Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2023-24 School Year

Menu: 2023-2024 High School Breakfast Menu

Number Source: Planned **Dates:** 04-01-2024 to 04-30-2024

Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	585.499		450 min / 600 max	Pass		
Protein (g)	18.993	12.975%				
Total Fat (g)	18.176	27.939%				
Saturated Fat (g)	7.362*	11.317%	< 10%	Fail	1.317	Too much Saturated Fat (11.32 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	86.469	59.074%				
Cholesterol (mg)	113.872*					
Sodium (mg)	693.569*		≤ 640	Fail	53.569	Too much Sodium (693.57 of 640.00)
Potassium (mg)	147.891*					
Fiber (g)	4.461*					
Sugars (g)	52.886*					
Iron (g)	2.029*					
Calcium (mg)	356.329*					
Vitamin A (IU)	624.704*					
Vitamin C (mg)	34.269*					
Vitamin D (mcg)	0.683*					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	1			ı	T	
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	=====			10.000		07.000
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total		·	5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	•					
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories				<u> </u>	11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree				· ·	, ,,,,	` 0′
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk					1	
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.					1	
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total		<u> </u>	5000			
Weighted Daily Average		·		585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk			ı		ľ	
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.			ı		T	
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			_
Weighted Daily Average	•			589.38	7.399*	728.895*
% of Calories					11.299%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree	i too.po		1	Toursties (item)	Touristics : ut (g)	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804		600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	70000	4	500	40.000	0.000	05.000
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000		1	ı
Weighted Daily Average				579.878	6.77*	650.585*
% of Calories					10.507%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk			1	1	1	•
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	•					
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Blan Quantity	Calarias (kaal)	Saturated Fat (g)	Sadium (ma)
Breakfast Entree	Recipe #	FOI (IOII SIZE	Fian Quantity	Calories (KCal)	Saturateu Fat (g)	Socium (mg)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804		1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1.377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
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Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted		0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk			1			
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.				10.000		0.7.000
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)			
Breakfast Entree									
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000			
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999			
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average			<u> </u>	585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree	1		1		(9)	(9)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted		0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	1		ı	T		
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	70000	4	500	10.000	0.000	25.000
Ketchup Packet	78806 79899	1 packet	250	5.000	0.000	25.000 110.000
Hot Sauce (Del Sol)	19899	1 packet		5.000	0.000	110.000
Total 5000						
Weighted Daily Average				589.38	7.399*	728.895*
% of Calories					11.299%	

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)		
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000		
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999		
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average		<u> </u>		579.878	6.77*	650.585*
% of Calories					10.507%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree				· ·		` 0,
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit	_					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted		0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	1.00===.		4000	400.000		407.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	70000	Maria a land	500	40.000	0.000	05.000
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total 5000					T	
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)		
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000		
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999		
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707		
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average	_			585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (ma)
Breakfast Entree				,		, J,
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.			1			
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average		·	·	585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)		
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000		
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999		
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707		
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000		
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit	_					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000	_		
Weighted Daily Average				589.38	7.399*	728.895*
% of Calories		· · · · · · · · · · · · · · · · · · ·	·	<u> </u>	11.299%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree	1		1	1	1	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average		<u> </u>	<u> </u>	579.878	6.77*	650.585*
% of Calories					10.507%	

^{*} Indicates missing Nutrient Information.

 $\hbox{WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES. } \\$

Menu Detail Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit	•					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average			•	585.997	7.521*	695.757*
% of Calories			•	•	11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree				,		3,
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	70006	1 nackat	500	10.000	0.000	25.000
Ketchup Packet	78806	1 packet			0.000	
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000		T	
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-24-2024

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Soaium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (ma)
Breakfast Entree	recipe #	1 Ortion Gize	i lan Quantity	Calories (RCal)	Daturated Fat (g)	Codium (mg)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539		5000	60.000	0.000	3.333
Fruit Cup, Assorted		0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	1			ı		
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	1		1	1	1	ı
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				589.38	7.399*	728.895*
% of Calories					11.299%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				579.878	6.77*	650.585*
% of Calories					10.507%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree				, i	, ,,,,	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted		0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk	ı		•		ı	
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.	70000		500	10.000	0.000	05.000
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000		T	
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average			•	585.997	7.521*	695.757*
% of Calories			•		11.552%	

* Indicates missing Nutrient Information.
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