

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 Elementary Lunch Menu
Number Source: Planned
Dates: 03-01-2024 to 03-29-2024

Nutrient Summary

Date(s): 03-01-2024 to 03-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	635.817		600 min / 650 max	Pass		
Protein (g)	25.786*	16.222%				
Total Fat (g)	20.179*	28.563%				
Saturated Fat (g)	6.267*	8.87%	< 10%	Pass		
Trans Fat (g)	0.054*					
Carbohydrates (g)	88.253*	55.521%				
Cholesterol (mg)	58.277*					
Sodium (mg)	895.198		≤ 1110	Pass		
Potassium (mg)	285.766*					
Fiber (g)	4.926*					
Sugars (g)	52.427*					
Iron (g)	2.708*					
Calcium (mg)	506.040*					
Vitamin A (IU)	2,772.847*					
Vitamin C (mg)	23.497*					
Vitamin D (mcg)	0.495*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sicilian Cheese Pizza Calzone 2M/2G	218496	1 serving	14000	310.000	34.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	18.995
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				651.414*	92.707*
% of Calories					56.927%

* Indicates missing Nutrient Information.
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Menu Detail

Date: 03-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Corn Dog 2M/2G	78802	1 each	20000	238.000	27.800
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	2000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	2000	130.000	1.000
Total			20000		
Weighted Daily Average				545.577*	81.933*
% of Calories					60.07%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	14000	570.000	30.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	2000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	2000	130.000	1.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		
Weighted Daily Average				845.389*	100.006*
% of Calories					47.318%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	20000	240.000	18.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Grains					
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	2000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	2000	130.000	1.000
Total			20000		
Weighted Daily Average				643.756*	85.459*
% of Calories					53.1%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Creamy Tomato Chicken Pasta w/ Garlic Toast 1.75M/2G	1468426	1 serving/#6 scoop + garlic toast	14000	481.283	39.562*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Grapes, Fresh, 1/2 cup	78869	0.5 cup	5000	30.820	7.889
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	2000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	2000	130.000	1.000
Total			20000		
Weighted Daily Average				668.78*	89.75*
% of Calories					53.68%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	2000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12000	350.000	35.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	18.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	2000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	2000	130.000	1.000
Total			20000		
Weighted Daily Average				620.352*	84.638*
% of Calories					54.574%

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Menu Detail

Date: 03-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	14000	260.000	29.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Peaches, Sliced, Canned 1/2 cup	78689	1/2 cup	5000	59.991	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Marinara Sauce Cup	78948	1 each	14000	15.000	3.000
Total			20000		
Weighted Daily Average				581.149*	80.352*
% of Calories					55.306%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	14000	380.000	37.000
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Syrup Cup	78716	1 each	14000	120.000	30.000
Total			20000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				685.749*	104.177*
% of Calories					60.767%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	14000	278.000	32.500
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Apple, Fresh	78919	1 each	5000	52.520	13.948
Grains					
Baked Doritos (Nacho Cheese Flavor) 1.5G	1173820	1 package	20000	130.000	20.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Cheese Slice 0.5M	79062	1 slice	10000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				659.021*	99.211*
% of Calories					60.217%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	14000	368.016	29.393*
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	84.199	19.998
Strawberries, Fresh, 1/2 cup	79040	0.5 cup	5000	23.040	5.530
Desserts					
Cookie, WG, Shamrock Buena Vista 1G	80305	1 each	20000	130.000	22.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				814.727*	109.771*
% of Calories					53.893%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Turkey, Cheese, Cracker Stacker Lunchables 2M/1G	1400143	1 serving	14000	275.300	19.250
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	18.995
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Brookie Treat, 1G	1480324	1 serving	20000	150.070	23.005
Total			20000		
Weighted Daily Average				748.286*	98.244*
% of Calories					52.517%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Turkey, Cheese, Cracker Stacker Lunchables 2M/1G	1400143	1 serving	14000	275.300	19.250
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Desserts					
Mini Rice Krispies Treat 0.25G	79188	1 each	20000	50.000	9.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				613.737*	76.37*
% of Calories					49.774%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	14000	272.000	31.300
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	3800	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				561.427*	75.805*
% of Calories					54.009%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Double Dogs 2M/2G	78987	1 each	14000	260.000	31.500
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				503.456*	73.627*
% of Calories					58.497%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Orange Popcorn Chicken w/ White Rice (1/2 cup) 2M/1G	1408914	1 serving	14000	334.845	58.816
Cocoa Sandwich 1M/1.5G	1291535	1 serving	3800	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				546.518*	92.406*
% of Calories					67.632%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	14000	190.000	13.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	3800	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				483.735*	67.596*
% of Calories					55.895%

* Indicates missing Nutrient Information.

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