

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2023-24 School Year  
**Menu:** 2023-2024 Elementary Lunch Menu  
**Number Source:** Planned  
**Dates:** 04-01-2024 to 04-30-2024

## Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	632.674*		600 min / 650 max	Pass		
Protein (g)	26.660*	16.855%				
Total Fat (g)	18.469*	26.272%				
Saturated Fat (g)	5.860*	8.336%	< 10%	Pass		
Trans Fat (g)	0.023*					
Carbohydrates (g)	91.047*	57.563%				
Cholesterol (mg)	54.004*					
Sodium (mg)	911.924*		≤ 1110	Pass		
Potassium (mg)	189.748*					
Fiber (g)	5.473*					
Sugars (g)	54.225*					
Iron (g)	2.707*					
Calcium (mg)	529.804*					
Vitamin A (IU)	3,353.701*					
Vitamin C (mg)	27.125*					
Vitamin D (mcg)	0.544*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	16800	290.015	6.000	32.002	980.049
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	20000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	0.000	11.152	9.840
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	0.000	14.226	10.161
<b>Grains</b>							
Bunny Graham Crackers 1G	79598	1 package	20000	160.000	0.500	24.000	105.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	20000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				761.105*	7.125*	112.69*	1331.769*
<b>% of Calories</b>					8.426%	59.224%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	16800	272.000	2.900	31.300	355.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	0.019	1.888	1.040
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Banana, Fresh	78890	1 each	5000	89.890	0.113	23.068	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				571.848*	4.05*	86.667*	645.428*
<b>% of Calories</b>					6.374%	60.623%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	16800	390.000	1.500	51.000	740.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	5.500	32.800	558.900
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	0.052	3.021	15.015
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Fresh Apple Slices, IW	78677	1 each	5000	30.159	0.000	7.037	0.000
<b>Grains</b>							
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	0.000	14.000	160.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				743.374*	2.663*	112.654*	1113.069*
<b>% of Calories</b>					3.224%	60.618%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Spaghetti w/ Cheesy Breadstick (Bosco) 2M/1.5G	79001	1 serving	16800	282.426*	4.433*	33.820*	567.145*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	1.000	31.000	220.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	0.000	19.998	0.000
Cara Cara Oranges, 1/2 cup	1323865	0.5 cup	5000	61.570	0.020	15.393	0.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				578.686*	4.903*	91.07*	790.175*
% of Calories					7.626%	62.95%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Sicilian Cheese Pizza Calzone 2M/2G	218496	1 serving	16800	310.000	6.000	34.000	640.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	0.000	18.995	139.994
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	0.000	18.000	10.333
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				604.439*	6.625*	88.524*	894.106*
% of Calories					9.865%	58.582%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Chicken Corn Dog 2M/2G	78802	1 each	16800	238.000	2.500	27.800	690.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	5.500	32.800	558.900
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	0.000	11.152	9.840
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	0.000	14.994	4.990
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				506.219*	3.5*	76.873*	897.264*
% of Calories					6.223%	60.743%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	16800	570.000	14.500	30.000	900.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	0.000	5.500	2.500
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Banana, Fresh	78890	1 each	5000	89.890	0.113	23.068	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Syrup Cup	78716	1 each	16800	120.000	0.000	30.000	30.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				894.449*	13.793*	104.037*	1111.739*
<b>% of Calories</b>					13.879%	46.525%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	16800	240.000	2.000	18.000	590.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	5.500	32.800	558.900
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	0.019	1.888	1.040
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	0.000	18.000	0.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	1.600	23.800	96.500
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				648.172*	4.681*	90.499*	906.109*
<b>% of Calories</b>					6.5%	55.849%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Meatballs (5 pcs) with Marinara Sauce & Garlic Knot Roll 2M/2G	1149970	1 serving/5 meatballs + garlic knot	16800	343.201	5.039	33.495	546.260
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	1.000	31.000	220.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	5000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	0.000	19.998	0.000
Apple, Fresh	78919	1 each	5000	52.520	0.028	13.948	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				620.696*	5.415*	89.117*	756.373*
<b>% of Calories</b>					7.852%	57.43%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	7.000	35.000	490.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12800	350.000	8.000	35.000	680.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	0.000	16.992	139.992
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	0.000	18.000	10.333
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				608.81*	8.105*	82.344*	872.945*
<b>% of Calories</b>					11.982%	54.102%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	16800	260.000	5.000	29.000	630.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	0.000	11.152	9.840
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	0.000	14.226	10.161
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Marinara Sauce Cup	78948	1 each	16800	15.000	0.000	3.000	120.000
Total			20000				
Weighted Daily Average				550.589*	5.785*	80.819*	965.162*
% of Calories					9.456%	58.715%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	16800	380.000	3.500	37.000	730.000
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	1.000	31.000	220.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	0.019	1.888	1.040
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Banana, Fresh	78890	1 each	5000	89.890	0.113	23.068	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Syrup Cup	78716	1 each	16800	120.000	0.000	30.000	30.000
Total			20000				
Weighted Daily Average				718.589*	4.144*	109.036*	935.716*
% of Calories					5.19%	60.695%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	17800	278.000	3.000	32.500	660.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	0.052	3.021	15.015
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	0.006	1.069	3.600
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Fresh Apple Slices, IW	78677	1 each	5000	30.159	0.000	7.037	0.000
<b>Grains</b>							
Baked Doritos (Cool Ranch Flavor) 1.5G	1167452	1 package	20000	130.000	1.000	19.000	160.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Pickles	78984	1 serving	5000	1.667	0.000	0.000	130.000
Cheese Slice 0.5M	79062	1 slice	5000	55.686	2.531	1.012	136.684
Total			20000				
Weighted Daily Average				692.329*	5.431*	102.406*	1117.775*
% of Calories					7.06%	59.166%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	16800	368.016	10.140	29.393*	414.118
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	0.000	19.998	0.000
Cara Cara Oranges, 1/2 cup	1323865	0.5 cup	5000	61.570	0.020	15.393	0.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				666.082*	10.108*	88.052*	694.782*
<b>% of Calories</b>					13.657%	52.877%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Chicken Tenders (3 pcs), Gold Kist 2M/1G	1263517	1 serving/3 pieces	16800	190.000	2.000	13.000	400.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	5.500	32.800	558.900
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	0.000	18.995	139.994
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	0.000	18.000	10.333
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				490.594*	3.08*	70.274*	676.301*
<b>% of Calories</b>					5.65%	57.297%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Turkey, Cheese, Cracker Stacker Lunchables 2M/1G	1400143	1 serving	16800	275.300	5.500	19.250	943.485
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	0.000	11.152	9.840
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	0.000	14.994	4.990
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				550.596*	6.205*	70.301*	1126.397*
<b>% of Calories</b>					10.143%	51.073%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
"Walking" Beef Taco w/ Doritos Chips 2.5M/2G	1424957	1 serving/#12 scoop meat + chips	16800	365.076	5.392*	38.095	826.933
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	1.000	31.000	220.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	0.000	5.500	2.500
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Banana, Fresh	78890	1 each	5000	89.890	0.113	23.068	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
String Cheese 1M	78782	1 each	20000	80.000	3.500	0.000	210.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				686.014*	9.233*	84.936*	1202.013*
<b>% of Calories</b>					12.113%	49.525%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Chicken Double Dogs 2M/2G	78987	1 each	16800	260.000	2.000	31.500	449.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	5.500	32.800	558.900
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	0.019	1.888	1.040
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	0.000	18.000	0.000
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				516.972*	3.081*	78.039*	691.169*
% of Calories					5.364%	60.382%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	16800	334.845	0.637	58.816	314.675
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	0.000	8.077	63.462
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	0.000	19.998	0.000
Apple, Fresh	78919	1 each	5000	52.520	0.028	13.948	1.010
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				606.677*	2.128*	105.487*	594.741*
% of Calories					3.156%	69.551%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	4000	310.000	6.000	31.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	12800	310.000	6.000	31.000	510.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	0.000	16.992	139.992
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	0.000	18.000	10.333
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Total			20000				
Weighted Daily Average				604.489*	6.625*	85.903*	770.906*
% of Calories					9.864%	56.844%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	16800	290.015	6.000	32.002	980.049
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	20000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	0.000	11.152	9.840
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	0.000	14.000	3.333
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	0.000	14.226	10.161
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	20000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	1.600	23.800	96.500
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				749.105*	8.225*	112.49*	1323.269*
<b>% of Calories</b>					9.882%	60.066%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Lunch Entree</b>							
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	2.000	82.000	150.000
Lunch Pal	1252730	1 bag	100	214.615	0.000	45.077	266.795
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*	N/A*	N/A*
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	16800	272.000	2.900	31.300	355.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	9.200	45.000	883.000
<b>Vegetables</b>							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	N/A*	3.000	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	0.000	8.077	63.462
<b>Fruit</b>							
Dried Fruit, Assorted	78632	1 each	2000	112.500	0.000	28.000	1.250
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	1.500	16.000	135.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	2000	20.000	0.000	4.000	50.000
Mustard Packet	78839	1 packet	500	5.000	0.000	0.000	70.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	2.500	1.000	220.000
<b>Total</b>			20000				
<b>Weighted Daily Average</b>				548.986*	4.021*	80.806*	645.123*
<b>% of Calories</b>					6.592%	58.876%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.