

# Nutrient Detail Report

**Organization:** Garden Grove USD

**Session:** 2024-2025 School Year

**Menu:** 2024-2025 Elementary Lunch Menu

**Number Source:** Planned

**Dates:** 01-07-2025 to 01-31-2025

## Nutrient Summary

**Date(s):** 01-07-2025 to 01-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	646.056		600 min / 650 max	Pass		
Protein (g)	28.254*	17.493%				
Total Fat (g)	17.629*	24.558%				
Saturated Fat (g)	5.982*	8.333%	< 10%	Pass		
Trans Fat (g)	0.027*					
Carbohydrates (g)	94.241*	58.349%				
Cholesterol (mg)	54.942*					
Sodium (mg)	880.460		≤ 1110	Pass		
Potassium (mg)	271.931*					
Fiber (g)	5.656*					
Sugars (g)	56.975*					
Added Sugars (g)	4.047*	2.506%				
Iron (g)	2.727*					
Calcium (mg)	511.583*					
Vitamin A (IU)	1,886.838*					
Vitamin C (mg)	25.048*					
Vitamin D (mcg)	0.706*					

\* Indicates missing Nutrient Information.

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## Menu Detail

**Date:** 01-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	16000	272.000	31.300

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Tortilla Chips &amp; Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G</b>	83060	1 serving	2000	560.000	44.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	2000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	10000	1.667	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				562.862	85.637
<b>% of Calories</b>					60.858%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	16000	190.000	13.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	309.100	32.800
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Desserts</b>					
Mini Rice Krispies Treat 0.25G	79188	1 each	20000	50.000	9.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				514.997	77.651
<b>% of Calories</b>					60.312%

\* Indicates missing Nutrient Information.

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## Menu Detail

**Date:** 01-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	16000	361.061	29.126*
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	2000	340.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				619.288	84.656*
<b>% of Calories</b>					54.68%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	18000	260.000	29.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	5000	108.996	19.872
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Marinara Sauce Cup	78948	1 each	18000	15.000	3.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				553.508	87.745
<b>% of Calories</b>					63.41%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Double Dogs 2M/2G	78987	1 each	16000	260.000	31.500
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	2000	560.000	44.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	2000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				552.43	85.548
<b>% of Calories</b>					61.943%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
"Walking" Beef Taco w/ Doritos Chips 2.5M/2G	1424957	1 serving/#12 scoop meat + chips	16000	342.048	33.733
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	2000	380.000	25.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Salsa	78943	1 tablespoon	5000	3.666	0.733
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				605.621	87.312
<b>% of Calories</b>					57.668%

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## Menu Detail

Date: 01-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	16000	390.000	51.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	309.100	32.800
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Grains</b>					
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				725.311	113.045
<b>% of Calories</b>					62.343%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	16000	299.876	51.253
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	2000	340.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				570.34	102.357
<b>% of Calories</b>					71.787%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	14000	350.000	35.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	18.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	66.667	16.667
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				625.1	92.349
<b>% of Calories</b>					59.094%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Tenders, 4 pcs (Secondary) 2.25M/2G	78711	1 serving/4 pcs	16000	300.000	20.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	309.100	32.800
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	2000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
<b>Desserts</b>					
Brownie Cup, Whole Grain, Dave's Baking Company 0.5G	79216	1 each	20000	147.633	26.291



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				706.972	101.767
<b>% of Calories</b>					57.579%

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## Menu Detail

**Date:** 01-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	16000	278.000	32.500
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Celery Sticks, 1/2 cup	79050	0.5 cup	1000	7.070	1.500
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Grains</b>					
White Nacho Cheese Doritos 1.5G	1721104	1 each	20000	130.000	20.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Cheese Slice 0.5M	79062	1 slice	20000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			20000		
Weighted Daily Average				690.421	101.96
% of Calories					59.071%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Meatballs (5 pcs) with Marinara Sauce & Garlic Knot Roll 2M/2G	1149970	1 serving/5 meatballs + garlic knot	16000	333.104	33.495
Strawberry Jelly & Wowbutter Sandwich with String Cheese 2M/1G	1596922	1 serving	20000	380.000	25.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				942.922	110.051
% of Calories					46.685%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	16000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	2000	350.000	35.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	5000	108.996	19.872
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				621.008	90.445
<b>% of Calories</b>					58.257%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Corn Dog 2M/2G	78802	1 each	16000	280.000	31.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	2000	309.100	32.800
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	2000	52.480	11.152
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				543.34	84.028
<b>% of Calories</b>					61.86%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	16000	570.000	30.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	2000	560.000	44.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Syrup Cup	78716	1 each	16000	120.000	30.000
<b>Total</b>			20000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Weighted Daily Average</b>				899.046	109.594
<b>% of Calories</b>					48.76%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Chicken Nuggets, "Zoo Crew" Animal-Shaped 2M/1.25G	78830	1 serving/3 nuggets	18000	220.000	12.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Potato Smiles, 1/2 cup	79075	1 serving/4 pieces	20000	130.000	20.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				610.087	85.771
<b>% of Calories</b>					56.235%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	16000	290.015	32.002
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	2000	340.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Fruit Juice Jello Cups, Assorted	1338535	1 each	5000	80.000	19.667
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	23.800
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				722.745	113.701
<b>% of Calories</b>					62.927%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 01-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ Granola & String Cheese 2M/2G	1687179	1 serving	2000	410.000	58.000
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	4000	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	14000	310.000	31.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	16000	120.000	23.000
<b>Misc.</b>					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
<b>Total</b>			20000		
<b>Weighted Daily Average</b>				563.009	82.726
<b>% of Calories</b>					58.774%

\* Indicates missing Nutrient Information.

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