



**Preschool  
Breakfast & Lunch  
Menu 2018**



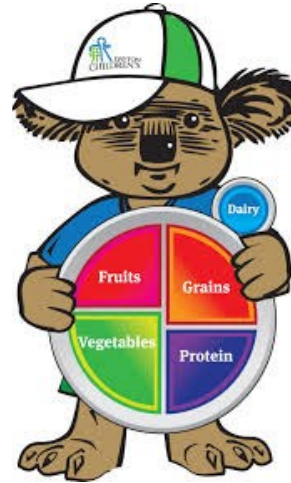
March is National Nutrition Month



**All Grain Products are either  
Whole Grain or 51% Whole Wheat**

\* = Food  
Contains Pork

Menu is subject  
to change.



**March 1**

**Breakfast**

Breakfast Turkey Sausage  
Pizza

**Lunch**

Sausage Patties (2 pcs) with  
French Toast (1 pc)  
Green Salad  
Cherry Tomatoes  
Fresh Apple Slices

**March 2**

**Breakfast**

Blueberry Pancake Sausage  
on a Stick & Syrup

**Lunch**

Chicken Nuggets (5 pcs)  
Fresh Spinach  
Kidney Beans  
Chilled Mixed Fruit

**Available Daily**

**Breakfast**

All breakfast meals are served with the choice of: fruit, 100% fruit juice, 1% low-fat or fat-free white milk.

**Lunch**

All lunch meals are served with a variety of fruits and vegetables including: dark green, red/orange, starchy vegetables & legumes, 1% low-fat or fat-free white milk.

**March 5**

**Breakfast**

Cereal with String Cheese

**Lunch**

Hamburger  
Green Salad  
Green Peas  
Chilled Diced Peaches

**March 6**

**Breakfast**

Pork Sausage Links (2 pcs)  
with Pancake (1 pc) & Syrup

**Lunch**

Chicken Corn Dog  
Green Salad  
Cherry Tomatoes  
Fresh Apple Slices

**March 7**

**Breakfast**

Whole Wheat Cinnamon Roll  
with Glaze

**Lunch**

Spaghetti with Meat Sauce &  
Cheesy Breadstick  
Green Salad  
Celery Sticks  
Chilled Apricot Fruit Cup

**March 8**

**Breakfast**

Breakfast Turkey Sausage  
Pizza

**Lunch**

Turkey Taco Pocket  
Green Salad  
Yellow Corn  
Chilled Diced Apricots

**March 9**

**Breakfast**

Raspberry Yogurt & ABC  
Graham Crackers

**Lunch**

Cheese Calzone  
Fresh Spinach  
Kidney Beans  
Apple Juice Box

**March 12**

**Breakfast**

Cereal with String Cheese

**Lunch**

Teriyaki Chicken with Steamed Brown Rice  
Green Salad  
Yellow Corn  
Assorted Craisins Fruit Pouch

**March 13**

**Breakfast**

Mini Turkey Pancake Wraps (3 pcs) & Syrup

**Lunch**

Cheese Personal Round Pizza  
Green Salad  
Cucumber Coins  
Fresh Banana

**March 14**

**Breakfast**

Egg and Cheese Breakfast Sandwich

**Lunch**

Breaded Chicken Drumstick with Funnel Cake  
Green Salad  
Cherry Tomatoes  
Assorted NuHealth Fruit Cup

**March 15**

**Breakfast**

Cheese Pizza Bagel

**Lunch**

Chicken Double Dogs  
Green Salad  
Jicama Sticks  
Chilled Diced Peaches

**March 16**

**Breakfast**

Egg, Cheese, Sausage Breakfast Sliders (2 pcs)

**Lunch**

Shamrock Shaped Chicken Nuggets (3 pcs)  
Fresh Spinach  
Kidney Beans  
Appleberry Juice Box

Shamrock Cookie with Sprinkles

Join us for our special St. Patty's Day menu on March 16th



This institution is an equal opportunity provider.

**March 19**

**Breakfast**

Honey Oatmeal Bun

**Lunch**

Cheese Calzone  
Green Salad  
Green Peas  
Assorted Craisins Fruit Pouch

**March 20**

**Breakfast**

Pepperoni and Cheese Stuffed Breakfast Pastry



**Lunch**

Beef Soft Taco  
Green Salad  
Yellow Corn  
Chilled Pineapple Tidbits

**March 21**

**Breakfast**

Strawberry Banana Yogurt & Vanilla Dot Graham Crackers

**Lunch**

Mini Cheeseburger Sliders  
Green Salad  
Cucumber Coins  
Chilled Applesauce

**March 22**

**Breakfast**

Pork Sausage Links\* (2 pcs) with Pancake (1 pc) & Syrup

**Lunch**

Breaded Chicken Patty Sandwich  
Green Salad  
Baked Tater Tots  
Chilled Sliced Peaches

**March 23**

**Breakfast**

Breakfast Turkey Sausage Pizza

**Lunch**

Macaroni & Cheese  
Fresh Spinach  
Garbanzo Beans  
Apple Juice Box

Rainbow Goldfish Cheese Crackers

**Breakfast**

Student Price

\$1.25

Adult/Sibling

\$2.00

Student Milk

\$0.50

Adult/Sibling Milk

\$0.55

**Lunch**

Student Price

\$2.00

Adult/Sibling

\$2.50

Student Milk

\$0.50

Adult/Sibling Milk

\$0.55

**March 26**

**Breakfast**

Cereal with String Cheese

**Lunch**

Chicken Double Dogs  
Green Salad  
Yellow Corn  
Chilled Sliced Pears

**March 27**

**Breakfast**

Egg, Cheese, Sausage Breakfast Sliders (2 pcs)

**Lunch**

Orange Popcorn Chicken with Steamed Brown Rice  
Green Salad  
Sliced Red Bell Peppers  
Raisin Box

**March 28**

**Breakfast**

Turkey Sausage, Egg, Cheese & Salsa Burrito

**Lunch**

Cheese French Bread Pizza  
Green Salad  
Jicama Sticks  
Assorted NuHealth Fruit Cup

**March 29**

**Breakfast**

Breakfast Turkey Sausage Pizza

**Lunch**

Sausage Patties (2 pcs) with French Toast (1 pc)  
Green Salad  
Cherry Tomatoes  
Applesauce Cup

**March 30**

**Breakfast**

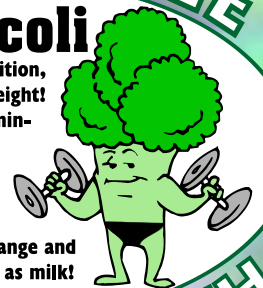
Blueberry Pancake Sausage on a Stick & Syrup

**Lunch**

Grilled Bean & Cheese Burrito  
Fresh Spinach  
Kidney Beans  
Appleberry Juice Box

**VEGETABLE Broccoli**

When it comes to nutrition, this guy's a real heavyweight! He's rich in vitamins and minerals and contains loads of cancer-fighting beta-carotene. Plus, by weight fresh broccoli has more vitamin C than an orange and as much calcium as milk! Get lifting!



**OF THE MONTH**