Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year

Menu: 2024-2025 Intermediate Lunch Menu

Number Source: Planned

Dates: 01-07-2025 to 01-31-2025

Nutrient Summary

Date(s): 01-07-2025 to 01-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	654.902*		600 min / 700 max	Pass		
Protein (g)	27.562*	16.834%				
Total Fat (g)	17.517*	24.073%				
Saturated Fat (g)	5.253*	7.219%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	96.188*	58.75%				
Cholesterol (mg)	51.642*					
Sodium (mg)	971.833*		≤ 1225	Pass		
Potassium (mg)	324.433*					
Fiber (g)	6.944*					
Sugars (g)	43.211*					
Added Sugars (g)	0.449*	0.274%				
Iron (g)	3.367*					
Calcium (mg)	354.471*					
Vitamin A (IU)	2,030.493*					
Vitamin C (mg)	36.853*					
Vitamin D (mcg)	0.326*					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 01-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	463.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	1000	52.480	11.152
Fruit		_			
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total	·	·	5000		
Weighted Daily Average				747.52*	103.725*
% of Calories					55.503%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 01-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	•		•		
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables		_			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit	T	T			
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	T	_			
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				632.982	92.441
% of Calories			_		58.416%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 01-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	25	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	100	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	50	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	25	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	25	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	50	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	25	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	100	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267		200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit			1000		00.074
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.			1000	22.222	
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total		-	5000	_	
Weighted Daily Average				553.439*	83.153*
% of Calories					60.099%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 01-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267		200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	500	108.996	19.872
Fruit	ı				l .
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	ı				T
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	ı				T.
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				640.787	93.824
% of Calories				-	58.568%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 01-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup		1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	1				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	1				
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				586.92	86.277
% of Calories				•	58.8%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			1		
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	463.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit	1	1	T	T T	
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk		T	T	I	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	70007	14	1000	00.000	4.000
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average			•	741.624*	102.594*
% of Calories					55.335%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables	•	· ·			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms		1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	T		Ī		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average			-	632.57	92.416
% of Calories					58.439%

^{*} Indicates missing Nutrient Information.

Lunch Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	<u> </u>			, ,	, (0)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	25	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	100	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	50	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	25	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	25	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	50	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	25	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	100	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit	_		1		
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	1		T		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.			T		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average			•	553.439*	83.153*
% of Calories				•	60.099%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			_		-
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup		1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	1000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit		1			
Fruit, Fresh, Assorted (BKF)		1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	10000	66.667	16.667
Milk	1001	I		400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	78887	1 tableanean	1000	20.000	4.000
Ketchup		1 tablespoon			
Ranch Dressing	78813 78839	1 tablespoon	1000 100	27.101 5.000	0.850 0.000
Mustard Packet	79027	1 packet	500	60.000	1.000
Mayo Packet		1 packet			
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000 1.701
Sriracha Packet	79058	1 each	100	9.000	
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				784.221	128.568
% of Calories					65.578%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree		1		, , ,	, (0,
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	463.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	$^{1}/_{2}$ cup	5000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk		T			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.		T	1		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average			•	789.504*	112.646*
% of Calories					57.072%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Celery Sticks, 1/2 cup	79050	0.5 cup	1000	7.070	1.500
Fruit		1			
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk		T .			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.		1	1000		4.000
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				631.302	92.137
% of Calories					58.379%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			· ·	, ,	, (0)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	25	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	100	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	50	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	25	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	25	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	50	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	25	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	100	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.			1		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				553.439*	83.153*
% of Calories					60.099%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	1000	108.996	19.872
Fruit	,				
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	1				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.			1000		4.000
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				651.687	95.811
% of Calories					58.808%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables			1	1	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	5000	52.480	11.152
Fruit	T	Τ	T	T	
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	1005774	I4 1	500	400.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc. Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	1000	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
	79899	1 packet	500	5.000	1.000
Hot Sauce (Del Sol) Sriracha Packet		 		9.000	
	79058 79044	1 each	100 100	0.000	1.701 0.000
Soy Sauce Packet	1 3044	1 packet		0.000	0.000
Total			5000	000.00:	2- 12-
Weighted Daily Average				628.904	95.199
% of Calories					60.549%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	463.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average			•	738.584*	101.872*
% of Calories					55.172%

^{*} Indicates missing Nutrient Information.

Lunch Entree		Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk		1	1		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.		T.	ı		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average			•	632.982	92.441
% of Calories					58.416%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			· ·	, ,	, (0)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	25	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	100	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	50	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	25	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	25	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	50	503.719	61.109
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	25	431.972*	60.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	100	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.			1		
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				553.439*	83.153*
% of Calories					60.099%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	•			, ,	, (0)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	200	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	5000	105.000	16.992
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	T				
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.	70007	4	4000	00.000	4.000
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total		·	5000		
Weighted Daily Average				734.888	108.829
% of Calories					59.235%

^{*} Indicates missing Nutrient Information.