

# Jordan ATP Breakfast and Lunch Menu

# January



## Important Food Services Update



We are experiencing nationwide supply chain issues with last minute item replacement and/or shortages from our vendors and distributors.

Menus are subject to change, however, we will do our best to offer the planned menu items.

We appreciate your patience and understanding.

**January 3**

**Breakfast**  
Banana Chocolate Chunk  
Breakfast Bar  
& String Cheese

**Lunch**  
Mini Cheeseburger Sliders  
Green Salad  
Yellow Corn  
Chilled Fruit Cup  
Mini Rice Krispies Treat

**January 4**

**Breakfast**  
Breakfast Turkey Sausage  
Pizza (2 pcs)

**Lunch**  
Breaded Chicken Patty  
Sandwich  
Green Salad  
Seasoned Potato Wedges  
Fresh Banana

**January 5**

**Breakfast**  
Assorted Pan Dulce & Trix  
Yogurt

**Lunch**  
Pork Sausage  
Patties\* (2 pcs) with  
French Toast (2 pcs)  
Green Salad  
Yellow Corn  
Fresh Apple Slices

**January 6**

**Breakfast**  
Mini Chocolate Chip French  
Toast Bites & String Cheese

**Lunch**  
Cheese or Pepperoni\* Papa  
John's Pizza  
Green Salad  
Baby Carrots  
Chilled Fruit Cup

**January 7**

**Breakfast**  
Waffle Battered Chicken  
Chunks (8 pcs) & Syrup

**Lunch**  
Turkey Taco Pocket  
Green Salad  
Baby Carrots  
Craisins/Raisins

**January 10**

**Breakfast**  
Honey Oatmeal Bun & String  
Cheese

**Lunch**  
Chicken Tenders (4 pcs)  
Green Salad  
Yellow Corn  
Chilled Fruit Cup

**January 11**

**Breakfast**  
Bagel Cheese Pizza

**Lunch**  
Cheese or Pepperoni\*  
Papa John's Pizza  
Green Salad  
Garbanzo Beans  
Fresh Banana

**January 12**

**Breakfast**  
Oatmeal Chocolate Chip  
Breakfast Bar & Trix Yogurt

**Lunch**  
Chicken Pretzel  
Dog  
Green Salad  
Yellow Corn  
Fresh Apple Slices

**January 13**

**Breakfast**  
Colby Cheese Omelet with  
Mini Chocolate Chip Muffin

**Lunch**  
Spaghetti with Meat Sauce &  
Cheesy Breadstick  
Green Salad  
Mixed Vegetables  
Chilled Fruit Cup

**January 14**

**No  
School**

**Non-Student Day**

## Available Daily

### Breakfast

All breakfast meals are served with choices of fruit, 100% fruit juice, 1% low-fat white milk & fat-free chocolate milk. Reduced sugar cereal are offered daily with string cheese.

### Lunch

All lunch meals are served with a variety of fruits and vegetables including dark green, red/orange, starchy vegetables & legumes, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk.



This institution is an equal opportunity provider.

January 17

**Martin Luther King, Jr.**

1929  
1968



1964  
Awarded Nobel Peace Prize

**No School**

January 18

**Breakfast**  
Assorted Pan Dulce & String Cheese

**Lunch**  
Breaded Chicken Drumstick  
Green Salad  
Seasoned Potato Wedges  
Chilled Fruit Cup  
Dinner Roll  
Chocolate Chip Cookie

January 19

**Breakfast**  
Assorted Trix Yogurt with Mini Banana Muffin

**Lunch**  
Macaroni and Cheese  
Green Salad  
Yellow Corn  
Fresh Apple Slices  
Brownie Cup

January 20

**Breakfast**  
Mini Strawberry Pancakes & String Cheese

**Lunch**  
Hamburger/Cheeseburger  
Green Salad  
Baby Carrots  
Chilled Fruit Cup  
Baked Doritos  
(Cool Ranch Flavor)

January 21

**Breakfast**  
Waffle Battered Chicken Chunks (8 pcs) & Syrup

**Lunch**  
Cheese or Pepperoni\* Papa John's Pizza  
Green Salad  
Baby Carrots  
Craisins/Raisins



**New Year's Eve Word Search**

O	N	N	T	Y	R	A	U	N	A	J	I
U	H	W	H	T	R	K	X	T	H	V	D
D	L	O	T	L	R	D	N	U	M	M	K
A	R	D	H	W	E	L	B	E	W	Y	V
O	A	T	G	Q	S	W	I	N	B	U	N
M	D	N	I	R	O	B	F	H	Q	R	O
A	N	U	N	P	L	O	H	D	Y	Z	I
E	E	O	D	P	U	U	U	H	E	T	T
M	L	C	I	A	T	T	M	M	A	C	A
I	A	L	M	R	I	U	E	C	R	Y	R
T	C	J	T	T	O	N	V	K	X	H	B
C	R	K	T	Y	N	K	B	G	F	W	E
L	K	A	X	C	G	F	S	G	P	E	L
O	T	S	H	E	Y	S	K	E	Q	A	E
C	I	H	O	U	R	G	L	A	S	S	C
K	B	F	Y	Z	B	W	T	S	R	I	F

January 24

**Breakfast**  
Cinnamon Crumb Square & String Cheese

**Lunch**  
Chicken Tenders (4 pcs)  
Green Salad  
Yellow Corn  
Chilled Fruit Cup  
Fun & Fitness Crackers

January 25

**Breakfast**  
Breakfast Turkey Sausage Pizza (2 pcs)

**Lunch**  
Beef Soft Tacos (2 tacos)  
Green Salad  
Garbanzo Beans  
Fresh Banana

January 26

**Breakfast**  
Breakfast Chocolate Chunk Breakfast Bar & Trix Yogurt

**Lunch**  
Chicken Pretzel Hot Dog  
Green Salad  
Yellow Corn  
Fresh Apple Slices

January 27

**Breakfast**  
Colby Cheese Omelet with Mini Chocolate Chip Muffin

**Lunch**  
Orange Popcorn Chicken with Vegetable Fried Rice  
Green Salad  
Mixed Vegetables

January 28

**Breakfast**  
Pork Sausage Links\* (2 pcs) with Mini Maple Pancakes & Syrup

**Lunch**  
Grilled Bean and Cheese Burrito  
Green Salad  
Baby Carrots  
Craisins/Raisins

CALENDAR	JANUARY
CLOCK	HOURLASS
MIDNIGHT	FIRST
COUNTDOWN	YEAR
RESOLUTION	TIME
PARTY	CELEBRATION



January 31

**Breakfast**  
Assorted Pan Dulce & String Cheese


**Lunch**  
Mini Cheeseburger Sliders  
Green Salad  
Yellow Corn  
Chilled Fruit Cup



All Grain Products are either Whole Grain or 51% Whole Wheat.  
\* = Food Contains Pork  
Menu is Subject to Change.

**WORD OF THE MONTH**

**Forgiveness**



1. has to do with making a decision to free yourself from holding on to resentment and feelings of revenge toward someone who hurt you.



**TAKE 5!**

1. Grain    2. Vegetable    3. Fruit



4. Milk    5. Meat or Meat Alternate

**CHOOSE AT LEAST 3, INCLUDING:**  
1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS

**5 FOR BEST NUTRITION, CHOOSE ALL 5!**