

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2024-2025 School Year

Menu: 2024-2025 Elementary Breakfast Menu

Number Source: Planned

Dates: 02-01-2025 to 02-28-2025

Nutrient Summary

Date(s): 02-01-2025 to 02-28-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	452.138		400 min / 500 max	Pass		
Protein (g)	15.616	13.815%				
Total Fat (g)	7.498*	14.925%				
Saturated Fat (g)	2.884	5.741%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	81.193	71.83%				
Cholesterol (mg)	40.661					
Sodium (mg)	465.542		≤ 540	Pass		
Potassium (mg)	444.718*					
Fiber (g)	4.339					
Sugars (g)	57.092					
Added Sugars (g)	2.072*	1.833%				
Iron (g)	2.740*					
Calcium (mg)	480.778*					
Vitamin A (IU)	951.152*					
Vitamin C (mg)	38.741*					
Vitamin D (mcg)	1.080*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 02-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	54.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				522.496	100.174
% of Calories					76.689%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	77.774
% of Calories					69.056%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				282.496	56.974
% of Calories					80.673%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Fruit "Froot" Loops Waffles 2G	1721435	1 package	4000	180.000	32.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				426.496	82.574
% of Calories					77.444%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Syrup Cup	78716	1 each	5000	120.000	30.000
Total			5000		
Weighted Daily Average				594.496	101.907
% of Calories					68.567%

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Menu Detail

Date: 02-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				442.496	84.174
% of Calories					76.09%

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Menu Detail

Date: 02-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	23.160
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				436.096	75.502
% of Calories					69.253%

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Menu Detail

Date: 02-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				456.896	84.694
% of Calories					74.147%

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Menu Detail

Date: 02-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				450.496	84.974
% of Calories					75.449%

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Menu Detail

Date: 02-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Bar, Banana Chocolate 2G	78768	1 each	4000	280.000	48.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				506.496	95.374
% of Calories					75.321%

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Menu Detail

Date: 02-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	20.794
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				465.653	73.609
% of Calories					63.231%

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Menu Detail

Date: 02-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Fruit "Froot" Loops Waffles 2G	1721435	1 package	4000	180.000	32.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				426.496	82.574
% of Calories					77.444%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	150.000	13.500
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				402.496	67.774
% of Calories					67.354%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				442.496	84.174
% of Calories					76.09%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	77.774
% of Calories					69.056%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				456.896	84.694
% of Calories					74.147%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	84.974
% of Calories					75.449%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 02-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Turkey Sausage Egg Bites (2 pcs) 3M	1587727	1 serving/2 pcs	4000	240.000	6.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				474.496	61.774
% of Calories					52.076%

* Indicates missing Nutrient Information.

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