

# Nutrient Detail Report

**Organization:** Garden Grove USD

**Session:** 2023-24 School Year

**Menu:** 2023-2024 Elementary Breakfast Menu

**Number Source:** Planned

**Dates:** 02-01-2024 to 02-29-2024

## Nutrient Summary

**Date(s):** 02-01-2024 to 02-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	482.076		400 min / 500 max	Pass		
Protein (g)	16.220*	13.459%				
Total Fat (g)	7.809*	14.579%				
Saturated Fat (g)	2.753	5.139%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	88.720*	73.615%				
Cholesterol (mg)	28.520*					
Sodium (mg)	499.985		≤ 540	Pass		
Potassium (mg)	533.892*					
Fiber (g)	5.570*					
Sugars (g)	60.957*					
Iron (g)	2.702*					
Calcium (mg)	482.771*					
Vitamin A (IU)	958.847*					
Vitamin C (mg)	45.429*					
Vitamin D (mcg)	0.936*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

**Date:** 02-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				466.634*	89.216*
<b>% of Calories</b>					76.476%

\* Indicates missing Nutrient Information.

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## Menu Detail

**Date:** 02-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Chicken Waffle Sandwich, 1M/1.5G	1448287	1 serving	4000	169.903	20.988
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				434.556*	78.006*
% of Calories					71.803%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				458.634*	88.416*
% of Calories					77.112%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				466.634*	82.016*
% of Calories					70.304%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Breakfast Bar, Oatmeal Chocolate Chip 2G	78832	1 serving	4000	290.000	47.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				530.634*	98.816*
% of Calories					74.489%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	20.794
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				481.791*	77.851*
<b>% of Calories</b>					64.635%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Pork Sausage Links (2) & Pancake 0.75M/1G	78671	1 serving/2 links + 1 pancake	4000	230.000	26.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Syrup Cup	78716	1 each	3000	120.000	30.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				554.634*	100.016*
<b>% of Calories</b>					72.131%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	54.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				538.634*	104.416*
<b>% of Calories</b>					77.541%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				473.034*	88.936*
<b>% of Calories</b>					75.205%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				466.634*	89.216*
<b>% of Calories</b>					76.476%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	150.000	13.500
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				418.634*	72.016*
<b>% of Calories</b>					68.81%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				458.634*	88.416*
<b>% of Calories</b>					77.112%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	23.160
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				452.234*	79.744*
<b>% of Calories</b>					70.533%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Chicken Waffle Sandwich, 1M/1.5G	1448287	1 serving	4000	169.903	20.988
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				434.556*	78.006*
<b>% of Calories</b>					71.803%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Pork Sausage Links (2) & Pancake 0.75M/1G	78671	1 serving/2 links + 1 pancake	4000	230.000	26.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				578.634*	106.016*
% of Calories					73.287%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	54.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				538.634*	104.416*
% of Calories					77.541%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				466.634*	82.016*
% of Calories					70.304%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				473.034*	88.936*
% of Calories					75.205%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 02-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Cereal, Assorted 1G	78730	1 container	995	107.321	23.329
Special Meal (B)	1341338	1 serving	5	N/A*	N/A*
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	4000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	995	80.000	0.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				466.634*	89.216*
<b>% of Calories</b>					76.476%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.