.61%	0.00%			52.60%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 01/25/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														

Trix Yogurt, Sunflower Seeds & Cereal Bar	2224723	1.00 serving	2000	420.000	9.500	17.500	2.500	0.000	5.000	248.000	58.000	5.000	24.750	2.520	320.000	575.000	4.800
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				635.188	19.250	19.959	3.138	0.000	13.750	438.862	98.438	7.782	57.496	2.919	454.337	4195.950	28.328
% of Calories					12.12%	28.28%	4.45%	0.00%			61.99%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 01/26/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Papa John's Cheese Pizza	2225643	1.00 slice	500	330.000	21.000	10.000	4.000	0.000	20.000	670.000	40.000	3.000	5.000	2.700	500.000	500.000	3.600
Papa John's Pepperoni Pizza	2225647	1.00 slice	1500	320.000	21.000	10.000	4.000	0.000	30.000	780.000	36.000	3.000	4.000	2.700	450.000	500.000	3.600
Grab-it Carrots, 1/2 cup	257720	0.50 cup	500	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671

Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				528.9 38	30.50 0	12.45 9	4.638	0.000	36.25 0	927.1 12	75.43 8	5.282	35.74 6	3.009	591.8 37	2620. 950	25.62 8
% of Calories					23.07 %	21.20 %	7.89 %	0.00 %			57.05 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 01/30/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Chicken and Cheese Pita Sandwich	2225 447	1.00 servin g	2000	340.0 00	16.00 0	15.00 0	5.000	0.000	40.00 0	600.0 00	35.00 0	2.000	2.000	1.800	100.0 00	100.0 00	0.000
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				555.1 88	25.75 0	17.45 9	5.638	0.000	48.75 0	790.8 62	75.43 8	4.782	34.74 6	2.199	234.3 37	3720. 950	23.52 8
% of Calories					18.55 %	28.30 %	9.14 %	0.00 %			54.35 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 01/31/2018																	
2017-2018 Super Snack Menu																	
		Total	2000														
Power Pack (Turkey Stick, Cheese Cubes & Wheat Crackers)	2224 513	1.00 servin g	2000	310.0 00	18.00 0	13.00 0	5.000	0.000	40.00 0	680.0 00	31.00 0	3.000	4.000	8.100	220.0 00	300.0 00*	0.000 *
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Fat Free Milk	2205 231	8.00 oz	1	86.52 0	8.405	0.445	0.289	N/A*	4.944	128.5 44	11.98 9	0.000	11.98 9	0.099	504.2 88	1132. 176	2.472
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				442.7 31	21.75 4	15.45 9	5.638	0.000 *	45.00 2	769.6 76	56.44 4	5.782	21.75 2	8.499	335.8 39	3546. 516*	21.72 9*
% of Calories					19.65 %	31.43 %	11.46 %	0.00 %*			51.00 %						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	539.775					
Protein (g)	25.520	18.91%				
Total Fat (g)	15.876	26.47%				
Saturated Fat (g)	5.046	8.41%				
Trans Fat (g)	0.000*					
Cholesterol (mg)	41.583					
Sodium (mg)	785.375					
Carbohydrates (g)	75.461	55.92%				
Fiber (g)	5.705					
Sugars (g)	37.858					
Iron (mg)	3.116					
Calcium (mg)	369.969					
Vitamin A (IU)	3501.429*					
Vitamin C (mg)	31.741*					

* = Indicates missing Nutrient Information.

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