

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

Number Source: Planned

Dates: 01-07-2025 to 01-31-2025

Nutrient Summary

Date(s): 01-07-2025 to 01-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	498.509		400 min / 550 max	Pass		
Protein (g)	13.764	11.044%				
Total Fat (g)	12.852	23.203%				
Saturated Fat (g)	5.102	9.211%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	83.514	67.011%				
Cholesterol (mg)	60.220*					
Sodium (mg)	448.601		≤ 600	Pass		
Potassium (mg)	183.728*					
Fiber (g)	4.667*					
Sugars (g)	52.604*					
Added Sugars (g)	4.643*	3.725%				
Iron (g)	2.055*					
Calcium (mg)	290.725*					
Vitamin A (IU)	616.458*					
Vitamin C (mg)	28.950*					
Vitamin D (mcg)	0.520*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 01-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 01-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
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Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
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Menu Detail

Date: 01-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
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Menu Detail

Date: 01-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
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Menu Detail

Date: 01-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
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Menu Detail

Date: 01-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
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Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
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Menu Detail

Date: 01-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
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Misc.					
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Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
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Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
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Milk					
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Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
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Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
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Menu Detail

Date: 01-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
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Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
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Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
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Menu Detail

Date: 01-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 01-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 01-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

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Menu Detail

Date: 01-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	421.741	26.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	25	534.275	46.139
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	25	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				498.509	83.514
% of Calories					67.011%

* Indicates missing Nutrient Information.

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