

OFFERED DAILY LUNCH

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

Tuna Salad
Egg Salad
Veggie
Turkey & Cheese
Grilled Cheese
Turkey Wrap

SALADS:

Chef Salad
Classic Spinach
Signature Green
Taco Salad

SOUP:

Tortilla

PARFAIT:

Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - \$6.50

SMOOTHIE:

Freshly Made 12 oz Strawberry Banana
Smoothie \$4.50

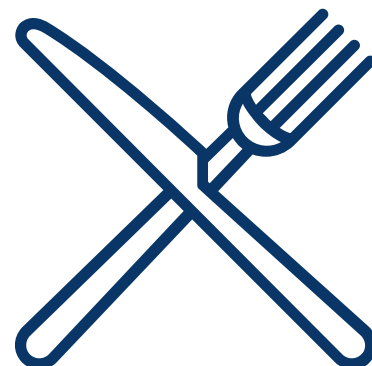


BRING YOUR
Own

**SCAN THE QR CODE
FOR MORE INFO**



Menu subject to change based on product availability.



2024-2025 GGUSD

APPLE CART CAFE MENU



DAILY LUNCH SPECIALS

APRIL 2025

MON

TUES

WED

THURS

FRI



7 Soup: Beef Barley
Salad: Chinese Chicken
Entree: Beef or Turkey Burger
Served on Brioche Bun or Protein Style
w/ Tomato, Lettuce, Onion, Potato
Wedges and Fresh Fruit

14 Soup: Tortilla
Salad: Asian Chicken Slaw
Entree: Rotini Pasta
Seasoned Ground Beef, Marinara
Sauce and Fresh Basil
Served w/ Garlic Knot & Side Salad

21 Soup: Tortilla
Salad: BBQ Chicken
Entree: General Tso Chicken
Served with Chow Mein, Steamed
Veggies and a Fortune Cookie

28 Soup: Tortilla
Salad: Santa Fe
Entree: Southwest Rice Bowl
Spanish Rice, Black Beans, Corn,
Diced Chicken, Cheese, Cilantro &
Red Salsa

1 Soup: Minestrone
Salad: The Apple Cart Salad
Entree: Apple Cart Beef Sliders (2)
or Protein Style-Topped w/ Cheese,
Lettuce, Tomato, Onions, Mushrooms
Served w/ Potato Wedges 🐰

8 Soup: Tortilla
Salad: Classic Mexican Summer
w/ Lime Dressing
Entree: Arroz con Pollo
Steamed Vegetables
Served w/ Dinner Roll

15 Soup: Minestrone
Salad: Arugula, Dried Cranberry,
Grape w/ Feta Cheese
Entree: Chicken Parmesan
Served with Herb Noodles, Marinara
Sauce, Mozzarella Cheese & Salad

22 Salad: Cobb 🥬
Soup: Chicken Noodle
Entree: Tuscan Chicken
w/Rotini Pasta
Cherry Tomatoes, Spinach, Heavy
Cream w/ Cheese Breadstick

29 Soup: Albondigas
Salad: Chicken Waldorf
Entree: BBQ Pulled Pork Sliders
or Protein Style
on Hawaiian Roll and
Homemade Coleslaw

2 Soup: Tortilla
Salad: Santa Fe
Entree: Carnitas Tacos (2)
Homemade Carnitas w/ Corn
Tortillas - Served with Pico de Gallo,
Cilantro, Onion, & Side Green Salad

9 Soup: French Onion
Salad: BBQ Chicken
Entree: Baked Potato
Choice of Steamed Broccoli, Carrots,
Cheddar Cheese or Chili Beans

16 Soup: Tortilla
Salad: Chicken Pasta
Entree: Chicken Fajitas
Flour Tortillas, Sauteed Bell
Peppers, & Onions. With a Side of
Spanish Rice & Refried Beans

23 Soup: Tortilla
Salad: The Apple Cart
Entree: Pork Pozole Bowl
Served with Radish, Cabbage, Lime,
Chopped Onion, Oregano & Avocado
Served w/ Bag of Tortilla Chips

30 Soup: Tortilla
Salad: BBQ Chicken
Entree: Homemade Chicken
& Rice Burrito
Served w/ Pico de Gallo, Rice,
Refried Beans & Tortilla Chips

3 Soup: Albondigas
Salad: Chipotle Chicken
Entree: Teriyaki Chicken
Served with Garlic Noodles,
Green Onions & Veggies

10 Soup: Tortilla
Entree: Chicken Pho Soup
\$8.50
Served w/ Bok Choy, Basil, Green
Onions, Lime, Cilantro, Jalapeños,
Hoisin Sauce & Chili Sauce

17 Soup: Italian Wedding
Salad: Chinese Chicken
Entree: Spaghetti with
Meat or Marinara Sauce
Served w/ Small Green Salad
& Garlic Cheese Bread

24 Soup: Toscana
Salad: Chipotle Chicken
Entree: Cajun Blackened Chicken
Sandwich or *Protein Style
Served with Cheese Bread and Side
of Potato Salad



4 Soup: Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head
Deli Meat Sandwiches
Gluten Free Bread available upon request

11 Soup: Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head
Deli Meat Sandwiches
Gluten Free Bread available upon request

18 Soup: Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head
Deli Meat Sandwiches
Gluten Free Bread available upon request

25 Soup: Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head
Deli Meat Sandwiches
Gluten Free Bread available upon request



Café Pricing:

Soup Bowl: \$5.50

Soup Cup: \$4.00

Whole Sandwich: \$6.50

1/2 Sandwich: \$3.50

Regular Salad: \$6.50

Petite Salad: \$5.50

Soda, Water or Iced Tea: \$1.00

Chips: \$1.00

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gardengrove.healtheliving.net.

*This institution is an equal
opportunity employer and
provider.*

**All entrees are
\$7.00 unless
indicated.**

**Iced Tea or Spa Water
Included with Purchase
of an Entrée**