Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year Menu: 2024-2025 High School Breakfast Menu Number Source: Planned Dates: 12-01-2024 to 12-21-2024

Nutrient Summary

Date(s): 12-01-2024 to 12-21-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	591.098		450 min / 600 max	Pass		
Protein (g)	17.545	11.873%				
Total Fat (g)	15.312	23.313%				
Saturated Fat (g)	6.087	9.268%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	96.250	65.133%				
Cholesterol (mg)	77.103*					
Sodium (mg)	605.915		≤ 640	Pass		
Potassium (mg)	200.433*					
Fiber (g)	5.861*					
Sugars (g)	61.736*					
Added Sugars (g)	4.553*	3.081%				
Iron (g)	1.973*					
Calcium (mg)	341.697*					
Vitamin A (IU)	729.128*					
Vitamin C (mg)	36.250*					
Vitamin D (mcg)	0.336*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	-	r			
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	(0.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%
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* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		1			1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		1		T	1
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%
* Indicates missing Nutrient Information.					

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Menu Detail

Recipe Name Recipe # Portion Size Plan Quantity Calories (kcal) Carbohydrates (g) Breakfast Entree Breakfast Sausage Pizza (2 pieces) HS 2M/3G 78732 1 serving/2 pieces 200 420.000 52.000 Egg, Sausage, Cheese English Muffin Sandwich 2M/2G 26.000 1227804 1 sandwich 400 415.000 Burrito, Chicken & Rice (HS) 2M/2G 300 471.381 52.815 78750 1 serving Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78775 1 serving 43.886 100 558.657 78746 1 serving Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 500 586.477 43.200 78843 1 each Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 500 320.000 32.000 78866 1 each 500 285.000 47.500 Breakfast Bars, Assorted 2G 34.000 Pan Dulce, Assorted 2G 78803 1 each 500 200.000 Pop Tart & String Cheese 1M/1G 37.500 78821 1 serving 300 260.000 1119665 1 serving Yogurt Parfait w/ Granola (BKF) 1.25M/1G 500 263.705 50.887 Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59.277 1434500 1 each 500.775 80.331 100 Homemade Banana Bread Muffin 2G Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 300 570.775 90.331 1436047 1 serving 200 178.905 36.924 Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G Fruit 78657 1 each 2000 81.357 20.974 Fruit, Fresh, Assorted (BKF) 78625 0.5 cup 2000 82.200 19.800 Fruit Cup, Assorted 78632 1 each 112.500 28.000 Dried Fruit, Assorted 1000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14.000 Milk 1225774 1 each Milk, 1% Low Fat, Clearbrook Farms 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. 78806 1 packet 1000 10.000 2.000 Ketchup Packet Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 578.558 94.541 Weighted Daily Average 65.363% % of Calories

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000			
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000			
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000			

Date: 12-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		•	•		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				-	-
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%
* Indicates missing Nutrient Information					

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Menu Detail

Date: 12-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit			•		
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	-		-		
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories				•	65.077%
* Indicates missing Nutrient Information					•

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Menu Detail

Date: 12-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Breakfast Entree										
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000					
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000					
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815					
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886					
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200					
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000					
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500					
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000					
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500					
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887					
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	•	•			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%
* Indicates missing Nutrient Information					

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Menu Detail

Date: 12-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit		•	•	•	•
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		•		•	•
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average			•	594.233	96.678
% of Calories				1	65.077%

* Indicates missing Nutrient Information.

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit	1				
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974

Date: 12-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.558	94.541
% of Calories					65.363%

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Menu Detail

Date: 12-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					1
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories				•	65.077%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-13-2024

Desine Name	Recipe #	Portion Size	Dian Overstitu	Calarias (kaal)	Carbohydrates (g)
Recipe Name Breakfast Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbonydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	0 1	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk			1	1	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree			-	· · · ·	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%
* Indicates missing Nutrient Information.					

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	Trecipe #	1 011011 0120	Than Quantity	Calories (Real)	Garbonyurates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk			-		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1	- -	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				594.233	96.678
% of Calories				•	65.077%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-18-2024

Egg, Sausage, Oheese English Muffin Sandwich 2M/2G 1227804 1 sandwich 400 415.000 26. Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 300 471.381 52. Burrito, Breakfast, Egg, Potato & Cheese 2.5W/2.5G 78775 1 serving 100 558.657 43. Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 32. Breakfast, Sausage, Egg & Cheese 3.75M/2.6G 78866 1 each 500 285.000 47. Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 280.000 32. Breakfast Bars, Assorted 2G 78861 1 serving 300 260.000 37. Pop Tart & String Cheese 1M/1G 78821 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 300 570.775 80. Homemade Creac Cheese Frosting 2G 1434501 1 each 300 570.775 90. Fruit	Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Egg. Sausage, Cheese English Muffin Sandwich 2M/2G 1227804 1 sandwich 400 415.000 20. Burrito, Chicken & Rice (HS) 2M/2G 78775 1 serving 300 471.381 52. Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78775 1 serving 100 558.657 43. Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78775 1 serving 500 586.477 43. Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 285.000 47. Pan Duce, Assorted 2G 78866 1 each 500 285.000 37. Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37. Yegurt Parfait w' Granola (BKF) 1.25M/1G Bart 1M/1G 110651 serving 500 283.000 437. Homemade Banana Bread Muffin 2G 14345001 each 100 500.77.5 80. Homemade Cream Cheese Frosting 2G 14345011 each 200 178.905 36. Fruit 78657 1 each 2000 <td< th=""><th>Breakfast Entree</th><th>· · ·</th><th></th><th></th><th></th><th>, , , , , , , , , , , , , , , , , , , ,</th></td<>	Breakfast Entree	· · ·				, , , , , , , , , , , , , , , , , , , ,
Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 300 471.381 52. Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78776 1 serving 100 558.657 43. Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 586.477 43. Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 320.000 32. Breakfast Bars, Assorted 2G 78866 1 each 500 226.000 47. Pan Duice, Assorted 2G 78806 1 serving 300 268.000 37. Yogurt Parfait W Granola (B(F) 1.25M/1G 118965 1 serving 500 263.705 50. Born at String Cheese 1M/1G 119665 1 serving 500 263.705 50. Born at String Cheese 1M/1G 119665 1 serving 300 260.000 37. Yogurt Parfait W Granola (B(F) 1.25M/1G 1119665 1 serving 300 263.705 50. Born at String Cheese 1M/1G 119605 1 serving 300	Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78775 1 serving 100 558.657 43. Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 586.477 43. Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 32. Pan Dulce, Assorted 2G 78806 1 each 500 285.000 47. Pan Dulce, Assorted 2G 78803 1 each 500 286.000 37. Yogurt Parfait W Granola (BKF) 1.25M/1G 1119665 1 serving 300 260.000 37. Berry Banana Yogurt Smoothe w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1434501 1 sech 2000 81.357 20. Fruit Fresh, Assorted (BKF) 78657 1 each 2000 82.200 19. Juice, Assorted	Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 586.477 43. Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 32. Breakfast Bars, Assorted 2G 78866 1 each 500 285.000 47. Pan Dulce, Assorted 2G 78806 1 each 500 285.000 34. Pop Tart & String Cheese 1M/1G 78801 1 serving 300 260.000 37. Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 283.705 50. Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banaa Bread Muffin 2G 1434500 1 each 300 570.775 80. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1436047 1 serving 200 178.905 36. Fruit Freuit 78657 1 each 2000 81.357 20. Fruit Lop, Assorted 78625	Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Sandwich, Peanut Butter & Jeliy Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 32. Breakfast Bars, Assorted 2G 78866 1 each 500 285.000 47. Pan Duice, Assorted 2G 78801 1 each 500 285.000 34. Pop Tart & String Cheese 1M/1G 78802 1 each 500 260.000 34. Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50. Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.77.5 80. Homemade Choc Chip Banana Bread Muffin 2G 1434601 each 2000 81.357 20. Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 82.200 19. Fruit Kresh, Assorted 78625 0.5 cup 2000 82.200 19. Juice, Assorted, 4 oz, Clearbrook Farms 1225774 <td< th=""><th>Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G</th><th>78775</th><th>1 serving</th><th>100</th><th>558.657</th><th>43.886</th></td<>	Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Breakfast Bars, Assorted 2G 78866 1 each 500 285.000 47. Pan Dulce, Assorted 2G 78803 1 each 500 200.000 34. Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37. Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50. Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.77.5 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1434501 each 200 178.905 36. Fruit Fresh, Assorted (BKF) 78657 1 each 2000 81.357 20. Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19. Julce, Assorted, 4.02, Clearbrook Farms 1221539 1 each 500 120.000 14. Milk, "% Low Fat, Clearbrook Farms 1225774 1 each 500	Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Pan Dulce, Assorted 2G 78803 1 each 500 200.000 34. Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37. Yogurt Parfait w Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50. Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Choc Chip Banana Bread Muffin 2G 1434500 1 each 100 500.77.5 80. Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1434501 1 each 200 178.905 36. Fruit Fruit Cup, Assorted (BKF) 78657 1 each 2000 81.357 20. Dried Fruit, Assorted 78632 1 each 3000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1225739 1 each 500 140.000 14. Milk, Milk Milk, 4. Low Fat, Clearbrook Farms 1225	Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37. Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50. Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80. Homemade Choc Chip Banana Bread Muffin 2G 1434500 1 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1434501 1 each 300 570.775 90. Fruit Freit 78657 1 each 2000 81.357 20. Fruit Assorted 78625 0.5 cup 2000 82.200 19. Dried Fruit Assorted 78625 1 each 3000 120.000 14. Milk 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each	Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50. Berry Banana Yogurt Smoothle w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80. Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1434501 1 each 300 570.775 90. Fruit Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 81.357 20. Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19. Dried Fruit, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3000 112.500 28. Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 16. Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 23. Milk, 1% Low Fat, Clearbrook Farms	Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G 1706120 1 serving/12 oz cup + Pretzels 600 330.362 59. Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80. Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1436047 1 serving 200 178.905 36. Fruit Fruit 78657 1 each 2000 81.357 20. Fruit Qp, Assorted (BKF) 78657 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3000 120.000 14. Milk 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 16. Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 13. Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23. Milsc. Ketchup Packet 78806 </th <th>Pop Tart & String Cheese 1M/1G</th> <th>78821</th> <th>1 serving</th> <th>300</th> <th>260.000</th> <th>37.500</th>	Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 800 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 300 570.775 900 Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1436047 1 serving 200 178.905 360 Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 81.357 200 Fruit Qup, Assorted 78625 0.5 cup 2000 82.200 199 Dried Fruit, Assorted 78632 1 each 1000 112.500 288 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14 Milk Milk Teach 500 120.000 16. Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 1000 10.000 23.	Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Homemade Choc Chip Banana Bread Muffin 2G 1434501 each 300 570.775 90. Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G 1436047 1 serving 200 178.905 36. Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 81.357 20. Fruit Cup, Assorted 78652 0.5 cup 2000 82.200 19. Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk 1225774 1 each 3000 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 12221537 1 each 3000 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 12221537 1 each 3000 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 12221537 1 each 100	Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Cinnamo Roll w/ homemade Cream Cheese Frosting 2G 1436047 1 serving 200 178.905 36. Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 81.357 20. Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19. Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk 1225774 1 each 3000 120.000 23. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. 78806 1 packet 1000 10.000 2. Ketchup Packet 78806 1 packet 1000 5.000 1. Total 5000 578.558 94.	Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Fruit 78657 1 each 2000 81.357 20. Fruit Cup, Assorted (BKF) 78657 1 each 2000 82.200 19. Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk 11225774 1 each 500 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. 78806 1 packet 1000 10.000 2. Ketchup Packet 78806 1 packet 1000 10.000 2. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 578.558 94.	Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Fruit, Fresh, Assorted (BKF) 78657 1 each 2000 81.357 20. Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19. Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk 1225774 1 each 500 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. 78806 1 packet 1000 10.000 2. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 1. 5.558 94.	Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19 Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. Ketchup Packet 78806 1 packet 1000 10.000 2. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1 Total 5000 578.558 94.	Fruit					
Dried Fruit, Assorted 78632 1 each 1000 112.500 28. Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16. Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. 1221537 1 each 1000 10.000 23. Misc. 78806 1 packet 1000 10.000 24. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 14. Total 5000 578.558 94.	Fruit, Fresh, Assorted (BKF)					20.974
Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 3500 60.000 14. Milk Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. Ketchup Packet 78806 1 packet 1000 10.000 22. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1 Total 5000 578.558 94.	Fruit Cup, Assorted		0.5 cup			19.800
Milk State State <ths< th=""><th>Dried Fruit, Assorted</th><th>78632</th><th>1 each</th><th>1000</th><th>112.500</th><th>28.000</th></ths<>	Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16. Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc. Ketchup Packet 78806 1 packet 1000 10.000 22. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 578.558 94.	, , ,	1221539	1 each	3500	60.000	14.000
Mik, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23. Misc.		T	r	1		
Misc. 78806 1 packet 1000 10.000 2. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 578.558 94.		-				16.000
Ketchup Packet 78806 1 packet 1000 10.000 2. Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 578.558 94.		1221537	1 each	3000	120.000	23.000
Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1. Total 5000 578.558 94.		70000	4	4000	40.000	0.000
Total 5000 Weighted Daily Average 578.558 94.						2.000
Weighted Daily Average 578.558 94.	Hot Sauce (Del Sol)	79899	1 packet		5.000	1.000
				5000		1
					578.558	94.541
% of Calories 65.30	% of Calories					65.363%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit	•				
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	1		1		
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.233	96.678
% of Calories					65.077%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				• • •	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
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Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
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Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
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Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
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