



2020 march



Happy National Nutrition Month!

To celebrate, eat an extra serving of whole fruit or vegetable a day.

Students, join us for a special
St. Patrick's Day themed lunch on

Tuesday, 3/17!

JORDAN ATP BREAKFAST AND LUNCH MENU

March 2	March 3	March 4	March 5	March 6
<p>Breakfast Banana Chocolate Chunk Breakfast Bar & Trix Yogurt or Egg, Cheese, Sausage Croissant Sandwich</p> <p>Lunch Hamburger/Cheeseburger or Turkey Deli & Cheese Sandwich Green Salad/Yellow Corn Chilled Diced Peaches Baked Cheddar Cheese Sun Chips</p>	<p>Breakfast Egg and Cheese Breakfast Sandwich or Yogurt Parfait</p> <p>Lunch Chicken Pretzel Dog or Yogurt Parfait Green Salad Jicama Sticks Fresh Banana</p>	<p>Breakfast Breakfast Turkey Sausage Pizza (2 pcs) or Taco Pocket</p> <p>Lunch Chicken Tenders (4 pcs) or Yogurt Parfait Green Salad Cucumber Coins Fresh Apple Slices</p>	<p>Breakfast Assorted Pan Dulce & Trix Yogurt or Yogurt Parfait</p> <p>Lunch Domino's Cheese or Pepperoni* Pizza or Yogurt Parfait Green Salad/Fresh Spinach Cherry Tomatoes Fresh Grapes</p>	<p>Breakfast Mini Turkey Pancake Wraps (4 pcs) & Syrup or Yogurt Parfait</p> <p>Lunch Macaroni & Cheese or Turkey Deli & Cheese Sandwich Green Salad Black Beans Fresh Orange Slices Happy Birthday Cookie</p>
March 9	March 10	March 11	March 12	March 13
<p>Breakfast Cinnamon Roll with Glaze & Trix Yogurt or Egg, Cheese, Sausage Croissant Sandwich</p> <p>Lunch Orange Popcorn Chicken with Vegetable Fried Rice or Turkey Deli & Cheese Sandwich Green Salad Yellow Corn Chilled Diced Peaches</p>	<p>Breakfast Bagel Cheese Pizza or Yogurt Parfait</p> <p>Lunch Beef Taco Sandwich or Yogurt Parfait Green Salad Jicama Sticks Fresh Banana Knott's Berry Farm Raspberry Shortbread Cookies</p>	<p>Breakfast Breaded Waffle Flavored Chicken Chunks (8 pcs) & Syrup or Taco Pocket</p> <p>Lunch Grilled Cheese Sandwich or Turkey Deli & Cheese Sandwich Green Salad Cucumber Coins Fresh Apple Slices</p>	<p>Breakfast Honey Oatmeal Bun & Trix Yogurt or Yogurt Parfait</p> <p>Lunch Breaded Chicken Drumstick or Yogurt Parfait Green Salad/Fresh Spinach Cherry Tomatoes Fresh Grapes Dinner Roll Chocolate Chip Cookie</p>	<p>Breakfast Pork Sausage Links* (2) with Mini Maple Pancakes & Syrup or Yogurt Parfait</p> <p>Lunch Grilled Bean and Cheese Burrito or Turkey Deli & Cheese Sandwich Green Salad Garbanzo Beans Fresh Orange Slices</p>

This institution is an equal opportunity provider.

Available Daily

BREAKFAST

All breakfast meals are served with the choice of: fruit, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk. Reduced sugar cereal is offered daily with whole grain crackers or string cheese.

LUNCH

All lunch meals are served with a variety of fruits & vegetables. All fresh produce comes from locally grown farms including dark green, red/orange, starchy vegetables & legumes. 100% fruit juice, 1% low-fat unflavored or fat free chocolate milk are offered.



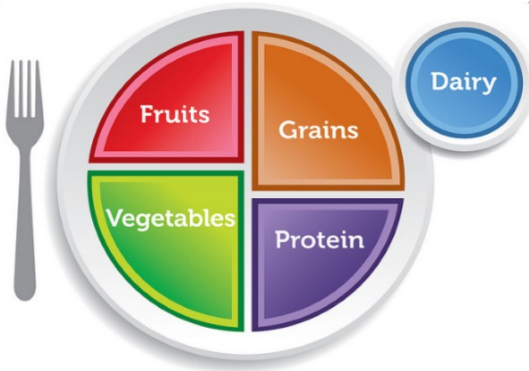
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to pay for
meals on our
**Titan
Parent
Portal!**

Go to
family.titank12.com
and follow the directions.

A convenience fee is charged for
each transaction.



<p>March 16</p> <p>Breakfast Oatmeal Chocolate Chip Breakfast Bar & Trix Yogurt or Egg, Cheese, Sausage Croissant Sandwich</p> <p>Lunch Pork* & Cheese Tamale or Turkey Deli & Cheese Sandwich Green Salad Yellow Corn Chilled Diced Peaches</p>	<p>March 17</p> <p>Breakfast Egg and Cheese Sandwich or Yogurt Parfait</p> <p>Lunch Chicken Tenders (4 pcs) or Yogurt Parfait Green Salad Jicama Sticks Fresh Banana Shamrock Cookie with Sprinkles</p>	<p>March 18</p> <p>Breakfast Breakfast Turkey Sausage Pizza (2 pcs) or Taco Pocket</p> <p>Lunch Turkey Taco Pocket or Turkey Deli & Cheese Sandwich Green Salad Cucumber Coins Fresh Apple Slices</p>	<p>March 19</p> <p>Breakfast Banana Bread Square & Trix Yogurt or Yogurt Parfait</p> <p>Lunch Teriyaki Beef Dippers (5 pcs) with Vegetable Fried Rice or Yogurt Parfait Green Salad/Fresh Spinach Cherry Tomatoes Fresh Grapes</p>	<p>March 20</p> <p>Breakfast Mini Turkey Pancake Wraps (4 pcs) & Syrup or Yogurt Parfait</p> <p>Lunch Domino's Cheese or Pepperoni* Pizza or Turkey Deli & Cheese Sandwich Green Salad Pinto Beans Fresh Orange Slices</p>
<p>March 23</p> <p>Breakfast Assorted Pan Dulce & Trix Yogurt or Egg, Cheese, Sausage Croissant Sandwich</p> <p>Lunch Mini Cheeseburger Sliders or Turkey Deli & Cheese Sandwich Green Salad Yellow Corn Chilled Diced Peaches</p>	<p>March 24</p> <p>Breakfast Bagel Cheese Pizza or Yogurt Parfait</p> <p>Lunch Spaghetti with Meat Sauce and Cheesy Breadstick or Yogurt Parfait Green Salad Jicama Sticks Fresh Banana</p>	<p>March 25</p> <p>Breakfast Breaded Waffle Flavored Chicken Chunks (8 pcs) & Syrup or Taco Pocket</p> <p>Lunch Sicilian Cheese Calzone or Turkey Deli & Cheese Sandwich Green Salad Cucumber Coins Fresh Apple Slices</p>	<p>March 26</p> <p>Breakfast Honey Oatmeal Bun & Trix Yogurt or Yogurt Parfait</p> <p>Lunch Breaded Chicken Patty Sandwich or Yogurt Parfait Green Salad/Fresh Spinach Cherry Tomatoes Baked Seasoned Crinkle Cut Fries Fresh Grapes</p>	<p>March 27</p> <p>Breakfast Pork Sausage Links* (2) with Mini Maple Pancakes & Syrup or Yogurt Parfait</p> <p>Lunch Cheese Quesadilla or Turkey Deli & Cheese Sandwich Green Sandwich Kidney Beans Fresh Orange Slices</p>
<p>March 30</p> <p>Breakfast Banana Chocolate Chunk Breakfast Bar & Trix Yogurt or Egg, Cheese, Sausage Croissant Sandwich</p> <p>Lunch Hamburger/Cheeseburger or Turkey Deli & Cheese Sand. Green Salad/Yellow Corn Chilled Diced Peaches Baked Garden Salsa Sun Chips</p>	<p>March 31</p> <p>Breakfast Cinnamon Roll with Glaze & Trix Yogurt or Yogurt Parfait</p> <p>Lunch Chicken Pretzel Dog or Yogurt Parfait Green Salad Jicama Sticks Fresh Banana</p>	<div style="text-align: center;">  <p>GARDEN GROVE UNIFIED SCHOOL DISTRICT EST. 1965</p> </div> <p>All grain products are either Whole Grain or 51% Whole Wheat. * = Food contains pork Menu is subject to change.</p>		




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VEGETABLE

Broccoli

When it comes to nutrition, this guy's a real heavyweight! He's rich in vitamins and minerals and contains loads of cancer-fighting beta-carotene. Plus, by weight fresh broccoli has more vitamin C than an orange and as much calcium as milk! Get lifting!



OF THE MONTH



Breakfast	Lunch
Student Price \$1.75	Student Price \$3.00
Adult/Sibling \$2.50	Adult/Sibling \$4.00
Student Milk \$0.50	Student Milk \$0.50
Adult/Sibling Milk \$0.75	Adult/Sibling Milk \$0.75

