## **Nutrient Detail Report**

**Organization:** Garden Grove USD **Session:** 2025-2026 School Year

Menu: 2025-2026 Intermediate Breakfast Menu

Number Source: Planned Dates: 08-11-2025 to 08-29-2025

## **Nutrient Summary**

Date(s): 08-11-2025 to 08-29-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	425.787		400 min / 550 max	Pass		
Protein (g)	12.780	12.006%				
Total Fat (g)	10.893	23.025%				
Saturated Fat (g)	4.772	10.088%	< 10%	Fail	0.088	Too much Saturated Fat (10.09 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	71.086	66.781%				
Cholesterol (mg)	59.964					
Sodium (mg)	374.016		≤ 600	Pass		
Potassium (mg)	527.055*					
Fiber (g)	3.774*					
Sugars (g)	45.135*					
Added Sugars (g)	9.300*	8.736%				
Iron (g)	1.409*					
Calcium (mg)	334.094*					
Vitamin A, RAE (mcg)	63.720*			_		
Vitamin C (mg)	30.382*					
Vitamin D (mcg)	2.838*	_				

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*				
	Fru	ıit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000				
	Mi	lk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000				
	Mis	sc.							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-12-2025

Part   Part										
Special Meal (B)	Recipe Name	Recipe #	Portion Size			Carbohydrates (g)				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G   1617430   1 serving/2 links + 3 french toast Sticks   25   360.000   4   4   4   4   4   4   4   4   4	Breakfast Entree									
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/ZG	Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G   78775   1 serving   25   466.942   4	Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	•	25	360.000	48.667				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G   78746   1 serving   25   586.477   4	Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Homemade Banana Bread Muffin 2G	Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Homemade Choc Chip Banana Bread Muffin 2G	Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST)   78843   1 each   50   320.000   3   3   3   3   3   3   3   3   3	Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Milk	Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Pan Dulce, Assorted 2G   78803   1 each   150   200.000   3   3   3   4   4   4   4   4   4   4		78843	1 each	50	320.000	32.000				
Pop Tart & String Cheese 1M/1G   78821   1 serving   100   260.000   3   3   3   3   3   3   3   3   3	Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500				
Total   Cereal Cups, Assorted 2G	Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Fruit           Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         2           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         1           Dried Fruit, Assorted         78632         1 each         100         115.000         2           Juice, Assorted, 4 oz, Hollandia         1832150         1 each         700         60.000         1           Milk           Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         1           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Ketchup         78887         1 tablespoon         200         20.000         -           Hot Sauce (Del Sol)         79899         1 packet         100         5.000	Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         2           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         1           Dried Fruit, Assorted         78632         1 each         100         115.000         2           Juice, Assorted, 4 oz, Hollandia         1832150         1 each         700         60.000         1           Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         1           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4           Hot Sauce (Del Sol)         79899         1 packet         100         5.000	Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*				
Fruit Cup, Assorted         78625         0.5 cup         200         82.200         1           Dried Fruit, Assorted         78632         1 each         100         115.000         2           Juice, Assorted, 4 oz, Hollandia         1832150         1 each         700         60.000         1           Milk           Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         1           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000         1           Hot Sauce (Del Sol)         79899         1 packet         100         5.000		Fru	iit							
Dried Fruit, Assorted         78632         1 each         100         115.000         2           Juice, Assorted, 4 oz, Hollandia         1832150         1 each         700         60.000         1           Milk           Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         1           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000	Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Juice, Assorted, 4 oz, Hollandia   1832150   1 each   700   60.000   1	Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Milk           Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         1           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4           Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000         1         1         1	Dried Fruit, Assorted	78632	1 each	100	115.000	28.500				
Milk, 1% Low Fat, Hollandia         1832144         1 each         200         120.000         10           Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4           Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000         1000	Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000				
Milk, Chocolate, Fat-free, Hollandia         1832146         1 each         400         110.000         2           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4           Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000         1000		Mil	k							
Misc.           Ketchup         78887         1 tablespoon         200         20.000         -           Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000         -	Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000				
Ketchup         78887         1 tablespoon         200         20.000           Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000	Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000				
Hot Sauce (Del Sol)         79899         1 packet         100         5.000           Total         1000		Mis	c.							
Total 1000	Ketchup	78887	1 tablespoon	200	20.000	4.000				
	Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000				
Weighted Daily Average 425.787 7	Total			1000						
	Weighted Daily Average				425.787	71.086				
% of Calories 66.	% of Calories					66.781%				

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
	Fro	uit			
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	sc.			
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
	Breakfas	t Entree			
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
	Fru	ıit	T	1	
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	sc.	1	1	
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*				
	Fru	ıit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000				
	Mi	lk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000				
	Mis	sc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000				
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000				
Total			1000						
Weighted Daily Average				425.787	71.086				
% of Calories					66.781%				

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Breakfast Entree										
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667					
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727					
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072					
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080					
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200					
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331					
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Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000					
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500					
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000					
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500					
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*					
Fruit										
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974					
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	sc.			
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
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Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*				
	Fru	ıit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000				
	Mi	lk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000				
	Mis	sc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000				
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000				
Total			1000						
Weighted Daily Average				425.787	71.086				
% of Calories					66.781%				

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*			
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727			

Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
78775	1 serving	25	466.942	47.072
78727	1 serving	25	478.852	39.080
78746	1 serving	25	586.477	43.200
1434500	1 each	50	500.775	80.331
1434501	1 each	100	570.775	90.331
78843	1 each	50	320.000	32.000
78866	1 each	100	285.000	47.500
78803	1 each	150	200.000	34.000
78821	1 serving	100	260.000	37.500
1741805	1 each	300	N/A*	N/A*
Fru	uit			
78657	1 each	400	81.357	20.974
78625	0.5 cup	200	82.200	19.800
78632	1 each	100	115.000	28.500
1832150	1 each	700	60.000	14.000
Mi	lk			
1832144	1 each	200	120.000	16.000
1832146	1 each	400	110.000	20.000
Mis	sc.			
78887	1 tablespoon	200	20.000	4.000
79899	1 packet	100	5.000	1.000
		1000		
			425.787	71.086
				66.781%
	78775 78727 78746 1434500 1434501 78843 78866 78803 78821 1741805 Fn. 78657 78625 78632 1832150 Mi 1832144 1832146 Mis 78887	78775	Recipe #         Portion Size         Quantity           78775         1 serving         25           78727         1 serving         25           78746         1 serving         25           1434500         1 each         50           1434501         1 each         100           78843         1 each         50           78866         1 each         100           78803         1 each         150           78821         1 serving         100           1741805         1 each         300           Fruit           78657         1 each         400           78625         0.5 cup         200           78632         1 each         100           1832150         1 each         700           Milk           1832144         1 each         200           1832146         1 each         400           Misc.           78887         1 tablespoon         200           79899         1 packet         100	Recipe #         Portion Size         Quantity         (kcal)           78775         1 serving         25         466.942           78727         1 serving         25         478.852           78746         1 serving         25         586.477           1434500         1 each         50         500.775           1434501         1 each         100         570.775           78843         1 each         50         320.000           78866         1 each         100         285.000           78821         1 serving         100         260.000           1741805         1 each         300         N/A*           Fruit           78657         1 each         400         81.357           78625         0.5 cup         200         82.200           78632         1 each         700         60.000           Milk           1832144         1 each         200         120.000           1832144         1 each         400         110.000           Misc.           78887         1 tablespoon         200         20.000           79899         1 packet         100

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*			
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727			
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072			
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080			
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200			
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500			
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*			
	Fru	ıit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500			
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000			
	Mi	lk						
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000			
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000			
	Mis	6C.						
Ketchup	78887	1 tablespoon	200	20.000	4.000			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
	Breakfas	t Entree				
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*	
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667	
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727	
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072	
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080	
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200	
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331	
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331	
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500	
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*	
	Fru	ıit				
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974	
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500	
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000	
	Mi	lk				
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000	
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000	
Misc.						
Ketchup	78887	1 tablespoon	200	20.000	4.000	
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000	
Total			1000			
Weighted Daily Average				425.787	71.086	
% of Calories					66.781%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
	Breakfas	t Entree			
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
	Fru	it			
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mil	k			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	c.			
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average					71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-26-2025

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
	Breakfas	t Entree			
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
	Fru	ıit			
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	sc.			
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
	Breakfas	t Entree			
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
	Fru	ıit			
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727				
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080				
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000
	Mi	lk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
	Mis	sc.			
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				425.787	71.086
% of Calories					66.781%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 08-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*			
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727			
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072			
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080			
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200			
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500			
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*			
	Fru	ıit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500			
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	60.000	14.000			
	Mi	lk						
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000			
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000			
	Mis	c.						
Ketchup	78887	1 tablespoon	200	20.000	4.000			
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000			
Total 1000								
Weighted Daily Average				425.787	71.086			
% of Calories	% of Calories							

<sup>\*</sup> Indicates missing Nutrient Information.