

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2024-2025 School Year
Menu: 2024-2025 Afterschool Snack Menu
Number Source: Planned
Dates: 12-01-2024 to 12-21-2024

Nutrient Summary

Date(s): 12-01-2024 to 12-21-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	217.333					
Protein (g)	2.000	3.681%				
Total Fat (g)	4.067	16.84%				
Saturated Fat (g)	0.880	3.644%				
Trans Fat (g)	0.000					
Carbohydrates (g)	43.267	79.632%				
Cholesterol (mg)	0.333					
Sodium (mg)	135.333					
Potassium (mg)	292.000*					
Fiber (g)	1.333					
Sugars (g)	26.733					
Added Sugars (g)	3.133*	5.767%				
Iron (g)	0.745					
Calcium (mg)	36.333					
Vitamin A (IU)	40.000*					
Vitamin C (mg)	0.000*					
Vitamin D (mcg)	0.000*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 12-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	3000	100.000	3.500	0.600	14.000	170.000
Total			3000					
Weighted Daily Average				196.667	3.5	0.6	38	183.333
% of Calories					16.017%	2.746%	77.288%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Sun Chips, Garden Salsa 1.25G	79116	1 each	3000	140.000	6.000	1.000	19.000	150.000
Total			3000					
Weighted Daily Average				236.667	6	1	43	163.333
% of Calories					22.817%	3.803%	72.676%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	3000	120.000	4.000	1.000	21.000	100.000
Total			3000					
Weighted Daily Average				216.667	4	1	45	113.333
% of Calories					16.615%	4.154%	83.077%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	3.000	1.000	23.000	55.000
Total			3000					
Weighted Daily Average				216.667	3	1	47	68.333
% of Calories					12.462%	4.154%	86.769%	

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Menu Detail

Date: 12-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Crackers, Assorted 1G	78763	1 each	3000	116.667	3.833	1.167	19.000	135.000
Total			3000					
Weighted Daily Average				213.333	3.833	1.167	43	148.333
% of Calories					16.172%	4.922%	80.625%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 12-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Desserts								
Honey Belly Bear Crackers 1G	78605	1 package	3000	130.000	4.000	0.000	20.000	100.000
Total			3000					
Weighted Daily Average				226.667	4	0	44	113.333
% of Calories					15.882%	0%	77.647%	

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Menu Detail

Date: 12-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Baked Cheese Cheetos 1.25G	1648134	1 each	3000	120.000	4.500	1.000	16.000	200.000
Total			3000					
Weighted Daily Average				216.667	4.5	1	40	213.333
% of Calories					18.692%	4.154%	73.846%	

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Menu Detail

Date: 12-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Chocolate Tiger Bites 1G	1648220	1 package	3000	120.000	4.000	1.000	20.000	125.000
Total			3000					
Weighted Daily Average				216.667	4	1	44	138.333
% of Calories					16.615%	4.154%	81.231%	

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Menu Detail

Date: 12-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Grains								
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	3000	130.000	4.000	0.500	22.000	50.000
Total			3000					
Weighted Daily Average				226.667	4	0.5	46	63.333
% of Calories					15.882%	1.985%	81.176%	

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Menu Detail

Date: 12-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Crackers, Assorted 1G	78763	1 each	3000	116.667	3.833	1.167	19.000	135.000
Total			3000					
Weighted Daily Average				213.333	3.833	1.167	43	148.333
% of Calories					16.172%	4.922%	80.625%	

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Menu Detail

Date: 12-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	3000	100.000	3.500	0.600	14.000	170.000
Total			3000					
Weighted Daily Average				196.667	3.5	0.6	38	183.333
% of Calories					16.017%	2.746%	77.288%	

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Menu Detail

Date: 12-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Sun Chips, Garden Salsa 1.25G	79116	1 each	3000	140.000	6.000	1.000	19.000	150.000
Total			3000					
Weighted Daily Average				236.667	6	1	43	163.333
% of Calories					22.817%	3.803%	72.676%	

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Menu Detail

Date: 12-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	3000	120.000	4.000	1.000	21.000	100.000
Total			3000					
Weighted Daily Average				216.667	4	1	45	113.333
% of Calories					16.615%	4.154%	83.077%	

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Menu Detail

Date: 12-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	3.000	1.000	23.000	55.000
Total			3000					
Weighted Daily Average				216.667	3	1	47	68.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
% of Calories					12.462%	4.154%	86.769%	

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Menu Detail

Date: 12-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit								
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	0.000	24.000	13.333
Grains								
Crackers, Assorted 1G	78763	1 each	3000	116.667	3.833	1.167	19.000	135.000
Total			3000					
Weighted Daily Average				213.333	3.833	1.167	43	148.333
% of Calories					16.172%	4.922%	80.625%	

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