

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 Elementary Lunch Menu
Number Source: Planned
Dates: 02-01-2024 to 02-29-2024

Nutrient Summary

Date(s): 02-01-2024 to 02-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	635.346*		600 min / 650 max	Pass		
Protein (g)	25.570*	16.099%				
Total Fat (g)	19.131*	27.1%				
Saturated Fat (g)	5.809*	8.229%	< 10%	Pass		
Trans Fat (g)	0.022*					
Carbohydrates (g)	91.027*	57.309%				
Cholesterol (mg)	52.493*					
Sodium (mg)	862.857*		≤ 1110	Pass		
Potassium (mg)	251.062*					
Fiber (g)	5.487*					
Sugars (g)	56.028*					
Iron (g)	2.811*					
Calcium (mg)	511.841*					
Vitamin A (IU)	3,122.532*					
Vitamin C (mg)	31.245*					
Vitamin D (mcg)	0.533*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Tenders (3 pcs), Gold Kist 2M/1G	1263517	1 serving/3 pieces	14000	190.000	13.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Brookie Treat, 1G	1480324	1 serving	20000	150.070	23.005
Total			20000		
Weighted Daily Average				665.43*	98.244*
% of Calories					59.056%

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Menu Detail

Date: 02-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sicilian Cheese Pizza Calzone 2M/2G	218496	1 serving	14000	310.000	34.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Pinto, Canned 1/2 cup	79014	0.5 cup	1000	150.001	25.000
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				648.899*	91.746*
% of Calories					56.555%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Corn Dog 2M/2G	78802	1 each	14000	238.000	27.800
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	64.993	14.998
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				506.303*	75.535*
% of Calories					59.676%

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Menu Detail

Date: 02-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	14000	570.000	30.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		
Weighted Daily Average				876.889*	101.756*
% of Calories					46.417%

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Menu Detail

Date: 02-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	14000	240.000	18.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Desserts					
Cookie, Heart Shaped 1G	80274	1 each	20000	130.000	22.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				633.256*	89.809*
% of Calories					56.728%

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Menu Detail

Date: 02-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Spaghetti w/ Cheesy Breadstick (Bosco) 2M/1.5G	79001	1 serving	14000	282.674*	33.869*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average			561.253*		87.515*
% of Calories					62.371%

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Menu Detail

Date: 02-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	2000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12000	350.000	35.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Cool Tropic Fruit Slush, Assorted	1227508	1 each	10000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average			668.519*		90.888*
% of Calories					54.382%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	14000	380.000	37.000
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	64.993	14.998
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	59.989	13.999
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				680.374*	102.384*
% of Calories					60.193%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	17800	278.000	32.500
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Grains					
Baked Doritos (Cool Ranch Flavor) 1.5G	1167452	1 package	20000	130.000	19.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Cheese Slice 0.5M	79062	1 slice	14000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				723.986*	104.803*
% of Calories					57.903%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	14000	368.016	29.393*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				625.827*	85.111*
% of Calories					54.399%

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	14000	190.000	13.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Pinto, Canned 1/2 cup	79014	0.5 cup	1000	150.001	25.000
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				521.81*	75.99*
% of Calories				58.251%	

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	14000	260.000	29.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	64.993	14.998
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Marinara Sauce Cup	78948	1 each	14000	15.000	3.000
Total			20000		
Weighted Daily Average				581.774*	80.793*
% of Calories				55.549%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Double Dogs 2M/2G	78987	1 each	14000	260.000	31.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				566.827*	79.577*
% of Calories					56.156%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	14000	334.845	58.816
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				575.273*	99.378*
% of Calories					69.099%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	4000	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	10000	310.000	31.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Fruit Juice Jello Cups, Assorted	1338535	1 each	5000	80.000	19.667
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				653.131*	90.924*
% of Calories					55.685%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	14000	290.015	32.002
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	20000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	64.993	14.998
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	59.989	13.999
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	20000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	23.800
Total			20000		
Weighted Daily Average				778.188*	112.215*
% of Calories					57.68%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	14000	272.000	31.300
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				614.745*	88.766*
% of Calories					57.758%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	14000	240.000	18.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				533.055*	74.734*
% of Calories					56.08%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Meatballs (5 pcs) with Marinara Sauce & Garlic Knot Roll 2M/2G	1149970	1 serving/5 meatballs + garlic knot	14000	343.201	33.495
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	20000	84.199	19.998
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				656.029*	99.346*
% of Calories					60.574%

* Indicates missing Nutrient Information.

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