

Menu Compliance - Nutrient Detail Report

District: Garden Grove Unified School District

School: Woodbury Elementary

Menu: 2017-2018 Super Snack Menu

Date Range: November 01, 2017 - November 30, 2017

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 11/01/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey Ham & Cheese Wrap	2224 727	1.00 each	2000	290.0 00	18.00 0	12.00 0	7.000	0.000	60.00 0	820.0 00	26.00 0	2.000	2.000	2.700	250.0 00	300.0 00	2.400
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				505.1 88	27.75 0	14.45 9	7.638	0.000	68.75 0	1010. 862	66.43 8	4.782	34.74 6	3.099	384.3 37	3920. 950	25.92 8
% of Calories					21.97 %	25.76 %	13.61 %	0.00 %			52.60 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 11/02/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Trix Yogurt, Sunflower Seeds & Cereal Bar	2224723	1.00 serving	2000	420.000	9.500	17.500	2.500	0.000	5.000	248.000	58.000	5.000	24.750	2.520	320.000	575.000	4.800
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				635.188	19.250	19.959	3.138	0.000	13.750	438.862	98.438	7.782	57.496	2.919	454.337	4195.950	28.328
% of Calories					12.12%	28.28%	4.45%	0.00%			61.99%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 11/03/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														

Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut	542584	1.00 slice	500	280.000	21.000	7.000	3.500	0.000	20.000	600.000	34.000	4.000	3.000	2.700	500.000	750.000	6.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut	542585	1.00 slice	1500	320.000	21.000	10.000	4.000	0.000	20.000	570.000	39.000	4.000	4.000	2.700	450.000	750.000	6.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				525.188	30.750	11.709	4.513	0.000	28.750	768.362	78.188	6.782	36.496	3.099	596.837	4370.950	29.528
% of Calories					23.42%	20.06%	7.73%	0.00%			59.55%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 11/06/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
House Chicken with Steamed Brown Rice (Pick Up Stix)	2210031	1.00 serving	2000	300.000	16.000	10.000	2.000	0.000	50.000	370.000	35.000	2.000	8.000	1.440	20.000	0.000	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671

Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				515.1 88	25.75 0	12.45 9	2.638	0.000	58.75 0	560.8 62	75.43 8	4.782	40.74 6	1.839	154.3 37	3620. 950	23.52 8
% of Calories					19.99 %	21.76 %	4.61 %	0.00 %			58.57 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 11/07/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey Ham & Cheese Wrap	2224 727	1.00 each	2000	290.0 00	18.00 0	12.00 0	7.000	0.000	60.00 0	820.0 00	26.00 0	2.000	2.000	2.700	250.0 00	300.0 00	2.400
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	500	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				496.4 38	27.50 0	14.45 9	7.638	0.000	68.75 0	994.6 12	64.43 8	4.282	33.49 6	3.009	379.3 37	2420. 950	24.42 8
% of Calories					22.16 %	26.21 %	13.85 %	0.00 %			51.92 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 11/08/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Power Pack (Turkey Stick, Cheese Cubes & Wheat Crackers)	2224 513	1.00 servin g	2000	310.0 00	18.00 0	13.00 0	5.000	0.000	40.00 0	680.0 00	31.00 0	3.000	4.000	8.100	220.0 00	300.0 00*	0.000 *
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				525.1 88	27.75 0	15.45 9	5.638	0.000	48.75 0	870.8 62	71.43 8	5.782	36.74 6	8.499	354.3 37	3920. 950*	23.52 8*
% of Calories					21.14 %	26.49 %	9.66 %	0.00 %			54.41 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 11/09/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut	542584	1.00 slice	500	280.00	21.00	7.000	3.500	0.000	20.00	600.00	34.00	4.000	3.000	2.700	500.00	750.00	6.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut	542585	1.00 slice	1500	320.00	21.00	10.00	4.000	0.000	20.00	570.00	39.00	4.000	4.000	2.700	450.00	750.00	6.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.00	1.000	0.000	0.000	0.000	0.000	65.00	8.000	2.000	5.000	0.360	20.00	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.00	11.00	2.500	1.500	0.000	15.00	150.00	16.00	0.000	14.00	0.000	400.00	500.00	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.00	8.000	0.000	0.000	0.000	5.000	135.00	20.00	0.000	20.00	0.000	25.00	500.00	2.400
Ranch Packet	1939897	1.00 packet	500	70.00	0.000	7.000	1.000	0.000	5.000	75.00	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				525.188	30.750	11.709	4.513	0.000	28.750	768.362	78.188	6.782	36.496	3.099	596.837	4370.950	29.528
% of Calories					23.42%	20.06%	7.73%	0.00%			59.55%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 11/13/2017																	
2017-2018 Super Snack Menu																	

		Total	2000														
House Chicken with Steamed Brown Rice (Pick Up Stix)	2210031	1.00 serving	2000	300.00	16.000	10.000	2.000	0.000	50.000	370.00	35.000	2.000	8.000	1.440	20.000	0.000	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				515.188	25.750	12.459	2.638	0.000	58.750	560.862	75.438	4.782	40.746	1.839	154.337	3620.950	23.528
% of Calories					19.99%	21.76%	4.61%	0.00%			58.57%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 11/14/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey & Cheese Croissant Sandwich	2225421	1.00 serving	2000	311.205	18.478	14.588	6.808	0.000	34.038	894.715	25.285	1.945	3.890	2.626	243.129	486.258	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671

Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				526.3 93	28.22 8	17.04 7	7.446	0.000	42.78 8	1085. 577	65.72 3	4.727	36.63 6	3.025	377.4 66	4107. 208	23.52 8
% of Calories					21.45 %	29.15 %	12.73 %	0.00 %			49.94 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 11/15/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Chicken Pretzel Hotdog	2214 947	1.00 servin g	2000	300.0 00	15.00 0	8.500	2.000	N/A*	20.00 0	600.0 00	40.50 0	5.000	5.000	0.540	80.00 0	6.000	100.0 00
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Fat Free Milk	2205 231	8.00 oz	1	86.52 0	8.405	0.445	0.289	N/A*	4.944	128.5 44	11.98 9	0.000	11.98 9	0.099	504.2 88	1132. 176	2.472

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				432.7 31	18.75 4	10.95 9	2.638	0.000 *	25.00 2	689.6 76	65.94 4	7.782	22.75 2	0.939	195.8 39	3252. 516	121.7 29
% of Calories					17.34 %	22.79 %	5.49 %	0.00 %*			60.96 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 11/16/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Trix Yogurt, Sunflower Seeds & Cereal Bar	2224 723	1.00 servin g	2000	420.0 00	9.500	17.50 0	2.500	0.000	5.000	248.0 00	58.00 0	5.000	24.75 0	2.520	320.0 00	575.0 00	4.800
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				635.1 88	19.25 0	19.95 9	3.138	0.000	13.75 0	438.8 62	98.43 8	7.782	57.49 6	2.919	454.3 37	4195. 950	28.32 8
% of Calories					12.12 %	28.28 %	4.45 %	0.00 %			61.99 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 11/17/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut	542584	1.00 slice	500	280.00	21.00	7.000	3.500	0.000	20.00	600.00	34.00	4.000	3.000	2.700	500.00	750.00	6.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut	542585	1.00 slice	1500	320.00	21.00	10.00	4.000	0.000	20.00	570.00	39.00	4.000	4.000	2.700	450.00	750.00	6.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.00	1.000	0.000	0.000	0.000	0.000	65.00	8.000	2.000	5.000	0.360	20.00	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.00	11.00	2.500	1.500	0.000	15.00	150.00	16.00	0.000	14.00	0.000	400.00	500.00	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.00	8.000	0.000	0.000	0.000	5.000	135.00	20.00	0.000	20.00	0.000	25.00	500.00	2.400
Ranch Packet	1939897	1.00 packet	500	70.00	0.000	7.000	1.000	0.000	5.000	75.00	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				525.188	30.750	11.709	4.513	0.000	28.750	768.362	78.188	6.782	36.496	3.099	596.837	4370.950	29.528
% of Calories					23.42%	20.06%	7.73%	0.00%			59.55%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 11/28/2017																	
2017-2018 Super Snack Menu																	

		Total	2000														
House Chicken with Steamed Brown Rice (Pick Up Stix)	2210031	1.00 serving	2000	300.00	16.000	10.000	2.000	0.000	50.000	370.00	35.000	2.000	8.000	1.440	20.000	0.000	0.000
Grab-it Carrots, 1/2 cup	257720	0.50 cup	500	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671
Assorted Fruit Cups	471027	0.50 cup	500	95.999	0.949	0.040	0.003	0.000	0.000	1.667	23.787	1.899	11.332	0.483	4.000	303.333	57.633
Assorted Dried Fruit	2217351	1.00 each	500	109.597	0.278	0.042	0.005	0.000	0.000	0.997	28.176	2.585	23.364	0.171	4.531	0.000	0.209
1% Low-fat Milk	257181	8.00 oz	500	120.000	11.000	2.500	1.500	0.000	15.000	150.000	16.000	0.000	14.000	0.000	400.000	500.000	2.400
Chocolate Milk, Fat-free	1878035	8.00 oz	1500	110.000	8.000	0.000	0.000	0.000	5.000	135.000	20.000	0.000	20.000	0.000	25.000	500.000	2.400
Ranch Packet	1939897	1.00 packet	500	70.000	0.000	7.000	1.000	0.000	5.000	75.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				506.438	25.500	12.459	2.638	0.000	58.750	544.612	73.438	4.282	39.496	1.749	149.337	2120.950	22.028
% of Calories					20.14%	22.14%	4.69%	0.00%			58.00%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 11/29/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Turkey Ham & Cheese Wrap	2224727	1.00 each	2000	290.00	18.000	12.000	7.000	0.000	60.000	820.00	26.000	2.000	2.000	2.700	250.00	300.00	2.400
Grab-it Carrots, 1/2 cup	257720	0.50 cup	1000	35.000	1.000	0.000	0.000	0.000	0.000	65.000	8.000	2.000	5.000	0.360	20.000	6000.000	6.000
Assorted Fresh Fruit	262251	1.00 each	500	65.155	0.773	0.252	0.045	0.000	0.000	0.783	16.788	2.644	12.287	0.220	13.818	180.467	14.671

Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400
Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				505.1 88	27.75 0	14.45 9	7.638	0.000	68.75 0	1010. 862	66.43 8	4.782	34.74 6	3.099	384.3 37	3920. 950	25.92 8
% of Calories					21.97 %	25.76 %	13.61 %	0.00 %			52.60 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 11/30/2017																	
2017-2018 Super Snack Menu																	
		Total	2000														
Trix Yogurt, Sunflower Seeds & Cereal Bar	2224 723	1.00 servin g	2000	420.0 00	9.500	17.50 0	2.500	0.000	5.000	248.0 00	58.00 0	5.000	24.75 0	2.520	320.0 00	575.0 00	4.800
Grab-it Carrots, 1/2 cup	2577 20	0.50 cup	1000	35.00 0	1.000	0.000	0.000	0.000	0.000	65.00 0	8.000	2.000	5.000	0.360	20.00 0	6000. 000	6.000
Assorted Fresh Fruit	2622 51	1.00 each	500	65.15 5	0.773	0.252	0.045	0.000	0.000	0.783	16.78 8	2.644	12.28 7	0.220	13.81 8	180.4 67	14.67 1
Assorted Fruit Cups	4710 27	0.50 cup	500	95.99 9	0.949	0.040	0.003	0.000	0.000	1.667	23.78 7	1.899	11.33 2	0.483	4.000	303.3 33	57.63 3
Assorted Dried Fruit	2217 351	1.00 each	500	109.5 97	0.278	0.042	0.005	0.000	0.000	0.997	28.17 6	2.585	23.36 4	0.171	4.531	0.000	0.209
1% Low-fat Milk	2571 81	8.00 oz	500	120.0 00	11.00 0	2.500	1.500	0.000	15.00 0	150.0 00	16.00 0	0.000	14.00 0	0.000	400.0 00	500.0 00	2.400
Chocolate Milk, Fat-free	1878 035	8.00 oz	1500	110.0 00	8.000	0.000	0.000	0.000	5.000	135.0 00	20.00 0	0.000	20.00 0	0.000	25.00 0	500.0 00	2.400

Ranch Packet	1939 897	1.00 packe t	500	70.00 0	0.000	7.000	1.000	0.000	5.000	75.00 0	1.000	0.000	0.000	0.000	0.000	0.000	0.000
Weighted Daily Average				635.1 88	19.25 0	19.95 9	3.138	0.000	13.75 0	438.8 62	98.43 8	7.782	57.49 6	2.919	454.3 37	4195. 950	28.32 8
% of Calories					12.12 %	28.28 %	4.45 %	0.00 %			61.99 %						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	533.938					
Protein (g)	25.649	19.21%				
Total Fat (g)	14.614	24.63%				
Saturated Fat (g)	4.634	7.81%				
Trans Fat (g)	0.000*					
Cholesterol (mg)	41.769					
Sodium (mg)	730.030					
Carbohydrates (g)	76.974	57.67%				
Fiber (g)	5.978					
Sugars (g)	40.139					
Iron (mg)	3.010					
Calcium (mg)	379.146					
Vitamin A (IU)	3773.805*					
Vitamin C (mg)	32.515*					

* = Indicates missing Nutrient Information.

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