OFFERED DAILY LUNCH

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

Tuna Salad

Egg Salad

Veggie

Turkey & Cheese

Grilled Cheese

Turkey Wrap

SALADS:

Chef Salad

Classic Spinach

Signature Green

Taco Salad

SOUP:

Tortilla

PARFAIT:

Vanilla Yami Yogurt (Lactose Free) with Berries & Granola - \$6.50

SMOOTHIE:

Freshly Made 12 oz Strawberry Banana

Smoothie \$4.50











2024-2025 GGUSD

APPLE CART CAFE MENU





DAILY LUNCH SPECIALS



MON

TUES

THURS



BREAK



Soup: Italian Minestrone Salad: Chicken Waldorf Entree: General Tso Chicken Served with Chow Mein, Steamed Veggies and a Fortune Cookie

8 Soup: Tortilla Salad: Chinese Chicken Entree: Apple Cart Beef Sliders (2) Topped w/ Cheese, Shredded Lettuce, Tomato, Grilled Onions, Mushrooms Served w/ Potato Wedges

Soup: Corn Chowder 10 Soup: Tortilla Salad: BBQ Chicken Apple, Cheese & Fig Jam Panini Entree: Tuscan Chicken Assorted Salads and Boar's w/Rotini Pasta Head Deli Meat Sandwiches

Cherry Tomatoes, Spinach, Heavy Cream w/ Cheese Breadstick

Gluten Free Bread available upon request

Soup: Tortilla Salad: Arugula, Dried Cranberry, Grape w/ Feta Cheese Entree: Southwest Rice Bowl Spanish Rice, Refried Beans, Corn, Diced Chicken, Cheese, Cilantro & Salsa

Soup: Albondiga Salad: Southwest

Entree: Chicken Alfredo

Served with Green Salad and Garlic Bread

Soup: Tortilla 15 Salad: Greek

Entree: Bone-In Chicken Wings w/ BBO or Buffalo Sauce, Potato Salad, Celery and Carrot Sicks w/ Ranch Dressing & Mini Carrot Cake

16_{Soup:} Chicken Chipotle Salad: Chipotle Chicken

Entree: Teriyaki Chicken with Garlic Noodles, Green Onions and Veggies

Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

20

Martin Luther King Jr Day

Soup: Tortilla Entree: Chicken Pho Soup \$8.50

Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce

Soup: Tortilla Salad: Chicken Pasta Entree: Homemade Chicken

Served w/ Pico de Gallo, Rice, Refried Beans & Tortilla Chips

Soup: Tortilla

Salad: Grilled Corn w/Tomato

& Bulgur

& Rice Burrito

23 Soup: Beef Barley Salad: Cobb

Entree: Cajun Blackened Chicken Sandwich or *Protein Style Served with Cheese Bread and Side of Potato Salad

24 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

27Soup: Italian Wedding Soup: Avgolemono Chicken & Rice Salad: Chipotle Chicken Salad: Chinese Chicken Entree: Baked Potato Entree: Spaghetti w/ Meat or

Marinara Sauce Served w/ Salad and Garlic Bread

Entree: Chicken Pozole Bowl Served with a Bag of Tortilla Chips 30 Soup: Italian Minestrone Salad: Italian Pasta

Entree: Green Chicken Enchiladas Served with Refried Beans, Mexican Rice & Red Salsa

31 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request



Choice of Steamed Broccoli/Carrots

& Cheddar Cheese or Chili Beans

Café Pricing:

Soup Bowl: \$5.50 Soup Cup: \$4.00

Whole Sandwich: \$6.50

1/2 Sandwich: \$3.50

Regular Salad: \$6.50

Petite Salad: \$5.50

Soda, Water or Iced Tea: \$1.00

Chips: \$1.00

Scan QR code to download menu



Did you know that you can add money to your account via cash or check?

This institution is an equal opportunity employer and provider.



All entrees are \$7.00 unless indicated.

Iced Tea or Spa Water Included with Purchase of an Entrée

For more information about our menus, please visit: gardengrove.healtheliving.net.