

# Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 High School Lunch Menu

Number Source: Planned

Dates: 04-01-2024 to 04-30-2024

## Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	743.838*		750 min / 850 max	Fail	-6.162	Not enough Calories (min: 743.84 of 750) (max: 743.84 of 850)
Protein (g)	29.591*	15.912%				
Total Fat (g)	20.197*	24.437%				
Saturated Fat (g)	6.149*	7.44%	< 10%	Pass		
Trans Fat (g)	0.033*					
Carbohydrates (g)	111.067*	59.726%				
Cholesterol (mg)	55.019*					
Sodium (mg)	1,043.472*		≤ 1280	Pass		
Potassium (mg)	282.863*					
Fiber (g)	7.880*					
Sugars (g)	57.096*					
Iron (g)	3.485*					
Calcium (mg)	417.886*					
Vitamin A (IU)	2,300.704*					
Vitamin C (mg)	45.161*					
Vitamin D (mcg)	0.314*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	390.000	1.500	740.000
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	52.480	0.000	9.840
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1250	73.333	0.000	10.333
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Pickles	78984	1 serving	500	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				724.525*	4.403*	1022.644*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
% of Calories					5.47%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	1250	575.898	18.298	469.868
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				750.401*	8.603*	939.134*
% of Calories					10.318%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	13.606	1,414.558
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	139.997
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				790.883*	7.431*	1180.907*
<b>% of Calories</b>					8.456%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1250	468.973	13.140	729.446
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				723.669*	7.313*	1004.029*
<b>% of Calories</b>					9.095%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	566.524	3.603	1,068.125
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				748.057*	4.929*	1088.699*
<b>% of Calories</b>					5.93%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	2.000	686.000
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	52.480	0.000	9.840
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Total			5000			
Weighted Daily Average				726.025*	4.528*	993.561*
% of Calories					5.613%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1250	415.113*	6.365*	914.499*
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				710.204*	5.62*	1050.292*
% of Calories					7.121%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	698.990	11.567	1,411.166
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	139.997
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				785.853*	6.921*	1180.059*
<b>% of Calories</b>					7.926%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Shake Ramen (Chicken) 2M/2G	1328616	1 serving	1000	420.481	2.254	655.773
Shake Ramen (Tofu & Edamame) 2M/2G	1339144	1 serving	250	448.369	0.994	489.598
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				712.941*	4.529*	977.302*
<b>% of Calories</b>					5.717%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	4.369	798.938
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				736.539*	5.12*	1021.402*
% of Calories					6.257%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	390.000	1.500	740.000
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	52.480	0.000	9.840
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				706.025*	4.403*	1007.061*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
% of Calories					5.613%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1250	665.198	16.435	754.356
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				772.725*	8.137*	1010.256*
<b>% of Calories</b>					9.477%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	13.606	1,414.558
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	139.997
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				790.883*	7.431*	1180.907*
% of Calories					8.456%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1250	468.973	13.140	729.446
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				723.669*	7.313*	1004.029*
% of Calories					9.095%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	566.524	3.603	1,068.125
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				748.057*	4.929*	1088.699*
<b>% of Calories</b>					5.93%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	2.000	686.000
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	52.480	0.000	9.840
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				726.025*	4.528*	993.561*
% of Calories					5.613%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	1250	575.898	18.298	469.868
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				750.401*	8.603*	939.134*
% of Calories					10.318%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	698.990	11.567	1,411.166
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	139.997
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				785.853*	6.921*	1180.059*
<b>% of Calories</b>					7.926%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1250	444.894	7.717	796.763
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
<b>Total</b>			5000			
<b>Weighted Daily Average</b>				717.649*	5.958*	1020.858*
<b>% of Calories</b>					7.471%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	4.369	798.938
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				736.539*	5.12*	1021.402*
% of Calories					6.257%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	390.000	1.500	740.000
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	52.480	0.000	9.840
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1250	73.333	0.000	10.333
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Pickles	78984	1 serving	1250	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				724.775*	4.403*	1042.144*
% of Calories					5.468%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
<b>Lunch Entree</b>						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	0.772	320.330
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.952*	0.985*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	195.689
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1250	665.198	16.435	754.356
<b>Vegetables</b>						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	63.462
<b>Fruit</b>						
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
<b>Milk</b>						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	200.000
<b>Misc.</b>						
Ketchup Packet	78806	1 packet	1000	10.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	75.000
Mayo Packet	79027	1 packet	200	60.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Total			5000			
Weighted Daily Average				772.725*	8.137*	1010.256*
% of Calories					9.477%	

\* Indicates missing Nutrient Information.

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