## **Nutrient Detail Report**

**Organization:** Garden Grove USD **Session:** 2023-24 School Year

Menu: 2023-2024 Intermediate Lunch Menu

**Number Source:** Planned **Dates:** 02-01-2024 to 02-29-2024

## **Nutrient Summary**

**Date(s):** 02-01-2024 to 02-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	592.985*		600 min / 700 max	Fail	-7.015	Not enough Calories (min: 592.98 of 600) (max: 592.98 of 700)
Protein (g)	24.979*	16.849%				
Total Fat (g)	14.882*	22.587%				
Saturated Fat (g)	4.644*	7.049%	< 10%	Pass		
Trans Fat (g)	0.003*					
Carbohydrates (g)	90.503*	61.049%				
Cholesterol (mg)	41.694*					
Sodium (mg)	1,041.841*		≤ 1225	Pass		
Potassium (mg)	201.240*					
Fiber (g)	7.665*					
Sugars (g)	49.654*					
Iron (g)	3.044*					
Calcium (mg)	394.943*					
Vitamin A (IU)	4,287.332*					
Vitamin C (mg)	36.698*					
Vitamin D (mcg)	0.504*					

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			, <b>,</b>		<b>,</b> (g)
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables	1	1			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	_	T			
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk		L	1000	400.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 4-61	2000	20,000	4.000
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

Menu Detail Date: 02-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	recipe #	1 Ortion Oize	rian Quantity	Outories (Real)	Carbonyarates (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Beans, Pinto, Canned 1/2 cup	79014	0.5 cup	100	150.001	25.000
Fruit	-	T			
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk		Τ			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc. Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
	79027	1 packet	100	60.000	1.000
Mayo Packet	_	-			
Hot Sauce (Del Sol)	79899 79058	1 packet 1 each	1000 500	5.000 9.000	1.000 1.701
Sriracha Packet	+				
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				572.476	89.49
% of Calories					62.528%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	$^{1}/_{2}$ cup	100	64.993	14.998
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total	·	·	5000		·
Weighted Daily Average			•	593.209	92.33
% of Calories					62.258%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					, , , , , , , , , , , , , , , , , , , ,
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	1		1		
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total		,	5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

<sup>\*</sup> Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	78898	1 conting	500	430.424	75.085
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G		1 serving			
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	•		•		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total		<u>.                                      </u>	5000		
Weighted Daily Average				590.276	92.03
% of Calories				300.270	62.364%
70 of Galorido					02.00470

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1000	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	500	415.628*	50.794*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average		•		614.988*	93.282*
% of Calories					60.672%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	T	Т	T		
Milk, 1% Low Fat, Clearbrook Farms		1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 4-61	0000	00.000	4.000
Ketchup	78887	1 tablespoon	2000 1000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon		27.101	0.850
Mustard Packet	78839	1 packet	500 100	5.000	0.000
Mayo Packet	79027	1 packet		60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	•				, (0,
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	1	T	T	T T	
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	1 100===1	Ta .	1000	400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4.11	0000	00.000	4.000
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					62.364%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree		T		ı	
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1000	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Seasoned Chicken w/ Buttered Noodles w/ Dinner Roll 2M/3.25G (INT)	1463707	1 serving/1 CUP	500	537.855	58.776*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit		Τ			
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	4005774	d b	4000	400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	78887	1 tablespoon	2000	20.000	4.000
Ketchup Dressing, Ranch	78813		1000	27.101	
Mustard Packet	78839	1 tablespoon	500	5.000	0.850 0.000
	79027	1 packet	100	60.000	1.000
Mayo Packet	79027	1 packet	1000	5.000	1.000
Hot Sauce (Del Sol)		1 packet			
Sriracha Packet	79058	1 each	500 500	9.000	1.701 0.000
Soy Sauce Packet	79044	1 packet			
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				627.211	94.08*
% of Calories					59.999%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree	Lunch Entree									
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085					
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000					
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000					
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000					
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600					
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460					
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535					
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617					
Vegetables										
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077					
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535					
Fruit										
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000					

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	<u>.</u>				
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000	_	
Weighted Daily Average	•	•		569.476	88.99
% of Calories					62.506%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	1100.00			Taiones (near)	- can borry an acco (g)
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables	1		•		1
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	1 -				
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	1,00===,		1000	100.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 4-61	0000	00.000	4.000
Ketchup	78887	1 tablespoon	2000 1000	20.000 27.101	4.000 0.850
Dressing, Ranch	78813	1 tablespoon			
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		1
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables			•		
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit		,			
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.			0000	00.000	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03
% of Calories					62.364%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	i itecipe #	. Ortion Oize	i ian Quantity	- Calories (Real)	Carbonyarates (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	T	1	1		
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree	unch Entree									
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085					
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000					
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000					
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000					
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600					
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460					
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535					
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617					
Vegetables										

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077	
Corn, Yellow, Canned 1/2 cup	78932	$^{1}/_{2}$ cup	100	64.993	14.998	
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535	
Fruit						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000	
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998	
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000	
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000	
Misc.			T			
Ketchup	78887	1 tablespoon	2000	20.000	4.000	
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850	
Mustard Packet	78839	1 packet	500	5.000	0.000	
Mayo Packet	79027	1 packet	100	60.000	1.000	
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000	
Sriracha Packet	79058	1 each	500	9.000	1.701	
Soy Sauce Packet	79044	1 packet	500	0.000	0.000	
Pickles	78984	1 serving	5000	1.667	0.000	
Total			5000			
Weighted Daily Average				593.209	92.33	
% of Calories					62.258%	

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	1100.00.	. 0.00.	1	Taionico (iloai)	cancerijanance (g)
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267		2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit			,		
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	_	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk			,		
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.		I		22.222	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000	586.972	
Weighted Daily Average					86.385
% of Calories					58.868%

<sup>\*</sup> Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	recipe #	1 Ortion Oize	r lan Quantity	Calories (Real)	Carbonyarates (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables		_			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit		T		1	
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	1,00===1	T	4000	400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc. Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79038	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
	70304	I serving		1.007	0.000
Total			5000	500.070	00.00
Weighted Daily Average				590.276	92.03
% of Calories					62.364%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Lunch Entree							
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000		
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000		
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1000	440.000	47.000		
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000		
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460		
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535		
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368		
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000		
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617		
Meatballs (7 pcs) with Marinara Sauce & Garlic Knot Roll 2M/2G (ATP/INT)	1153151	1 serving/7 meatballs + roll	500	399.201	34.135		
Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000		
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077		
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535		
Fruit							
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000		
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998		
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000		
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000		
Misc.							
Ketchup	78887	1 tablespoon	2000	20.000	4.000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				613.345	91.616
% of Calories					59.749%

<sup>\*</sup> Indicates missing Nutrient Information.