

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 Intermediate Breakfast Menu

Number Source: Planned

Dates: 04-01-2024 to 04-30-2024

Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	527.286		400 min / 550 max	Pass		
Protein (g)	16.784	12.732%				
Total Fat (g)	16.258	27.75%				
Saturated Fat (g)	6.161	10.517%	< 10%	Fail	0.517	Too much Saturated Fat (10.52 of 10.00)
Trans Fat (g)	0.004*					
Carbohydrates (g)	79.872	60.591%				
Cholesterol (mg)	103.304*					
Sodium (mg)	565.493		≤ 600	Pass		
Potassium (mg)	216.126*					
Fiber (g)	4.696					
Sugars (g)	47.763*					
Iron (g)	2.076*					
Calcium (mg)	321.288*					
Vitamin A (IU)	555.066*					
Vitamin C (mg)	35.307*					
Vitamin D (mcg)	0.633*					

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	6.000	59.000	530.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				526.9	6.121	80.117	563.981
% of Calories					10.455%	60.822%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				520.9	6.059	78.767	555.231
% of Calories					10.468%	60.486%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

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Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	6.000	59.000	530.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
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Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
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Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
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Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				526.9	6.121	80.117	563.981
% of Calories					10.455%	60.822%	

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Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
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Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
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Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

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Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				520.9	6.059	78.767	555.231
% of Calories					10.468%	60.486%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	6.000	59.000	530.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				526.9	6.121	80.117	563.981
% of Calories					10.455%	60.822%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				520.9	6.059	78.767	555.231
% of Calories					10.468%	60.486%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	6.000	59.000	530.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				526.9	6.121	80.117	563.981
% of Calories					10.455%	60.822%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				520.9	6.059	78.767	555.231
% of Calories					10.468%	60.486%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	6.000	59.000	530.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				526.9	6.121	80.117	563.981
% of Calories					10.455%	60.822%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Breakfast Entree							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	7.750	59.000	635.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	2.000	26.000	480.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	10.000	26.000	824.999
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	13.466	43.873	619.678
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	10.315	40.757	961.338
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	14.650	43.187	956.707
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	3.500	23.329	359.286
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	0.756	50.887	117.013
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	2.939	57.398	300.830
Fruit							
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	100	112.500	0.000	28.000	1.250
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	0.065	20.974	0.890
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	0.000	14.000	3.333
Milk							
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	0.000	23.000	200.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Misc.							
Ketchup	78887	1 tablespoon	100	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				529.4	6.209	80.117	569.231
% of Calories					10.555%	60.534%	

* Indicates missing Nutrient Information.

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