



**Elementary
Breakfast & Lunch
Menu 2018**



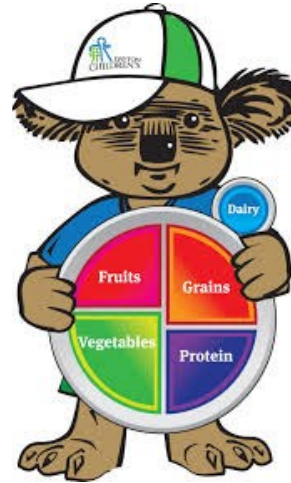
March is National Nutrition Month



**All Grain Products are either
Whole Grain or 51% Whole Wheat**

* = Food
Contains Pork

Menu is subject
to change.



March 1

Breakfast

Breakfast Turkey Sausage
Pizza

Lunch

Sausage Patties (2 pcs) with
French Toast (1 pc)
or
Yogurt & Granola

March 2

Breakfast

Blueberry Pancake Sausage
on a Stick & Syrup

Lunch

Chicken Nuggets (5 pcs)
or
Grilled Cheese Sandwich

Baked Garden Salsa Sun
Chips

Available Daily

Breakfast

All breakfast meals are served with choices of fruit, 100% fruit juice, 1% low-fat white milk & fat-free chocolate milk. Reduced sugar cereals Are offered daily with graham crackers or string cheese.

Lunch

All lunch meals are served with choices from the fresh fruit & vegetable bar with produce from locally grown farms including dark green, red/orange, starchy vegetables & legumes, 1% low-fat white milk or fat-free chocolate milk.

March 5

Breakfast

Assorted Pan Dulce

Lunch

Hamburger/Cheeseburger
or
Yogurt & Granola

Baked TGIFriday's Cheese
Fries

March 6

Breakfast

Pork Sausage Links (2 pcs)
with Pancake (1 pc) & Syrup

Lunch

Chicken Corn Dog
or
Grilled Cheese
Sandwich

March 7

Breakfast

Whole Wheat Cinnamon Roll
with Glaze

Lunch

Spaghetti with Meat Sauce &
Cheesy Breadstick
or
Peanut Butter & Jelly
Uncrustables Sandwich

March 8

Breakfast

Breakfast Turkey Sausage
Pizza

Lunch

Turkey Taco Pocket
or
Power Pack (Turkey Deli
Stick/Cheese Cubes/Crackers)

March 9

Breakfast

Raspberry Yogurt & ABC
Graham Crackers

Lunch

Turkey Pepperoni or Cheese
Calzone
or
Yogurt & Granola

March 12

Breakfast

Banana Chocolate Chunk
Breakfast Bar

Lunch

Teriyaki Chicken with
Steamed Brown Rice
or
Peanut Butter & Jelly
Uncrustables Sandwich

Brown Rice Krispies Treat

March 13

Breakfast

Mini Turkey Pancake Wraps
(3 pcs) & Syrup

Lunch

Cheese or Pepperoni
Personal Round Pizza
or
Yogurt & Granola

March 14

Breakfast

Egg and Cheese Breakfast
Sandwich

Lunch

Breaded Chicken Drumstick
with Funnel Cake
or
Power Pack (Turkey Deli
Stick/Cheese Cubes/
Crackers)

March 15

Breakfast

Cheese Pizza Bagel

Lunch

Chicken Double Dogs
or
Yogurt & Granola

March 16

Breakfast

Egg, Cheese, Sausage
Breakfast Sliders (2 pcs)

Lunch

Shamrock Shaped Chicken
Nuggets (3 pcs)
or
Grilled Cheese Sandwich

Shamrock Cookie with
Sprinkles

March 19

Breakfast

Honey Oatmeal Bun

Lunch

Turkey Pepperoni or Cheese
Calzone
or
Yogurt & Granola

March 20

Breakfast

Pepperoni and Cheese
Stuffed Breakfast
Pastry

Lunch

Crunchy Beef Taco
or
Peanut Butter & Jelly
Uncrustables Sandwich

Brownie Bite

March 21

Breakfast

Strawberry Banana Yogurt &
Vanilla Dot Graham
Crackers

Lunch

Mini Cheeseburger Sliders
or
Power Pack (Turkey Deli
Stick/Cheese Cubes/
Crackers)

March 22

Breakfast

Pork Sausage Links* (2 pcs)
with Pancake (1 pc) &
Syrup

Lunch

Breaded Chicken Patty
Sandwich
or
Grilled Cheese Sandwich

Baked Tater Tots

March 23

Breakfast

Breakfast Turkey Sausage
Pizza

Lunch

Macaroni & Cheese
or
Yogurt & Granola

Rainbow Goldfish Cheese
Crackers

March 26

Breakfast

Oatmeal Chocolate Chip
Breakfast Bar

Lunch

Chicken Double Dogs
or
Power Pack (Turkey Deli
Stick/Cheese Cubes/
Crackers)

March 27

Breakfast

Egg, Cheese, Sausage
Breakfast Sliders (2 pcs)

Lunch

Orange Popcorn Chicken
with Steamed Brown Rice
or
Peanut Butter & Jelly
Uncrustables Sandwich

March 28

Breakfast

Turkey Sausage, Egg, Cheese
& Salsa Burrito

Lunch

Cheese or Pepperoni*
French Bread Pizza
or
Power Pack (Turkey Deli
Stick/Cheese Cubes/
Crackers)

March 29

Breakfast

Breakfast Turkey Sausage
Pizza

Lunch

Sausage Patties (2 pcs) with
French Toast (1 pc)
or
Grilled Cheese Sandwich

March 30

Breakfast

Blueberry Pancake Sausage
on a Stick & Syrup

Lunch

Grilled Bean & Cheese
Burrito
or
Yogurt & Granola

Join us for our
special St. Patty's
Day menu on
March 16th



This institution is an equal opportunity provider.

Breakfast

Student Price
\$1.25

Adult/Sibling
\$2.00

Student Milk
\$0.50

Adult/Sibling Milk
\$0.55

Lunch

Student Price
\$2.00

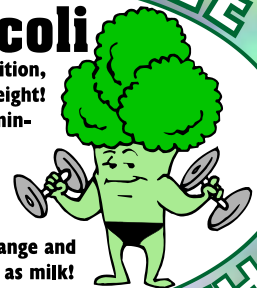
Adult/Sibling
\$2.50

Student Milk
\$0.50

Adult/Sibling Milk
\$0.55

VEGETABLE
Broccoli

When it comes to nutrition,
this guy's a real heavyweight!
He's rich in vitamins and min-
erals and contains loads of
cancer-fighting beta-
carotene. Plus, by weight
fresh broccoli has more
vitamin C than an orange and
as much calcium as milk!
Get lifting!



OF THE MONTH