

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2023-24 School Year  
**Menu:** 2023-2024 Afterschool Snack Menu  
**Number Source:** Planned  
**Dates:** 04-01-2024 to 04-30-2024

## Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	222.879					
Protein (g)	2.705	4.854%				
Total Fat (g)	4.985	20.129%				
Saturated Fat (g)	1.235	4.986%				
Trans Fat (g)	0.000					
Carbohydrates (g)	42.045	75.459%				
Cholesterol (mg)	2.121					
Sodium (mg)	148.152					
Potassium (mg)	278.788*					
Fiber (g)	1.530					
Sugars (g)	26.678					
Iron (g)	0.733					
Calcium (mg)	88.636					
Vitamin A (IU)	73.864*					
Vitamin C (mg)	0.655					
Vitamin D (mcg)	0.000*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Cereal Bar, Assorted 1G	78907	1 each	5000	150.000	0.500	30.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				246.667	0.5	54	123.333
<b>% of Calories</b>					1.824%	87.568%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Sun Chips Cheddar Chips 1.25G	79043	1 each	5000	140.000	1.000	19.000	210.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				236.667	1	43	223.333
<b>% of Calories</b>					3.803%	72.676%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	5000	120.000	1.000	21.000	115.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				216.667	1	45	128.333
<b>% of Calories</b>					4.154%	83.077%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
String Cheese 1M	78782	1 each	5000	80.000	3.500	0.000	210.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				176.667	3.5	24	223.333
<b>% of Calories</b>					17.83%	54.34%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	5000	116.667	1.167	19.000	140.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				213.333	1.167	43	153.333
<b>% of Calories</b>					4.922%	80.625%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
Sunflower Seeds, Honey Roasted, Package, Azar Nut Company 1M	78876	1 each	5000	170.000	1.500	8.000	88.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				266.667	1.5	32	101.333
<b>% of Calories</b>					5.063%	48%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
Cheez-it Crackers 1G	78885	1 each	5000	100.000	1.000	14.000	150.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				196.667	1	38	163.333
<b>% of Calories</b>					4.576%	77.288%	

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## Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Cinnamon Tiger Bites 1G	1231965	1 package	5000	120.000	1.000	21.000	105.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				216.667	1	45	118.333
<b>% of Calories</b>					4.154%	83.077%	

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## Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Grains</b>							
Strawberry Chex Snack Mix 1G	1141496	1 package	5000	130.000	1.000	23.000	55.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				226.667	1	47	68.333
<b>% of Calories</b>					3.971%	82.941%	

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## Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	5000	116.667	1.167	19.000	140.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				213.333	1.167	43	153.333
<b>% of Calories</b>					4.922%	80.625%	

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## Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Cereal Bar, Assorted 1G	78907	1 each	5000	150.000	0.500	30.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				246.667	0.5	54	123.333
<b>% of Calories</b>					1.824%	87.568%	

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## Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Sun Chips Cheddar Chips 1.25G	79043	1 each	5000	140.000	1.000	19.000	210.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				236.667	1	43	223.333
<b>% of Calories</b>					3.803%	72.676%	

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## Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	5000	120.000	1.000	21.000	115.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				216.667	1	45	128.333
<b>% of Calories</b>					4.154%	83.077%	

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## Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
String Cheese 1M	78782	1 each	5000	80.000	3.500	0.000	210.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				176.667	3.5	24	223.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
% of Calories					17.83%	54.34%	

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## Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	5000	116.667	1.167	19.000	140.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				213.333	1.167	43	153.333
% of Calories					4.922%	80.625%	

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## Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
Sunflower Seeds, Honey Roasted, Package, Azar Nut Company 1M	78876	1 each	5000	170.000	1.500	8.000	88.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				266.667	1.5	32	101.333
% of Calories					5.063%	48%	

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## Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
Cheez-it Crackers 1G	78885	1 each	5000	100.000	1.000	14.000	150.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				196.667	1	38	163.333
% of Calories					4.576%	77.288%	

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## Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Cinnamon Tiger Bites 1G	1231965	1 package	5000	120.000	1.000	21.000	105.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				216.667	1	45	118.333
% of Calories					4.154%	83.077%	

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## Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Strawberry Chex Snack Mix 1G	1141496	1 package	5000	130.000	1.000	23.000	55.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				226.667	1	47	68.333
% of Calories					3.971%	82.941%	

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## Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	5000	116.667	1.167	19.000	140.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				213.333	1.167	43	153.333
<b>% of Calories</b>					4.922%	80.625%	

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## Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Cereal Bar, Assorted 1G	78907	1 each	5000	150.000	0.500	30.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				246.667	0.5	54	123.333
<b>% of Calories</b>					1.824%	87.568%	

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## Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	5000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Sun Chips Cheddar Chips 1.25G	79043	1 each	5000	140.000	1.000	19.000	210.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				236.667	1	43	223.333
<b>% of Calories</b>					3.803%	72.676%	

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