

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Elementary Lunch Menu
Number Source: Planned
Dates: 08-11-2025 to 08-29-2025

Nutrient Summary

Date(s): 08-11-2025 to 08-29-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	587.990*		600 min / 650 max	Fail	-12.01	Not enough Calories (min: 587.99 of 600) (max: 587.99 of 650)
Protein (g)	27.716*	18.855%				
Total Fat (g)	15.858*	24.273%				
Saturated Fat (g)	5.553*	8.5%	< 10%	Pass		
Trans Fat (g)	0.024*					
Carbohydrates (g)	85.790*	58.362%				
Cholesterol (mg)	47.168*					
Sodium (mg)	744.919*		≤ 1110	Pass		
Potassium (mg)	1,077.306*					
Fiber (g)	6.214*					
Sugars (g)	46.508*					
Added Sugars (g)	7.501*	5.103%				
Iron (g)	2.647*					
Calcium (mg)	596.095*					
Vitamin A, RAE (mcg)	92.394*					
Vitamin C (mg)	19.623*					
Vitamin D (mcg)	4.510*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	8000	400.000	59.000
Turkey, Cheese, & Crackers Lunch Pack 2M/2G	1184207	1 serving	10000	386.230	41.672
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2.5G	83060	1 serving	2000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-It Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	10000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Peaches, Diced, Canned 1/4 cup	78781	1/4 cup	5000	30.484	7.113
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				554.265	79.286
% of Calories					57.219%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	14000	190.000	13.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	319.760	34.080
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	10000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	10000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mini Rice Krispies Treat 0.25G	79188	1 each	20000	50.000	9.000
Total			20000		
Weighted Daily Average				503.003	76.464
% of Calories					60.806%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	16000	278.000	32.500
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	10000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Grains					
White Nacho Cheese Doritos 1.5G	1721104	1 each	20000	140.000	20.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	10000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	500	5.000	0.000
Cheese Slice 0.5M	79062	1 slice	10000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				664.638	97.597
% of Calories					58.737%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	12000	361.061	29.126*
Wowbutter & Strawberry Jelly Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Dried Fruit, Assorted	78632	1 each	10000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Nectarine, Fresh	78849	1 each	5000	56.760	13.610
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	10000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				591.782	79.742*
% of Calories					53.899%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12000	350.000	35.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	10000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	66.667	17.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	10000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				576.897	84.657
% of Calories					58.698%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	14000	380.000	37.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2.5G	83060	1 serving	2000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				619.017	84.433
% of Calories					54.56%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
"Walking" Beef Taco w/ Doritos Chips 2.5M/2G	1424957	1 serving/#12 scoop meat + chips	14000	366.663	32.733
Wowbutter & Strawberry Jelly Sandwich with String Cheese 2M/1G	1596922	1 serving	2000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	1999	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10001	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Salsa	78943	1 tablespoon	5000	3.666	0.733
Total			20000		
Weighted Daily Average				588.36	79.515
% of Calories					54.059%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Breaded Chicken Filet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	14000	390.000	51.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	319.760	34.080
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Grains					
Bunny Friends Graham Crackers 1G	79598	1 package	20000	160.000	24.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				742.258	112.801
% of Calories					60.788%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	14000	299.876	51.253
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	2000	340.000	31.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Plum, Fresh	79015	1 each	5000	30.360	7.537
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				540.708	93.6
% of Calories					69.243%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Turkey Pepperoni and Cheese Foldover Pizza Pastry 2M/2.25G	1912594	1 serving	10000	310.000	35.000
Veggie and Cheese Foldover Pizza Pastry 2M/2.25G	1912593	1 serving	4000	300.000	34.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	118.154	22.646
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Fruit Juice Jello Cups, Assorted	1338535	1 each	5000	80.000	19.667
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				520.138	80.781
% of Calories					62.123%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Double Dogs 2M/2G	78987	1 each	14000	260.000	31.500
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2.5G	83060	1 serving	2000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				535.017	80.583
% of Calories					60.247%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Tenders, Whole Muscle (3 pcs) 2M/1G	1759681	1 serving/3 pcs	14000	250.000	21.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	20000	319.760	34.080
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				779.563	100.344
% of Calories					51.487%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	14000	290.000	30.000
Wowbutter & Strawberry Jelly Sandwich with String Cheese 2M/1G	1596922	1 serving	2000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	5000	15.470	3.021
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				521.479	73.803
% of Calories					56.611%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Spaghetti w/ Cheesy Breadstick (Bosco) 2M/1.5G	79001	1 serving	14000	280.262*	33.820*
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	2000	340.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Nectarine, Fresh	78849	1 each	5000	56.760	13.610
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				533.578*	82.915*
% of Calories					62.158%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	4000	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	12000	310.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	10000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	66.667	17.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	16000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				549.147	80.332
% of Calories					58.514%

* Indicates missing Nutrient Information.