

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 Intermediate Lunch Menu
Number Source: Planned
Dates: 04-01-2024 to 04-30-2024

Nutrient Summary

Date(s): 04-01-2024 to 04-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	595.674		600 min / 700 max	Fail	-4.326	Not enough Calories (min: 595.67 of 600) (max: 595.67 of 700)
Protein (g)	24.604	16.522%				
Total Fat (g)	14.881*	22.483%				
Saturated Fat (g)	4.569*	6.904%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	91.430	61.396%				
Cholesterol (mg)	42.025*					
Sodium (mg)	1,060.090		≤ 1225	Pass		
Potassium (mg)	217.083*					
Fiber (g)	7.731					
Sugars (g)	50.194*					
Iron (g)	3.035*					
Calcium (mg)	378.050*					
Vitamin A (IU)	4,174.328*					
Vitamin C (mg)	39.492*					
Vitamin D (mcg)	0.528*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	0.000	9.840
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1000	73.333	0.000	10.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	1000	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				606.292	4.187*	1066.663
% of Calories					6.215%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	10.997	1,115.942
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	0.019	1.040
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				587.752	5.307*	1084.059
% of Calories					8.126%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Broccoli, raw, 1/2 cup	80769	0.5 cup	500	15.470	0.052	15.015
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				591.823	4.192*	1042.501
% of Calories					6.375%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	3.500	630.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	6.000	940.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	5.000	780.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cara Cara Oranges, 1/2 cup	1323865	0.5 cup	500	61.570	0.020	0.000
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				623.582	5.047*	1029.323
% of Calories					7.284%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	1.500	870.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	500	104.000	0.000	139.994
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	500	73.333	0.000	10.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				587.209	4.027*	982.433
% of Calories					6.172%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	0.000	9.840
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	5000	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				592.959	4.187*	1168.597
% of Calories					6.355%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 04-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	10.997	1,115.942
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	500	23.000	0.000	2.500
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				589.272	5.305*	1084.205
% of Calories					8.102%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 04-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	1000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	500	34.615	0.000	63.462
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	0.019	1.040
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				570.698	4.189*	1007.337
% of Calories					6.606%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	3.500	630.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	6.000	940.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	5.000	780.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Apple, Fresh	78919	1 each	500	52.520	0.028	1.010
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				622.677	5.048*	1029.424
% of Calories					7.296%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	1.500	870.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	500	105.000	0.000	139.992
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	500	73.333	0.000	10.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				587.309	4.027*	982.432
% of Calories					6.171%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	0.000	9.840
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	5000	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				592.959	4.187*	1168.597
% of Calories					6.355%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	10.997	1,115.942
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	0.019	1.040
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				587.752	5.307*	1084.059
% of Calories					8.126%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Broccoli, raw, 1/2 cup	80769	0.5 cup	500	15.470	0.052	15.015
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				591.823	4.192*	1042.501
% of Calories					6.375%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	3.500	630.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	6.000	940.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	5.000	780.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cara Cara Oranges, 1/2 cup	1323865	0.5 cup	500	61.570	0.020	0.000
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				623.582	5.047*	1029.323
% of Calories					7.284%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	1.500	870.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	100	104.000	0.000	139.994
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1000	73.333	0.000	10.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				586.223	4.027*	972.266
% of Calories					6.182%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	0.000	9.840
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	5000	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				592.959	4.187*	1168.597
% of Calories					6.355%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	10.997	1,115.942
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	500	23.000	0.000	2.500
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				589.272	5.305*	1084.205
% of Calories					8.102%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	0.019	1.040
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				591.056	4.189*	1041.104
% of Calories					6.378%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	4.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	3.500	630.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	6.000	940.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	5.000	780.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Apple, Fresh	78919	1 each	500	52.520	0.028	1.010
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				622.677	5.048*	1029.424
% of Calories					7.296%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	1.500	870.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	0.000	139.992
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1000	73.333	0.000	10.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				586.243	4.027*	972.266
% of Calories					6.182%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 04-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	749.691
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	0.000	9.840
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	5000	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				592.959	4.187*	1168.597
% of Calories					6.355%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 04-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Lunch Entree						
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	10.997	1,115.942
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	6.000	440.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	6.000	510.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	3.500	1,190.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	10.000	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	1,354.999
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	2.500	1,330.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	3.674	799.130
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	1.503	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	3.753	783.466
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	7.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	1.134	195.689
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	N/A*	10.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	0.000	63.462
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.003	1.800
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	0.019	1.040
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	0.872
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	3.333
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	0.000	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000	1.250
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	2000	20.000	0.000	50.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.384	99.870
Mustard Packet	78839	1 packet	500	5.000	0.000	70.000
Mayo Packet	79027	1 packet	100	60.000	1.000	60.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	225.000
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	430.000
Pickles	78984	1 serving	100	1.667	0.000	130.000
Total			5000			
Weighted Daily Average				587.752	5.307*	1084.059
% of Calories					8.126%	

* Indicates missing Nutrient Information.

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