



Be on the lookout for our June menus for more information regarding our Summer Meal Program!

Word of the Month

pa·tience

n. 1. endurance of hardship or inconvenience without complaint 2. calmness and self-control in the face of delay 3. understanding of others' difficulties



All Grain Products are either Whole Grain or 51% Whole Wheat

* = Food Contains Pork

May 1

Breakfast

Egg and Cheese Sandwich or Taco Pocket

Lunch

Chicken Tenders (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad
Cucumber Coins
Fresh Apple Slices
Rainbow Goldfish Cheese Crackers

May 2

Breakfast

Egg, Cheese, Chicken Sausage Breakfast Sliders (3 pcs) or Yogurt Parfait

Lunch

Mini Cheeseburger Sliders or Yogurt Parfait
Green Salad/Fresh Spinach
Cherry Tomatoes
Fresh Grapes

May 3

Breakfast

Pork Sausage Links* (2) with Mini Maple Pancakes & Syrup

Lunch

Macaroni and Cheese or Turkey Deli & Cheese Sandwich
Green Salad
Garbanzo Beans
Fresh Orange Slices
Iced Oatmeal Cookie



Sunday, May 12

May 6

Breakfast

Oatmeal Chocolate Chip Breakfast Bar & Yogurt or Egg, Cheese, Sausage Croissant Sandwich

Lunch

Hamburger/Cheeseburger or Turkey Deli & Cheese Sandwich
Green Salad/Yellow Corn Chilled Diced Peaches
Baked Garden Salsa Sun Chips

May 7

Breakfast

Mini Strawberry Pancakes & Yogurt or Yogurt Parfait

Lunch

Pork* & Cheese Tamale or Yogurt Parfait
Green Salad
Jicama Sticks
Fresh Banana

May 8

Breakfast

Bagel Cheese Pizza or Taco Pocket

Lunch

Orange Popcorn Chicken with Vegetable Fried Rice or Turkey Deli & Cheese Sandwich
Green Salad/Cucumber Coins
Fresh Apple Slices

May 9

Breakfast

Honey Oatmeal Bun & Yogurt or Yogurt Parfait

Lunch

Spaghetti with Meat Sauce & Cheesy Breadstick or Yogurt Parfait
Green Salad/Fresh Spinach
Cherry Tomatoes
Fresh Grapes

May 10

Breakfast

Mini Turkey Pancake Wraps (4 pcs) & Syrup or Yogurt Parfait

Lunch

Chicken Tenders (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad
Northern Beans
Chocolate Belly Bear Graham Crackers

Breakfast

Lunch

| | | | |
|--------------------|--------|--------------------|--------|
| Student Price | \$1.75 | Student Price | \$3.00 |
| Adult/Sibling | \$2.50 | Adult/Sibling | \$4.00 |
| Student Milk | \$0.50 | Student Milk | \$0.50 |
| Adult/Sibling Milk | \$0.75 | Adult/Sibling Milk | \$0.75 |

The institution is an equal opportunity provider.
Menu is subject to change.

School Nutrition Employee Appreciation Week

MAY 6-10TH, 2019

May 13

Breakfast
Cinnamon Roll with Glaze & Yogurt or Egg, Cheese, Sausage Croissant Sandwich

Lunch
Breaded Chicken Drumstick with Dinner Roll or Turkey Deli & Cheese Sandwich
Green Salad
Yellow Corn
Chilled Diced Peaches
Chocolate Chip Cookie

May 14

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait

Lunch
Breaded Chicken Patty Sandwich or Yogurt Parfait
Green Salad
Jicama Sticks
Fresh Banana

May 15

Breakfast
Mini Chocolate Chip French Toast Bites & Yogurt or Taco Pocket

Lunch
Cheese or Pepperoni* Pizza Wedge or Turkey Deli & Cheese Sandwich
Green Salad
Cucumber Coins
Fresh Apple Slices

May 16

Breakfast
Mini Bagels with Strawberry Cream Cheese & Yogurt or Yogurt Parfait

Lunch
Chicken Tenders (4 pcs) or Yogurt Parfait
Green Salad/Fresh Spinach
Cherry Tomatoes
Fresh Grapes
Mini Rice Krispies Treat

May 17

Breakfast
Pork Sausage Links* (2 pcs) with Mini Maple Pancakes & Syrup or Yogurt Parfait

Lunch
Cheesy Quesadilla or Turkey Deli & Cheese Sandwich
Green Salad
Kidney Beans
Fresh Orange Slices

May 20

Breakfast
Banana Chocolate Chunk Breakfast Bar & Yogurt or Egg, Cheese, Sausage Croissant Sandwich

Lunch
Grilled Cheese Sandwich or Turkey Deli & Cheese Sandwich
Green Salad/Yellow Corn
Chilled Diced Peaches

May 21

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait

Lunch
Pork* & Cheese Tamale or Yogurt Parfait
Green Salad
Jicama Sticks
Fresh Banana

May 22

Breakfast
Egg and Cheese Sandwich or Taco Pocket

Lunch
Teriyaki Chicken with Vegetable Fried Rice or Turkey Deli & Cheese Sandwich
Green Salad
Cucumber Coins
Fresh Apple Slices

May 23

Breakfast
Honey Oatmeal Bun & Yogurt or Yogurt Parfait

Lunch
Turkey Taco Pocket or Yogurt Parfait
Green Salad/Fresh Spinach
Cherry Tomatoes
Fresh Nectarine

May 24

Breakfast
Mini Turkey Pancake Wraps (4 pcs) & Syrup or Yogurt Parfait

Lunch
Chicken Tenders (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad
Pinto Beans
Fresh Orange Slices

May 27



**MEMORIAL DAY
NO SCHOOL TODAY**

May 28

Breakfast
Assorted Pan Dulce & Yogurt or Yogurt Parfait

Lunch
Cheese or Pepperoni Personal Pizza or Yogurt Parfait
Green Salad
Jicama Sticks
Fresh Banana

May 29

Breakfast
Egg and Cheese Sandwich or Taco Pocket

Lunch
Chicken Tenders (4 pcs) or Turkey Deli & Cheese Sandwich
Green Salad
Cucumber Coins
Fresh Apple Slices
Rainbow Goldfish Cheese Crackers

May 30

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs) or Yogurt Parfait

Lunch
Mini Cheeseburger Sliders or Yogurt Parfait
Green Salad
Fresh Spinach
Cherry Tomatoes
Fresh Nectarine

May 31

Breakfast
Pork Sausage Links* (2 pcs) & Mini Maple Pancakes with Syrup or Yogurt Parfait

Lunch
Macaroni and Cheese or Turkey Deli & Cheese Sandwich
Green Salad
Garbanzo Beans
Fresh Orange Slices
Iced Oatmeal Cookie

Available Daily

Breakfast
All breakfast meals are served with the choice of: fruit, 100% fruit juice, 1% low-fat unflavored milk or fat-free chocolate milk. Reduced sugar cereal is offered daily with whole grain crackers or string cheese.

Lunch
All lunch meals are served with a variety of fruits & vegetables. All fresh produce comes from locally grown farms including dark green, red/orange, starchy vegetables & legumes. 100% fruit juice, 1% low-fat unflavored or fat free chocolate milk are offered.

