



**Jordan ATP
Breakfast & Lunch
Menu 2018**



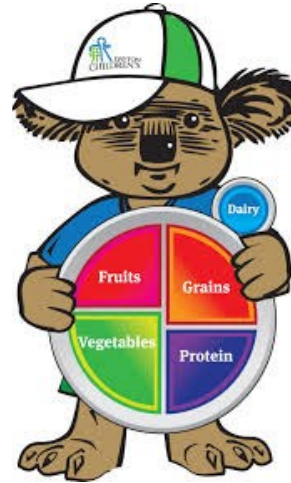
March is National Nutrition Month



All Grain Products are either Whole Grain or 51% Whole Wheat

* = Food Contains Pork

Menu is subject to change.



March 1

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait with Muffin

Lunch
Sausage Patties (2 pcs) with French Toast (2 pcs) or Yogurt Parfait with Muffin
Green Salad/Fresh Spinach
Cherry Tomatoes
Chilled Sliced Peaches

March 2

Breakfast
Mini Turkey Pancake Wraps (4 pcs) with Syrup or Yogurt Parfait with Muffin

Lunch
Chicken Tenders (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad
Kidney Beans
Fresh Orange Slices
Baked Cheese Sun Chips

Available Daily

<p>Breakfast</p> <p>All breakfast meals are served with the choice of: fruit, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk. Reduced sugar cereal is offered daily with whole grain crackers or string cheese.</p>	<p>Lunch</p> <p>All lunch meals are served with choices from the fresh fruit & vegetable bar with produce from locally grown farms including dark green, red/orange, starchy vegetables & legumes, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk.</p>
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March 5

Breakfast
Assorted Pan Dulce with Trix Yogurt or Breakfast Fiesta Sticks (2 pcs)

Lunch
Hamburger/Cheeseburger or Turkey Deli & Cheese Sandwich
Green Salad
Green Peas
Chilled Diced Peaches
Baked TGIFriday's Cheese

March 6

Breakfast
Pork Sausage Links (2 pcs) with Pancakes (2 pcs) & Syrup or Yogurt Parfait with Muffin

Lunch
Pork* & Cheese Tamale or Yogurt Parfait
Green Salad
Cherry Tomatoes
Fresh Banana

March 7

Breakfast
Whole Wheat Cinnamon Roll with Glaze with Trix Yogurt or Taco Pocket

Lunch
Spaghetti with Meat Sauce & Cheesy Breadstick or Turkey Deli & Cheese Sandwich
Green Salad
Celery Sticks
Fresh Grapes

March 8

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait with Muffin

Lunch
Turkey Taco Pocket or Yogurt Parfait with Muffin
Green Salad/Fresh Spinach
Yellow Corn
Chilled Diced Apricots

March 9

Breakfast
Raspberry Yogurt & ABC Graham Crackers or Yogurt Parfait with Muffin

Lunch
Turkey Pepperoni or Cheese Calzone or Turkey Deli & Cheese Sandwich
Green Salad
Kidney Beans
Fresh Orange Slices

March 12

Breakfast

Banana Chocolate Chunk Breakfast Bar with Yogurt or Breakfast Fiesta Sticks (2 pcs)

Lunch

Teriyaki Chicken with Steamed Brown Rice or Turkey Deli & Cheese Sandwich
Green Salad/Yellow Corn Craisins Fruit Pouch
Brown Rice Krispies Treat

March 13

Breakfast

Mini Turkey Pancake Wraps (4 pcs) & Syrup or Yogurt Parfait with Muffin

Lunch

Domino's Cheese or Pepperoni* Pizza or Yogurt Parfait with Muffin
Green Salad
Cucumber Coins
Fresh Apple Slices

March 14

Breakfast

Egg and Cheese Breakfast Sandwich or Taco Pocket

Lunch

Breaded Chicken Drumstick with Funnel Cake or Turkey Deli & Cheese Sandwich
Green Salad
Cherry Tomatoes
Fresh Grapes

March 15

Breakfast

Cheese Pizza Bagel or Yogurt Parfait with Muffin

Lunch

Chicken Taquitos (2 pcs) or Yogurt Parfait with Muffin
Green Salad/Fresh Spinach
Jicama Sticks
Chilled Diced Peaches

March 16

Breakfast

Egg, Cheese, Sausage Breakfast Sliders (3 pcs) or Yogurt Parfait with Muffin

Lunch

Shamrock Shaped Chicken Nuggets (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad/Kidney Beans
Fresh Orange Slices
Shamrock Cookie with Sprinkles

Join us for our special St. Patty's Day menu on March 16th



This institution is an equal opportunity provider.

March 19

Breakfast

Honey Oatmeal Bun with Trix Yogurt or Breakfast Fiesta Sticks (2 pcs)

Lunch

Turkey Pepperoni or Cheese Calzone or Turkey Deli & Cheese Sandwich
Green Salad
Green Peas
Chilled Diced Peaches

March 20

Breakfast

Pepperoni and Cheese Stuffed Breakfast Pastry or Yogurt Parfait with Muffin

Lunch

Beef Taco Sandwich or Yogurt Parfait with Muffin
Green Salad
Yellow Corn
Fresh Banana
Brownie Bite



March 21

Breakfast

Strawberry Banana Yogurt & Vanilla Dot Graham Crackers or Taco Pocket

Lunch

Mini Cheeseburger Sliders or Turkey Deli & Cheese Sandwich
Green Salad
Cucumber Coins
Fresh Grapes

March 22

Breakfast

Pork Sausage Links* (2 pcs) with Pancakes (2 pcs) & Syrup or Yogurt Parfait with Muffin

Lunch

Breaded Chicken Patty Sandwich or Yogurt Parfait with Muffin
Green Salad/Fresh Spinach
Baked Tater Tots
Chilled Sliced Peaches

March 23

Breakfast

Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait with Muffin

Lunch

Macaroni & Cheese or Turkey Deli & Cheese Sandwich
Green Salad
Garbanzo Beans
Fresh Orange Slices
Rainbow Goldfish Cheese Crackers

March 26

Breakfast

Oatmeal Chocolate Chip Breakfast Bar with Trix Yogurt or Breakfast Fiesta Sticks (2 pcs)

Lunch

Grilled Cheese Sandwich or Turkey Deli & Cheese Sandwich
Green Salad
Yellow Corn
Chilled Diced Peaches

March 27

Breakfast

Egg, Cheese, Sausage Breakfast Sliders (3 pcs) or Yogurt Parfait with Muffin

Lunch

Orange Popcorn Chicken with Steamed Brown Rice or Yogurt Parfait with Muffin
Green Salad
Sliced Red Bell Peppers
Fresh Banana

March 28

Breakfast

Turkey Sausage, Egg, Cheese & Salsa Burrito or Taco Pocket

Lunch

Domino's Cheese or Pepperoni* Pizza or Turkey Deli & Cheese Sandwich
Green Salad
Jicama Sticks
Fresh Grapes

March 29

Breakfast

Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait with Muffin

Lunch

Sausage Patties (2 pcs) with French Toast (2 pcs) or Yogurt Parfait with Muffin
Green Salad/Fresh Spinach
Cherry Tomatoes
Chilled Diced Peaches

March 30

Breakfast

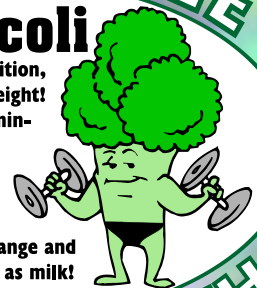
Mini Turkey Pancake Wraps (4 pcs) with Syrup or Yogurt Parfait with Muffin

Lunch

Grilled Bean & Cheese Burrito or Turkey Deli & Cheese Sandwich
Green Salad
Kidney Beans
Fresh Orange Slices

VEGETABLE
Broccoli

When it comes to nutrition, this guy's a real heavyweight! He's rich in vitamins and minerals and contains loads of cancer-fighting beta-carotene. Plus, by weight fresh broccoli has more vitamin C than an orange and as much calcium as milk! Get lifting!



OF THE MONTH