

# Nutrient Detail Report

**Organization:** Garden Grove USD

**Session:** 2024-2025 School Year

**Menu:** 2024-2025 High School Breakfast Menu

**Number Source:** Planned

**Dates:** 01-07-2025 to 01-31-2025

## Nutrient Summary

**Date(s):** 01-07-2025 to 01-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	590.758		450 min / 600 max	Pass		
Protein (g)	17.686	11.975%				
Total Fat (g)	15.224	23.193%				
Saturated Fat (g)	6.051	9.219%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	96.298	65.203%				
Cholesterol (mg)	81.980*					
Sodium (mg)	598.753		≤ 640	Pass		
Potassium (mg)	195.923*					
Fiber (g)	5.861*					
Sugars (g)	61.763*					
Added Sugars (g)	4.528*	3.066%				
Iron (g)	2.003*					
Calcium (mg)	342.538*					
Vitamin A (IU)	749.002*					
Vitamin C (mg)	36.182*					
Vitamin D (mcg)	0.270*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

**Date:** 01-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				578.566	94.636
<b>% of Calories</b>					65.428%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

**Date:** 01-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				594.241	96.773
% of Calories					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.241	96.773
% of Calories					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

# Menu Detail

Date: 01-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

# Menu Detail

Date: 01-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				578.566	94.636
<b>% of Calories</b>					65.428%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

**Date:** 01-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				594.241	96.773
% of Calories					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.566	94.636
% of Calories					65.428%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

# Menu Detail

Date: 01-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

# Menu Detail

Date: 01-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				578.566	94.636
% of Calories					65.428%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 01-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				594.241	96.773
% of Calories					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

# Menu Detail

Date: 01-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	534.275	46.139
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 serving/12 oz cup + Pretzels	600	330.362	59.277
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
<b>Total</b>			5000		
<b>Weighted Daily Average</b>				594.241	96.773
<b>% of Calories</b>					65.14%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.