

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 Intermediate Lunch Menu
Number Source: Planned
Dates: 03-01-2024 to 03-29-2024

Nutrient Summary

Date(s): 03-01-2024 to 03-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	590.050		600 min / 700 max	Fail	-9.95	Not enough Calories (min: 590.05 of 600) (max: 590.05 of 700)
Protein (g)	24.506	16.613%				
Total Fat (g)	14.740*	22.483%				
Saturated Fat (g)	4.517*	6.89%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	90.417	61.294%				
Cholesterol (mg)	41.888*					
Sodium (mg)	1,052.389		≤ 1225	Pass		
Potassium (mg)	207.134*					
Fiber (g)	7.624					
Sugars (g)	49.648*					
Iron (g)	3.007*					
Calcium (mg)	378.759*					
Vitamin A (IU)	4,253.736*					
Vitamin C (mg)	36.370*					
Vitamin D (mcg)	0.504*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories					62.232%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03
% of Calories					62.364%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories				60.187%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories					62.232%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					62.364%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16" , WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16" , WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16" , 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16" , 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories					62.232%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03
% of Calories					62.364%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 03-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.