

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 High School Lunch Menu

Number Source: Planned

Dates: 02-01-2024 to 02-29-2024

Nutrient Summary

Date(s): 02-01-2024 to 02-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	748.172*		750 min / 850 max	Fail	-1.828	Not enough Calories (min: 748.17 of 750) (max: 748.17 of 850)
Protein (g)	29.619*	15.835%				
Total Fat (g)	20.131*	24.216%				
Saturated Fat (g)	6.006*	7.225%	< 10%	Pass		
Trans Fat (g)	0.025*					
Carbohydrates (g)	112.171*	59.971%				
Cholesterol (mg)	54.837*					
Sodium (mg)	1,050.592*		≤ 1280	Pass		
Potassium (mg)	288.109*					
Fiber (g)	7.900*					
Sugars (g)	58.058*					
Iron (g)	3.473*					
Calcium (mg)	415.704*					
Vitamin A (IU)	2,314.814*					
Vitamin C (mg)	48.417*					
Vitamin D (mcg)	0.334*					

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1250	468.973	41.323
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	3000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				736.699*	110.434*
% of Calories					59.961%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	3000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				761.086*	114.778*
% of Calories					60.323%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	77.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	64.993	14.998
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				726.526*	116.61*
% of Calories					64.201%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1250	415.628*	50.794*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				710.333*	109.458*
% of Calories					61.638%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	698.990	31.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	20.215
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				785.853*	105.402*
% of Calories					53.65%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Shake Ramen (Chicken) 2M/2G	1328616	1 serving	1000	422.358	61.615
Shake Ramen (Tofu & Edamame) 2M/2G	1339144	1 serving	250	450.245	66.568
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				713.41*	112.411*
% of Calories					63.028%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				736.539*	110.359*
% of Calories					59.934%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	390.000	51.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1250	73.333	18.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				722.259*	114.01*
% of Calories					63.141%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	66.908
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	20.215
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				790.883*	114.296*
% of Calories					57.807%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1250	673.301	68.570
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				774.751*	113.902*
% of Calories					58.807%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				748.057*	111.434*
% of Calories					59.586%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	77.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				723.926*	116.01*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories				64.1%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	698.990	31.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	20.215
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				785.853*	105.402*
% of Calories					53.65%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1250	444.894	47.292
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				717.649*	108.583*
% of Calories					60.521%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				736.539*	110.359*
% of Calories					59.934%

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	390.000	51.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	64.993	14.998
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				779.859*	128.11*
% of Calories					65.709%

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	1250	576.244	46.216
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				750.487*	108.314*
% of Calories					57.73%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	66.908
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	20.215
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				790.883*	114.296*
% of Calories					57.807%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) 2M/2G	1408025	1 serving	500	505.950	95.823
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	57.659*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	48.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1250	468.973	41.323
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	0.000
Mustard Packet	78839	1 packet	250	5.000	0.000
Ranch Packet	78784	1 packet	1000	70.000	1.000
Mayo Packet	79027	1 packet	200	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Total			5000		
Weighted Daily Average				723.669*	107.09*
% of Calories					59.193%

* Indicates missing Nutrient Information.

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