## **Nutrient Detail Report**

**Organization:** Garden Grove USD **Session:** 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

**Number Source:** Planned **Dates:** 02-01-2025 to 02-28-2025

## **Nutrient Summary**

Date(s): 02-01-2025 to 02-28-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	498.509		400 min / 550 max	Pass		
Protein (g)	13.764	11.044%				
Total Fat (g)	12.852	23.203%				
Saturated Fat (g)	5.102	9.211%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	83.514	67.011%				
Cholesterol (mg)	60.220*					
Sodium (mg)	448.601		≤ 600	Pass		
Potassium (mg)	183.728*					
Fiber (g)	4.667*					
Sugars (g)	52.604*					
Added Sugars (g)	4.643*	3.725%				
Iron (g)	2.055*					
Calcium (mg)	290.725*					
Vitamin A (IU)	616.458*					
Vitamin C (mg)	28.950*					
Vitamin D (mcg)	0.520*					

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted		0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000				
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000				
Milk				ı	ı				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000				
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000				
Misc.									
Ketchup	78887	1 tablespoon	200	20.000	4.000				
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000				
Total			1000						
Weighted Daily Average				498.509	83.514				
% of Calories					67.011%				

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories	•				67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-05-2025

	<i></i>		L		
Recipe Name Breakfast Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
	78727		25	478.320	39.690
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G		1 serving			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500		50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			•	498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calorine (kost)	Carbohydrates (g)
Breakfast Entree	recipe #	FOI GOIL SIZE	ir ian Quantity	calories (kcal)	carbonydrates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail Date: 02-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Breakfast Entree										
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667					
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274					
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139					
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690					
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200					
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331					
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331					
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000					
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500					
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000					
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500					
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286					
Fruit										
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974					
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories	•				67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	ı		ı	1	1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average		<u>-</u>		498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				,	
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
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Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
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Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	•				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	•				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total	•		1000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
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Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					•
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit	•				
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				· · · · · ·	, (6/
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted		0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	ı			1	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				<u> </u>	<b>J</b> (6)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	_				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average	·			498.509	83.514
% of Calories		,			67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-24-2025

Recipe Name         Recipe           Breakfast Entree         161743           Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G         161743           Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G         79884           Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G         78775           Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G         78727           Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G         78746           Homemade Banana Bread Muffin 2G         143456	30 1 serving/2 links + 3 fre 4 1 each 5 1 serving 7 1 serving 6 1 serving 00 1 each		360.000 421.741 534.275 478.320 586.477	48.667 26.274 46.139 39.690
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G         161743           Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G         79884           Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G         78775           Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G         78727           Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G         78746	1 1 each 5 1 serving 7 1 serving 6 1 serving 50 1 each	25 25 25 25 25	421.741 534.275 478.320	26.274 46.139 39.690
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G         79884           Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G         78775           Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G         78727           Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G         78746	1 1 each 5 1 serving 7 1 serving 6 1 serving 50 1 each	25 25 25 25 25	421.741 534.275 478.320	26.274 46.139 39.690
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G         78775           Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G         78727           Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G         78746	5 1 serving 7 1 serving 6 1 serving 00 1 each	25 25 25	534.275 478.320	46.139 39.690
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G  Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G  78746	7 1 serving 6 1 serving 00 1 each	25 25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746	1 serving 00 1 each	25		
, , , , , , , , , , , , , , , , , , , ,	00 1 each		586.477	
Homomado Banana Broad Muffin 2G		50		43.200
Total and the activities activities and the activities and the activit		30	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G 143450	01 1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843	3 1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G 78866	3 1 each	400	285.000	47.500
Pan Dulce, Assorted 2G 78803	3 1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G 7882	1 1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G 78643	3 1 serving	25	187.143	23.286
Fruit				
Fruit, Fresh, Assorted (BKF) 78657	7 1 each	400	81.357	20.974
Fruit Cup, Assorted 78625	5 0.5 cup	200	82.200	19.800
Dried Fruit, Assorted 78632	2 1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms 122153	39 1 each	700	60.000	14.000
Milk		<u>.</u>		
Milk, 1% Low Fat, Clearbrook Farms	74 1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms 122153	37 1 each	400	120.000	23.000
Misc.		<u> </u>		
Ketchup 78887	7 1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol) 79899	9 1 packet	100	5.000	1.000
Total		1000		
Weighted Daily Average	· · · · · · · · · · · · · · · · · · ·		498.509	83.514
% of Calories	· · · · · · · · · · · · · · · · · · ·		<u> </u>	67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 02-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average	•			498.509	83.514
% of Calories		·			67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree			,	<u> </u>	(g/
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	1		ı	ı	ı
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

<sup>\*</sup> Indicates missing Nutrient Information.

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Menu Detail Date: 02-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	•			•	

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000		
Misc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000		
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000		
Total 1000							
Weighted Daily Average 498.509					83.514		
% of Calories					67.011%		

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 02-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000				
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000				
Milk									
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000				
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000				
Misc.			T		T				
Ketchup	78887	1 tablespoon	200	20.000	4.000				
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000				
Total 1000									
Weighted Daily Average				498.509	83.514				
% of Calories					67.011%				

<sup>\*</sup> Indicates missing Nutrient Information.

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