

# Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 High School Breakfast Menu

Number Source: Planned

Dates: 04-01-2024 to 04-30-2024

## Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	585.499		450 min / 600 max	Pass		
Protein (g)	18.993	12.975%				
Total Fat (g)	18.176	27.939%				
Saturated Fat (g)	7.362*	11.317%	< 10%	Fail	1.317	Too much Saturated Fat (11.32 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	86.469	59.074%				
Cholesterol (mg)	113.872*					
Sodium (mg)	693.569*		≤ 640	Fail	53.569	Too much Sodium (693.57 of 640.00)
Potassium (mg)	147.891*					
Fiber (g)	4.461*					
Sugars (g)	52.886*					
Iron (g)	2.029*					
Calcium (mg)	356.329*					
Vitamin A (IU)	624.704*					
Vitamin C (mg)	34.269*					
Vitamin D (mcg)	0.683*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				589.38	7.399*	728.895*
<b>% of Calories</b>					11.299%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				579.878	6.77*	650.585*
<b>% of Calories</b>					10.507%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				589.38	7.399*	728.895*
% of Calories					11.299%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Fruit</b>						
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				579.878	6.77*	650.585*
<b>% of Calories</b>					10.507%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				589.38	7.399*	728.895*
<b>% of Calories</b>					11.299%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				579.878	6.77*	650.585*
<b>% of Calories</b>					10.507%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				585.997	7.521*	695.757*
% of Calories					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
Total			5000			
Weighted Daily Average				589.38	7.399*	728.895*
% of Calories					11.299%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				579.878	6.77*	650.585*
<b>% of Calories</b>					10.507%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Breakfast Entree</b>						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	4.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	10.000	824.999
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	7.961	1,377.299
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	13.466	619.678
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	14.650	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	4.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	0.756	117.013
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	0.605	257.514

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	0.605*	263.184*
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	0.857	136.731
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	10.307	347.503
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	12.807	347.503
<b>Fruit</b>						
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	0.065	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	500	10.000	0.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	0.000	110.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				585.997	7.521*	695.757*
<b>% of Calories</b>					11.552%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.