

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2023-24 School Year  
**Menu:** 2023-2024 High School Breakfast Menu  
**Number Source:** Planned  
**Dates:** 02-01-2024 to 02-29-2024

## Nutrient Summary

Date(s): 02-01-2024 to 02-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	617.682		450 min / 600 max	Fail	17.682	Too much Calories (min: 617.68 of 450) (max: 617.68 of 600)
Protein (g)	20.987	13.591%				
Total Fat (g)	18.193	26.509%				
Saturated Fat (g)	7.254*	10.57%	< 10%	Fail	0.57	Too much Saturated Fat (10.57 of 10.00)
Trans Fat (g)	0.001*					
Carbohydrates (g)	92.026	59.594%				
Cholesterol (mg)	110.452*					
Sodium (mg)	776.784*		≤ 640	Fail	136.784	Too much Sodium (776.78 of 640.00)
Potassium (mg)	169.914*					
Fiber (g)	5.014*					
Sugars (g)	52.452*					
Iron (g)	2.436*					
Calcium (mg)	377.296*					
Vitamin A (IU)	654.214*					
Vitamin C (mg)	33.998*					
Vitamin D (mcg)	0.858*					

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 02-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories				57.457%	

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Menu Detail

Date: 02-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
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Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
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Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
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Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				575.564	87.241
% of Calories					60.63%

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Menu Detail

Date: 02-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
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Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
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Weighted Daily Average				581.683	83.554
% of Calories					57.457%

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Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				758.799	120.108
% of Calories					63.315%

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Weighted Daily Average				581.683	83.554
% of Calories					57.457%

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Total			5000		
Weighted Daily Average				575.564	87.241
% of Calories					60.63%

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Menu Detail

Date: 02-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
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Menu Detail

Date: 02-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
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Menu Detail

Date: 02-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

\* Indicates missing Nutrient Information.  
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				575.564	87.241
% of Calories					60.63%

\* Indicates missing Nutrient Information.  
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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	5000	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				758.799	120.108
% of Calories					63.315%

\* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

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Menu Detail

Date: 02-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				575.564	87.241
% of Calories					60.63%

\* Indicates missing Nutrient Information.  
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Menu Detail

Date: 02-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

\* Indicates missing Nutrient Information.  
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Menu Detail

Date: 02-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	5000	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				758.799	120.108
% of Calories					63.315%

\* Indicates missing Nutrient Information.  
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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

\* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	556.060	44.641
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.933	43.667
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				581.683	83.554
% of Calories					57.457%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.