## **Nutrient Detail Report**

**Organization:** Garden Grove USD **Session:** 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

**Number Source:** Planned **Dates:** 04-01-2025 to 04-30-2025

## **Nutrient Summary**

Date(s): 04-01-2025 to 04-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	497.016		400 min / 550 max	Pass		
Protein (g)	13.594	10.941%				
Total Fat (g)	12.716	23.025%				
Saturated Fat (g)	5.054	9.152%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	83.551	67.242%				
Cholesterol (mg)	53.433					
Sodium (mg)	450.711		≤ 600	Pass		
Potassium (mg)	187.144*					
Fiber (g)	4.670*					
Sugars (g)	52.645*					
Added Sugars (g)	4.619*	3.718%				
Iron (g)	1.993*					
Calcium (mg)	288.853*					
Vitamin A (IU)	608.753*					
Vitamin C (mg)	28.939*					
Vitamin D (mcg)	0.511*					

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree				,	(3)	\ <b>J</b> /
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit	•					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk			1			
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories		·			9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit	,					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.	_					
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average		·		497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted		0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk			_			
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.			1		1	
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories			•	•	9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree					(0)	, <u>0</u> ,
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.	1					
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-08-2025

Recipe Name Breakfast Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories	-	<u> </u>			9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.			ı			
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total		<u> </u>	1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-10-2025

Recipe Name Breakfast Entree	Recipe #		Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk	•					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			·
Weighted Daily Average				497.016	5.054	450.711
% of Calories		<u> </u>			9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-11-2025

Recipe   Mane   Recipe   Portion Size   Quantity   (kcal)   (g)	Sodium	Saturated Fat	Calories	Plan		1	
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G   1617430   1 serving/2 links + 3 french toast sticks   25   360.000   5.167	(mg)				Portion Size	Recipe #	Recipe Name
Sicks   Salusage Links (2) & French loast sticks (3) & Syrlp 2.25w/2.25b   Sicks   S			•				Breakfast Entree
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G   78775   1 serving   25   466.942   10.463	430.000	5.167	360.000	25		1617430	Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G 78727 1 serving 25 478.852 10.403  Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G 78746 1 serving 25 586.477 14.730  Homemade Banana Bread Muffin 2G 1434500 1 each 50 500.775 10.307  Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 50 570.775 12.807  Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 78843 1 each 100 320.000 3.500  Breakfast Bars, Assorted 2G 78866 1 each 400 285.000 3.000  Pan Dulce, Assorted 2G 78803 1 each 150 200.000 1.500  Pop Tart & String Cheese 1M/1G 78643 1 serving 100 260.000 4.500  Cereal w/ String Cheese 1M/1G 78643 1 serving 25 188.333 3.500  Fruit Fruit Cup, Assorted (BKF) 78657 1 each 400 81.357 0.065  Fruit Cup, Assorted (BKF) 78625 0.5 cup 200 82.200 0.000  Dried Fruit, Assorted 78625 1 each 100 115.000 0.000  Dried Fruit, Assorted 4 oz, Clearbrook Farms 1221539 1 each 700 60.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 120.000 1.500  Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 200 200 20.000 0.000	916.854	9.630	417.617	25	1 each	79884	Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G   78746   1 serving   25   586.477   14.730	719.396	10.463	466.942	25	1 serving	78775	Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G
Homemade Banana Bread Muffin 2G	935.919	10.403	478.852	25	1 serving	78727	Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G
Homemade Choc Chip Banana Bread Muffin 2G	953.835	14.730	586.477	25	1 serving	78746	Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST)         78843         1 each         100         320.000         3.500           Breakfast Bars, Assorted 2G         78866         1 each         400         285.000         3.000           Pan Dulce, Assorted 2G         78803         1 each         150         200.000         1.500           Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         4.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         25         188.333         3.500           Fruit         Fruit Cup, Assorted (BKF)         78657         1 each         400         81.357         0.065           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400	348.103	10.307	500.775	50	1 each	1434500	Homemade Banana Bread Muffin 2G
1M/1G     78845     Fedfl     100     320,000     3.300       Breakfast Bars, Assorted 2G     78866     1 each     400     285,000     3.000       Pop Tart & String Cheese 1M/1G     78821     1 serving     100     260,000     4.500       Cereal w/ String Cheese 1M/1G     78643     1 serving     25     188,333     3.500       Fruit       Fruit, Fresh, Assorted (BKF)     78657     1 each     400     81,357     0.065       Fruit Cup, Assorted     78625     0.5 cup     200     82,200     0.000       Dried Fruit, Assorted     78632     1 each     100     115,000     0.000       Juice, Assorted, 4 oz, Clearbrook Farms     1221539     1 each     700     60,000     0.000       Milk, 1% Low Fat, Clearbrook Farms     1225774     1 each     200     120,000     1.500       Milk, Chocolate, Fat-free, Clearbrook Farms     1221537     1 each     400     120,000     0.000       Misc.       Ketchup     78887     1 tablespoon     200     20,000     0.000	348.103	12.807	570.775	50	1 each	1434501	Homemade Choc Chip Banana Bread Muffin 2G
Pan Duice, Assorted 2G         78803         1 each         150         200.000         1.500           Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         4.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         25         188.333         3.500           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         0.065           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         0.000	320.000	3.500	320.000	100	1 each	78843	
Pop Tart & String Cheese 1M/1G   78821   1 serving   100   260.000   4.500	230.000	3.000	285.000	400	1 each	78866	Breakfast Bars, Assorted 2G
Cereal w/ String Cheese 1M/1G         78643         1 serving         25         188.333         3.500           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         0.065           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         0.000	90.000	1.500	200.000	150	1 each	78803	Pan Dulce, Assorted 2G
Fruit           Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         0.065           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk         1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000	395.000	4.500	260.000	100	1 serving	78821	Pop Tart & String Cheese 1M/1G
Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         0.065           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk         Wilk           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000	360.833	3.500	188.333	25	1 serving	78643	Cereal w/ String Cheese 1M/1G
Fruit Cup, Assorted         78625         0.5 cup         200         82.200         0.000           Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk         Wilk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000						,	
Dried Fruit, Assorted         78632         1 each         100         115.000         0.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         0.000           Milk         Wilk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000	0.890						Fruit, Fresh, Assorted (BKF)
Juice, Assorted, 4 oz, Clearbrook Farms     1221539     1 each     700     60.000     0.000       Milk, 1% Low Fat, Clearbrook Farms     1225774     1 each     200     120.000     1.500       Milk, Chocolate, Fat-free, Clearbrook Farms     1221537     1 each     400     120.000     0.000       Misc.       Ketchup     78887     1 tablespoon     200     20.000     0.000	0.200	0.000	82.200	200	0.5 cup	78625	Fruit Cup, Assorted
Milk           Milk, 1% Low Fat, Clearbrook Farms         1225774   1 each         200   120.000   1.500             Milk, Chocolate, Fat-free, Clearbrook Farms         1221537   1 each         400   120.000   0.000             Misc.         Ketchup         78887   1 tablespoon         200   20.000   0.000	2.500	0.000	115.000	100	1 each	78632	Dried Fruit, Assorted
Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         1.500           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000	3.333	0.000	60.000	700	1 each	1221539	<u> </u>
Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         0.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000						_	
Misc.           Ketchup         78887         1 tablespoon         200         20.000         0.000	135.000			200	1 each	1225774	· · · · · · · · · · · · · · · · · · ·
Ketchup         78887         1 tablespoon         200         20.000         0.000	200.000	0.000	120.000	400	1 each	1221537	
						•	
Hot Squee (Pol Sol)	50.000				1 tablespoon		Ketchup
100 3.000 0.000	110.000	0.000	5.000	100	1 packet	79899	Hot Sauce (Del Sol)
Total 1000				1000			Total
Weighted Daily Average         497.016         5.054	450.711	5.054	497.016				Neighted Daily Average
% of Calories 9.152%		9.152%					% of Calories

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)				
Breakfast Entree										
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.	1					
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000		•	
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)			
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000			
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000			
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833			
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890			
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200			
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333			
Milk									
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000			
Misc.									
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000			
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000			
Total	•		1000						
Weighted Daily Average				497.016	5.054	450.711			
% of Calories					9.152%				

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree			<b></b>	(iii)	(3)	(9)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total		·	1000			
Weighted Daily Average	•			497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average	•			497.016	5.054	450.711
% of Calories	-	· · · · · · · · · · · · · · · · · · ·			9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree	Recipe #	Fortion Size	Quantity	(NCai)	(9)	(IIIg)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.			1			
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total		·	1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories			•		9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 04-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average	•			497.016	5.054	450.711
% of Calories	•		•		9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.			ı			
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk	_					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.			,			
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total		·	1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories	•				9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 04-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted		0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.	1					
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total	•		1000			•
Weighted Daily Average				497.016	5.054	450.711
% of Calories					9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 04-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Breakfast Entree			•			
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	360.833
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	3.333
Milk						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Sodium (mg)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	200.000
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	0.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	110.000
Total			1000			
Weighted Daily Average				497.016	5.054	450.711
% of Calories	•		•	•	9.152%	

<sup>\*</sup> Indicates missing Nutrient Information.