

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 Elementary Breakfast Menu

Number Source: Planned

Dates: 04-01-2024 to 04-30-2024

Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	494.228		400 min / 500 max	Pass		
Protein (g)	16.836*	13.626%				
Total Fat (g)	8.127*	14.799%				
Saturated Fat (g)	2.941	5.355%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	90.412*	73.175%				
Cholesterol (mg)	29.811*					
Sodium (mg)	515.840		≤ 540	Pass		
Potassium (mg)	514.713*					
Fiber (g)	5.590*					
Sugars (g)	62.036*					
Iron (g)	2.663*					
Calcium (mg)	481.858*					
Vitamin A (IU)	915.130*					
Vitamin C (mg)	45.536*					
Vitamin D (mcg)	0.890*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	1.500	54.000	230.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				538.634*	2.261*	104.416*	446.721*
% of Calories					3.778%	77.541%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	2.000	26.000	480.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				466.634*	2.661*	82.016*	646.721*
% of Calories					5.132%	70.304%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	1.050	34.650	124.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				473.034*	1.901*	88.936*	361.921*
% of Calories					3.617%	75.205%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	1.500	35.000	260.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				466.634*	2.261*	89.216*	470.721*
% of Calories					4.361%	76.476%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Chicken Sausage and Cheese Pancake Sandwich 2.5M/2G	1465028	1 each	4000	330.000	4.500	32.000	700.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				562.634*	4.661*	86.816*	822.721*
% of Calories					7.456%	61.721%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	1.500	34.000	90.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				458.634*	2.261*	88.416*	334.721*
% of Calories					4.437%	77.112%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	3.010	23.160	363.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				452.234*	3.469*	79.744*	553.121*
% of Calories					6.904%	70.533%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Breakfast Bar, Oatmeal Chocolate Chip 2G	78832	1 serving	4000	290.000	3.000	47.000	240.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				530.634*	3.461*	98.816*	454.721*
% of Calories					5.87%	74.489%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	4.071	20.794	302.015
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				481.791*	4.318*	77.851*	504.333*
% of Calories					8.066%	64.635%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Pork Sausage Links (2) & Pancake 0.75M/1G	78671	1 serving/2 links + 1 pancake	4000	230.000	3.500	26.000	450.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Syrup Cup	78716	1 each	5000	120.000	0.000	30.000	30.000
Total			5000				
Weighted Daily Average				602.634*	3.861*	112.016*	652.721*
% of Calories					5.766%	74.351%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	1.500	54.000	230.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				538.634*	2.261*	104.416*	446.721*
% of Calories					3.778%	77.541%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	2.000	26.000	480.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				466.634*	2.661*	82.016*	646.721*
% of Calories					5.132%	70.304%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	1.050	34.650	124.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				473.034*	1.901*	88.936*	361.921*
% of Calories					3.617%	75.205%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	1.500	35.000	260.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				466.634*	2.261*	89.216*	470.721*
% of Calories					4.361%	76.476%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	150.000	4.500	13.500	290.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				418.634*	4.661*	72.016*	494.721*
% of Calories					10.02%	68.81%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	1.500	34.000	90.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				458.634*	2.261*	88.416*	334.721*
% of Calories					4.437%	77.112%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	3.010	23.160	363.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				452.234*	3.469*	79.744*	553.121*
% of Calories					6.904%	70.533%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Breakfast Bar, Banana Chocolate 2G	78768	1 each	4000	280.000	3.000	48.000	220.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				522.634*	3.461*	99.616*	438.721*
% of Calories					5.96%	76.241%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Chicken Waffle Sandwich, 1M/1.5G	1448287	1 serving	4000	169.903	0.999	20.988	429.754
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				434.556*	1.861*	78.006*	606.525*
% of Calories					3.853%	71.803%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (2) & Pancake 0.75M/1G	78671	1 serving/2 links + 1 pancake	4000	230.000	3.500	26.000	450.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Syrup Cup	78716	1 each	5000	120.000	0.000	30.000	30.000
Total			5000				
Weighted Daily Average				602.634*	3.861*	112.016*	652.721*
% of Calories					5.766%	74.351%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	1.500	54.000	230.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				538.634*	2.261*	104.416*	446.721*
% of Calories					3.778%	77.541%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Cereal, Assorted 1G	78730	1 container	995	107.321	0.000	23.329	149.286
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*	N/A*	N/A*
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	2.000	26.000	480.000
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	16.000	135.000
Misc.							
String Cheese 1M	78782	1 each	995	80.000	3.500	0.000	210.000
Total			5000				
Weighted Daily Average				466.634*	2.661*	82.016*	646.721*
% of Calories					5.132%	70.304%	

* Indicates missing Nutrient Information.

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