

# Nutrient Detail Report

Organization: Garden Grove USD  
Session: 2024-2025 School Year  
Menu: 2024-2025 Elementary Lunch Menu  
Number Source: Planned  
Dates: 04-01-2025 to 04-30-2025

## Nutrient Summary

Date(s): 04-01-2025 to 04-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	628.623*		600 min / 650 max	Pass		
Protein (g)	27.353*	17.405%				
Total Fat (g)	17.227*	24.664%				
Saturated Fat (g)	5.502*	7.877%	< 10%	Pass		
Trans Fat (g)	0.002*					
Carbohydrates (g)	92.410*	58.802%				
Cholesterol (mg)	52.943*					
Sodium (mg)	862.589*		≤ 1110	Pass		
Potassium (mg)	370.147*					
Fiber (g)	5.819*					
Sugars (g)	55.321*					
Added Sugars (g)	3.792*	2.413%				
Iron (g)	2.455*					
Calcium (mg)	512.207*					
Vitamin A (IU)	2,277.566*					
Vitamin C (mg)	25.224*					
Vitamin D (mcg)	0.685*					

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 04-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	14000	190.000	13.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.760	34.080
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Banana, Fresh	78890	1 each	1000	89.890	23.068
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mini Rice Krispies Treat 0.25G	79188	1 each	20000	50.000	9.000
Total			20000		
Weighted Daily Average				520.251	77.533
% of Calories					59.612%

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## Menu Detail

Date: 04-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	14000	290.000	30.000
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				552.975	82.027
<b>% of Calories</b>					59.335%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Parmesan Bites (4) with Penne Pasta & Marinara Sauce 2M/2G	1735271	1 serving/chicken bites (4 pcs) + #8 scoop pasta	14000	404.718	50.264
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				653.268	97.706
<b>% of Calories</b>					59.826%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	18000	260.000	29.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	66.667	16.667
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Marinara Sauce Cup	78948	1 each	18000	15.000	3.000
Total			20000		
Weighted Daily Average				547.647	87.649
% of Calories					64.018%

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## Menu Detail

Date: 04-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	14000	380.000	37.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	4000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	63.000	16.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		
Weighted Daily Average				758.525	113.677
% of Calories					59.946%

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## Menu Detail

Date: 04-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	14000	451.684	31.636
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	5000	7.800	1.888
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	3000	115.000	28.500
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	10000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Salsa	78943	1 tablespoon	5000	3.666	0.733
Total			20000		
Weighted Daily Average				638.933	75.274
% of Calories					47.125%

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## Menu Detail

Date: 04-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	14000	390.000	51.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.760	34.080
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	3000	115.000	28.500
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Grains</b>					
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	10000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				671.324	101.587
% of Calories					60.529%

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## Menu Detail

Date: 04-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	14000	299.876	51.253
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				571.878	99.598
% of Calories					69.664%

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## Menu Detail

Date: 04-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	14000	350.000	35.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	118.154	22.646
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				599.138	86.465
% of Calories					57.726%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Double Dogs 2M/2G	78987	1 each	14000	260.000	31.500
Sack Lunch: Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds (Elementary/Intermediate)	1467231	1 serving	4000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				589.773	88.327
% of Calories					59.906%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Tenders, Whole Muscle (4 pcs) 2.5M/1.25G (ATP/MT)	1760111	1 serving/4 pcs	14000	333.333	28.000
Sandwich, Grilled Cheese (ES Foods) 2M/2G	1586505	1 each	4000	360.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				596.611	83.031
% of Calories					55.668%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	18000	278.000	32.500
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Grains</b>					
White Nacho Cheese Doritos 1.5G	1721104	1 each	20000	130.000	20.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Cheese Slice 0.5M	79062	1 slice	14000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				702.415	105.053
% of Calories					59.824%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 04-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	14000	410.786*	50.692*
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				657.515*	98.005*
% of Calories					59.622%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	14000	350.000	35.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Fruit Juice Jello Cups, Assorted	1338535	1 each	5000	80.000	19.667
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				618.48	91.099
% of Calories					58.918%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	14000	290.015	32.002
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	63.000	16.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	18000	148.000	23.800
Total			20000		
Weighted Daily Average				700.735	107.998
% of Calories					61.648%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Sack Lunch: Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds (Elementary/Intermediate)	1467231	1 serving	4000	560.000	44.000
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	14000	570.000	30.000
<b>Vegetables</b>					



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		
Weighted Daily Average				885.517	107.85
% of Calories					48.717%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	14000	240.000	19.000
Sandwich, Grilled Cheese (ES Foods) 2M/2G	1586505	1 each	4000	360.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Apple, Fresh	78919	1 each	5000	52.520	13.948
Grains					
Bunny Friends Graham Crackers 1G	79598	1 package	20000	160.000	24.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				681.455	98.321
% of Calories					57.712%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Teriyaki Beef Dippers w/ White Rice (1/2 cup) 2M/1G	1759592	1 serving/4 dippers + #8 scoop rice	14000	319.876	40.253
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				593.878	90.698
% of Calories					61.089%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	18000	260.000	29.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	5000	118.154	22.646
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Marinara Sauce Cup	78948	1 each	18000	15.000	3.000
Total			20000		
Weighted Daily Average				555.268	88.294
% of Calories					63.605%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Corn Dog 2M/2G	78802	1 each	14000	280.000	31.000
Sandwich, Grilled Cheese (ES Foods) 2M/2G	1586505	1 each	4000	360.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				563.773	85.377
% of Calories					60.575%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Nuggets, "Zoo Crew" Animal-Shaped 2M/1.25G	78830	1 serving/3 nuggets	18000	220.000	12.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Potato Smiles, 1/2 cup	79075	1 serving/4 pieces	18000	130.000	20.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Banana, Fresh	78890	1 each	5000	89.890	23.068
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				606.277	86.031
% of Calories					56.76%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 04-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	14000	290.000	30.000
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	5000	15.470	3.021
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				564.069	81.431
% of Calories					57.745%

\* Indicates missing Nutrient Information.

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