Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year Menu: 2024-2025 High School Lunch Menu Number Source: Planned Dates: 02-01-2025 to 02-28-2025

Nutrient Summary

Date(s): 02-01-2025 to 02-28-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	791.567*		750 min / 850 max	Pass		
Protein (g)	29.431*	14.872%				
Total Fat (g)	21.571*	24.526%				
Saturated Fat (g)	6.179*	7.025%	< 10%	Pass		
Trans Fat (g)	0.026*					
Carbohydrates (g)	119.943*	60.61%				
Cholesterol (mg)	57.261*					
Sodium (mg)	1,057.870*		≤ 1280	Pass		
Potassium (mg)	460.237*					
Fiber (g)	9.699*					
Sugars (g)	62.479*					
Added Sugars (g)	0.693*	0.35%				
lron (g)	3.268*					
Calcium (mg)	399.622*					
Vitamin A (IU)	4,379.855*					
Vitamin C (mg)	52.974*					
Vitamin D (mcg)	0.294*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	i teeipe #			Culorice (neur)	Canson Janacoo (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800
Vegetables		•			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit		1		1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		1		1	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				764.883*	126.573*
% of Calories					66.192%

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Menu Detail

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1500	468.973	41.323
Vegetables		•		1	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		•	·		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				1	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total	· ·	·	5000		
Weighted Daily Average				764.427*	115.715*
% of Calories					60.55%

* Indicates missing Nutrient Information.

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	720.828	65.018
Vegetables					

Date: 02-05-2025

Date: 02-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		1	1	P	1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	1	1	1		1
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				852.037*	124.936*
% of Calories					58.653%

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Menu Detail

Date. 0						
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Lunch Entree Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and			1			
Carrots 2M/2G	1576693	1 serving	500	526.190	100.256	
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000	
Pizza, Domino's, Pepperoni 16'', WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000	
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000	
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000	
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009	
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900	
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109	
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862	
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*	
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000	
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617	
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1500	439.074	51.401	
Vegetables		····		1		
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000	
Fruit		•				
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000	
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.		1	-	1		
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Mustard Packet	78839	1 packet	200	5.000	0.000	
Ranch Packet	78784	1 packet	500	70.000	1.000	
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850	
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total			5000			
Weighted Daily Average				755.457*	118.738*	
% of Calories					62.87%	

* Indicates missing Nutrient Information.

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Date: 02-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbonydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526,190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975		100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976		400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	49.009
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2.5w/2.25G	1398973	0	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G		5			
	78992	1 serving	100 100	460.994 431.972*	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving			60.566*
Italian Pasta Salad 2M/4G (Updated)		1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	0	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables			= = =	(=	
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit			1000		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk				100.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	d maakat	1000	10.000	2.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average			•	779.87*	119.637*
% of Calories				•	61.362%

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Menu Detail

Date: 02-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	1500	451.684	31.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1500	5.040	1.069
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					-
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	1500	25.000	5.000
Total			5000		
Weighted Daily Average				773.5*	115.745*
% of Calories					59.855%
* Indiantea mianina Nutuinat Information					

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Menu Detail

Menu Detall				Duto	02-11-2025
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	1		1		
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1500	683.865	70.926
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1		1		
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				828.894*	124.596*
% of Calories					60.126%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693 1	serving	500	526.190	100.256

Date: 02-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal) C	arbohydrates (g)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G		1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930 1	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975 1	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976 1	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977 1	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956 1	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973 1	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992 1	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009 1	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	13813371	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	16246721	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735 1	l each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884 1	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037 1	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336
Vegetables				1 1	
Salad, Romaine, 3 Way, 1 cup	14182671	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824 0).5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041 ¹	/ ₂ cup	500	120.537	21.128
Fruit			-		
Fruit, Fresh, Assorted		1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625 0).5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632 1	l each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	12215391	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774 1		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	12215371	l each	3000	120.000	23.000
Misc.				T	
Ketchup Packet	78806 1	1 packet	1000	10.000	2.000
Mustard Packet	78839 1	1 packet	200	5.000	0.000
Ranch Packet	78784 1	1 packet	500	70.000	1.000
Ranch Dressing		l tablespoon	1000	27.101	0.850
Mayo Packet	79027 1	1 packet	500	60.000	1.000
Soy Sauce Packet	79044 1	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899 1	l packet	500	5.000	1.000
Sriracha Packet	79058 1	l each	200	9.000	1.701
Total			5000		
Weighted Daily Average				845.486*	114.831*
% of Calories					54.327%
* Indicates missing Nutrient Information.					

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit				-	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					

Date: 02-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				793.692*	120.927*
% of Calories					60.944%

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Menu Detail

Date: 02-18-2025

Menu Detall Dat					
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	0	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800
Vegetables	*	•	*	•	•
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit		•			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				759.635*	125.458*
				100.000	120.100

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	720.828	65.018
Vegetables				•	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit				-	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk				-	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				-	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average			•	852.037*	124.936*
% of Calories					58.653%
* Indicates missing Nutrient Information					

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Menu Detail

Date: 02-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1500	410.786*	50.692*
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit		P	1	1	1
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		l			
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000		4000	10.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				746.971*	118.525*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					63.47%

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables				_	-
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit		1			1
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
	4005774	4	500	400.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	78806	1 packet	1000	10.000	2.000
Ketchup Packet Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79027	1 packet	200	0.000	0.000
Soy Sauce Packet Hot Sauce (Del Sol)	79044	1	500	5.000	1.000
	79058	1 packet	200	9.000	1.701
Sriracha Packet	19038	1 each		9.000	1.701
Total			5000		
Weighted Daily Average				779.87*	119.637*
% of Calories					61.362%
* Indicates missing Nutrient Information.					

indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

			Plan	Calories	Carbohydrates
Recipe Name	Recipe #	Portion Size	Quantity	(kcal)	(g)
Lunch Entree				1	
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	1500	451.684	31.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000

Date: 02-24-2025

Date: 02-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				764.488*	113.924*
% of Calories					59.608%

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Menu Detail

Recipe Name	Recipe # Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	45700004	500	500.400	400.050
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693 1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955 1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930 1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975 1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976 1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977 1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956 1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973 1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992 1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009 1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337 1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672 1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735 1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884 1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602 1 serving/1 cup + garlic toast	1500	575.898	46.147
Vegetables			•	
Salad, Romaine, 3 Way, 1 cup	1418267 1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824 0.5 cup	3000	30.000	7.000
Fruit				
Fruit, Fresh, Assorted	78755 1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625 0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632 1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539 1 each	5000	60.000	14.000
Milk				
Milk, 1% Low Fat, Clearbrook Farms	1225774 1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537 1 each	3000	120.000	23.000
Misc.		1		
Ketchup Packet	78806 1 packet	1000	10.000	2.000
Mustard Packet	78839 1 packet	200	5.000	0.000
Ranch Packet	78784 1 packet	500	70.000	1.000
Ranch Dressing	78813 1 tablespoon	1000	27.101	0.850
Mayo Packet	79027 1 packet	500	60.000	1.000
Soy Sauce Packet	79044 1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899 1 packet	500	5.000	1.000
Sriracha Packet	79058 1 each	200	9.000	1.701
Total	·	5000		
Weighted Daily Average		1	796.505*	117.162*
% of Calories				58.838%
				00.00070

* Indicates missing Nutrient Information.

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Date: 02-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	Recipe #		n an œuantity		saisonyaiates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit		L	1000		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, 1% Low Fat, Clearbrook Farms Milk, Chocolate, Fat-free, Clearbrook Farms	1221537		3000	120.000	23.000
Mink, Chocolate, Fat-free, Clearbrook Farms Misc.	1221557	Teach	3000	120.000	23.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total		1	5000	1	
Weighted Daily Average				845.486*	114.831*
% of Calories					54.327%
* Indicated missing Nutriant Information					

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Menu Detail

Date: 02-27-2025

		1	1		
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					100.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G		5	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Shake Ramen (Chicken) 2M/2G	1328616	1 serving	1250	420.481	61.038
Shake Ramen (Tofu & Edamame) 2M/2G	1339144	1 serving	250	448.369	65.991
Vegetables	1				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				751.274*	121.877*
% of Calories				•	64.891%

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Menu Detail

Date: 02-28-2025

	1		Plan	Calories	Carbohydrates
Recipe Name	Recipe #	Portion Size	Quantity	(kcal)	(g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	460.994	45.862
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
Vegetables		•	•		
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	1		1	r	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	T			1	1
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	d maalaat	4000	10,000	2,000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200 500	5.000	0.000
Ranch Packet	78784	1 packet		70.000	
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				793.692*	120.927*
% of Calories					60.944%

* Indicates missing Nutrient Information.

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