

Elementary Breakfast and Lunch Menu

January



Important Food Services Update



We are experiencing nationwide supply chain issues with last minute item replacement and/or shortages from our vendors and distributors.

Menus are subject to change, however, we will do our best to offer the planned menu items.

We appreciate your patience and understanding.

January 3

Breakfast
Banana Chocolate Chunk
Breakfast Bar

Lunch
Nacho Cheese Cup with
Tortilla Chips
or
Yogurt & Granola

Mini Rice Krispies Treat

January 4

Breakfast
Breakfast Turkey Sausage
Pizza

Lunch
Breaded Chicken Patty
Sandwich
or
Yogurt & Granola

January 5

Breakfast
Assorted Pan Dulce

Lunch
Pork Sausage
Patties* (2 pcs) with
French Toast (1 pc)
or
Yogurt & Granola

January 6

Breakfast
Mini Chocolate Chip French
Toast Bites

Lunch
Cheese or Pepperoni* French
Bread Pizza
or
Yogurt & Granola

January 7

Breakfast
Waffle Battered Chicken
Chunks (6 pcs) & Syrup

Lunch
Turkey Taco Pocket
or
Yogurt & Granola

January 10

Breakfast
Honey Oatmeal Bun

Lunch
Breaded Chicken Tenders
(3 pcs)
or
Yogurt & Granola

January 11

Breakfast
Bagel Cheese Pizza

Lunch
Cheesy Pull Apart Bread with
Marinara Sauce Cup
or
Yogurt & Granola

January 12

Breakfast
Oatmeal Chocolate Chip
Breakfast Bar

Lunch
Chicken Corn Dog
or
Yogurt & Granola

January 13

Breakfast
Colby Cheese Omelet with
Mini Chocolate Chip Muffin

Lunch
Spaghetti with Meat Sauce &
Cheesy Breadstick
or
Yogurt & Granola

January 14

**No
School**

Non-Student Day

Available Daily

Breakfast

All breakfast meals are served with choices of fruit, 100% fruit juice, 1% low-fat white milk & fat-free chocolate milk. Reduced sugar cereal are offered daily with string cheese.

Lunch

All lunch meals are served with choices from the fruit & vegetable bar with produce from locally grown farms including dark green, red/orange, starchy vegetables & legumes, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk.



This institution is an equal opportunity provider.

January 17

Martin Luther King, Jr.

1929
1968



1964
Awarded
Nobel Peace
Prize

No School

January 18

Breakfast
Assorted Pan Dulce

Lunch
Breaded Chicken Drumstick
or
Yogurt & Granola

Chocolate Chip Cookie

January 19

Breakfast
Assorted Trix Yogurt with
Mini Banana Muffin

Lunch
Macaroni and Cheese
or
Yogurt & Granola

Brownie Cup

January 20

Breakfast
Mini Strawberry Pancakes

Lunch
Hamburger/Cheeseburger
or
Yogurt & Granola

Baked Doritos
(Cool Ranch Flavor) **NEW**

January 21

Breakfast
Waffle Battered Chicken
Chunks (6 pcs) & Syrup

Lunch
Cheese or Pepperoni* Pizza
Sliders (2 pcs)
or
Yogurt & Granola



New Year's Eve Word Search

O	N	N	T	Y	R	A	U	N	A	J	I
U	H	W	H	T	R	K	X	T	H	V	D
D	L	O	T	L	R	D	N	U	M	M	K
A	R	D	H	W	E	L	B	E	W	Y	V
O	A	T	G	Q	S	W	I	N	B	U	N
M	D	N	I	R	O	B	F	H	Q	R	O
A	N	U	N	P	L	O	H	D	Y	Z	I
E	E	O	D	P	U	U	U	H	E	T	T
M	L	C	I	A	T	T	M	M	A	C	A
I	A	L	M	R	I	U	E	C	R	Y	R
T	C	J	T	T	O	N	V	K	X	H	B
C	R	K	T	Y	N	K	B	G	F	W	E
L	K	A	X	C	G	F	S	G	P	E	L
O	T	S	H	E	Y	S	K	E	Q	A	E
C	I	H	O	U	R	G	L	A	S	S	C
K	B	F	Y	Z	B	W	T	S	R	I	F

CALENDAR
CLOCK
MIDNIGHT
COUNTDOWN
RESOLUTION
PARTY

JANUARY
HOURGLASS
FIRST
YEAR
TIME
CELEBRATION



January 24

Breakfast
Cinnamon Crumb Square

Lunch
Chicken Nuggets (5 pcs)
or
Yogurt & Granola

Fun & Fitness
Crackers **NEW**

January 25

Breakfast
Breakfast Turkey Sausage
Pizza

Lunch
Beef Soft Taco
or
Yogurt & Granola

January 26

Breakfast
Breakfast Chocolate Chunk
Breakfast Bar

Lunch
Chicken Double Dogs
or
Yogurt & Granola

January 27

Breakfast
Colby Cheese Omelet with
Mini Chocolate Chip Muffin

Lunch
Orange Popcorn Chicken
with Vegetable Fried Rice
or
Yogurt & Granola

January 28


Breakfast
Pork Sausage Links* (2 pcs)
with Pancake (1) & Syrup

Lunch
Enchilada Taquito
or
Yogurt & Granola

January 31

Breakfast
Assorted Pan Dulce


Lunch
Mini Cheeseburger Sliders
or
Yogurt & Granola



All Grain Products are
either Whole Grain or
51% Whole Wheat.
* = Food Contains Pork
Menu is Subject to
Change.

WORD OF THE MONTH

Forgiveness



1. has to do with making
a decision to free
yourself from holding on
to resentment and
feelings of revenge
toward someone who
hurt you.



TAKE 5!

1. Grain 2. Vegetable 3. Fruit



4. Milk 5. Meat or Meat Alternate

**CHOOSE AT LEAST 3, INCLUDING:
1/2 CUP OF FRUIT OR VEGETABLE AND
AT LEAST TWO OTHER FULL COMPONENTS**

5 FOR BEST NUTRITION, CHOOSE ALL 5!