



February

PRESCHOOL BREAKFAST & LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Heart Healthy Tips

- ♥ Exercise as a family; ride bikes, take a walk, or play games outside.
- ♥ Have healthy options readily available like sliced fruit and cut up veggies in your fridge.
- ♥ Involve your kids in cooking and planning meals. Enjoy meals together as a family.



1

Breakfast

Trix Yogurt with Mini Banana Muffin

Lunch

Breaded Popcorn Chicken
Green Salad
Fresh Apple Slices

2

Breakfast

Fun n' Fruiti
Belgian Waffle

Lunch

Teriyaki Chicken with
Vegetable Fried Rice
Steamed Mixed Vegetables
Chilled Fruit Cup

3

Breakfast

Waffle Battered Chicken
Bites & Syrup

Lunch

Cheese French Bread Pizza
Edamame
Fresh Orange Slices

6

Breakfast

Cereal with String Cheese

Lunch

Chicken Corn Dog
Steamed Corn
Chilled Diced Peaches

7

Breakfast

Turkey Sausage Pizza

Lunch

Cheesy Pull Apart Bread with
Marinara Sauce Cup
Jicama Sticks
Fresh Banana

8

Breakfast

Trix Yogurt with Mini
Banana Muffin

Lunch

Chicken Tenders
Seasoned Potato Wedges
Fresh Apple Slices

9

Breakfast

Mini Chocolate Chip
French Toast Bites

Lunch

Seasoned Chicken with Buttered
Noodles
Steamed Mixed Vegetables
Chilled Fruit Cup

LOVE

10

Breakfast

Pork Sausage Links*
with Pancake & Syrup

Lunch

Cheese Personal Pizza
Edamame
Fresh Orange Slices

ADDITIONAL MENU INFO

Breakfast is served with choice of fruit, 100% fruit juice, and 1% low-fat unflavored milk.

Lunch is served with a variety of fruits & vegetables, and 1% low-fat unflavored milk.



School Breakfast and Lunch are Available to All GGUSD Students at No Charge!



Lincoln Day

13

Valentine's Day

Breakfast

Cereal with String Cheese

Lunch

Mini Cheeseburgers
Steamed Corn
Chilled Diced Peaches

14

Breakfast

Bagel Cheese Pizza

Lunch

Spaghetti with Meat Sauce with
Cheesy Breadstick
Green Salad
Fresh Apple Slices

15

Breakfast

Fun n' Fruiti
Belgian Waffle

Lunch

Chicken Nuggets with Emoji
Waffle
Steamed Mixed Vegetables
Chilled Fruit Cup

16

Breakfast

Waffle Battered Chicken
Bites & Syrup

Lunch

Turkey Taco Pocket
Edamame
Fresh Orange Slices

17



20

Breakfast

Cereal with String Cheese

Lunch

Chicken Double Dogs
Steamed Corn
Chilled Diced Peaches

21

Breakfast

Trix Yogurt with Mini
Banana Muffin

Lunch

Macaroni and Cheese
Green Salad
Fresh Apple Slices

22

Breakfast

Mini Chocolate Chip
French Toast Bites

Lunch

Beef Soft Taco
Steamed Mixed Vegetables
Chilled Fruit Cup

23

Breakfast

Pork Sausage Links* with
Pancake & Syrup

Lunch

Sicilian Cheese Calzone
Edamame
Fresh Orange Slices

24

Breakfast

Cereal with String Cheese

Lunch

Chicken Nuggets
Steamed Corn
Chilled Diced Peaches

27

Breakfast

Turkey Sausage Pizza

Lunch

Pork Sausage Patties with
Belgian Waffle
Jicama Sticks
Fresh Banana

28



Adult/Non-GGUSD
Student/Ala Carte Pricing
Breakfast: \$3.00
Lunch: \$5.00

* =CONTAINS PORK



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This institution is an equal opportunity provider. Menu is subject to change depending on product availability.