

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 High School Breakfast Menu
Number Source: Planned
Dates: 03-01-2024 to 03-29-2024

Nutrient Summary

Date(s): 03-01-2024 to 03-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	584.977		450 min / 600 max	Pass		
Protein (g)	18.972	12.973%				
Total Fat (g)	18.036	27.748%				
Saturated Fat (g)	7.304*	11.238%	< 10%	Fail	1.238	Too much Saturated Fat (11.24 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	86.683	59.272%				
Cholesterol (mg)	112.942*					
Sodium (mg)	691.965*		≤ 640	Fail	51.965	Too much Sodium (691.97 of 640.00)
Potassium (mg)	148.287*					
Fiber (g)	4.478*					
Sugars (g)	53.070*					
Iron (g)	2.022*					
Calcium (mg)	356.587*					
Vitamin A (IU)	626.007*					
Vitamin C (mg)	34.529*					
Vitamin D (mcg)	0.677*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				577.886	88.439
% of Calories					61.216%

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
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Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
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Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
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Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				589.38	87.115
% of Calories				59.123%	

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Menu Detail

Date: 03-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				579.878	89.193
% of Calories					61.526%

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Menu Detail

Date: 03-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories					58.366%

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Menu Detail

Date: 03-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
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Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
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Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
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Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
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Milk					
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Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

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Menu Detail

Date: 03-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				589.38	87.115
% of Calories					59.123%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				579.878	89.193
% of Calories					61.526%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories					58.366%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories					58.366%

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	1000	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				585.997	85.506
% of Calories				58.366%	

* Indicates missing Nutrient Information.

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	700	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	500	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	300	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	150	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				589.38	87.115
% of Calories				59.123%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	250	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	600	414.999	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	200	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	250	551.793	43.873
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	750	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	250	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	250	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	500	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	250	263.705	50.887
Berry Banana Yogurt Smoothie w/ Pretzels 1M/1G	1240109	1 serving/12 oz cup + Pretzels	500	370.182	80.241
Tropical Yogurt Smoothie w/ Pretzels 1M/1G	1263007	1 serving/12 oz cup + Pretzels	350	306.842	63.931
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	50	178.905	36.924
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.975	80.531
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.975	90.531
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	500	10.000	0.000
Hot Sauce (DeI Sol)	79899	1 packet	250	5.000	1.000
Total			5000		
Weighted Daily Average				579.878	89.193
% of Calories					61.526%

* Indicates missing Nutrient Information.

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