Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2023-24 School Year

Menu: 2023-2024 Intermediate Lunch Menu

Number Source: Planned **Dates:** 03-01-2024 to 03-29-2024

Nutrient Summary

Date(s): 03-01-2024 to 03-29-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	590.050		600 min / 700 max	Fail	-9.95	Not enough Calories (min: 590.05 of 600) (max: 590.05 of 700)
Protein (g)	24.506	16.613%				
Total Fat (g)	14.740*	22.483%				
Saturated Fat (g)	4.517*	6.89%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	90.417	61.294%				
Cholesterol (mg)	41.888*					
Sodium (mg)	1,052.389		≤ 1225	Pass		
Potassium (mg)	207.134*					
Fiber (g)	7.624					
Sugars (g)	49.648*					
Iron (g)	3.007*					
Calcium (mg)	378.759*					
Vitamin A (IU)	4,253.736*					
Vitamin C (mg)	36.370*					
Vitamin D (mcg)	0.504*					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree		•			-
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	T	Г			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 tablaanaan	2000	20,000	4.000
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	$^{1}/_{2}$ cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	1	•	T	T	
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk		T	1000	100.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 4-1-1	0000	00.000	4.000
Ketchup	78887 78813	1 tablespoon	2000 1000	20.000 27.101	4.000 0.850
Dressing, Ranch		1 tablespoon			
Mustard Packet	78839 79027	1 packet	500 100	5.000 60.000	0.000 1.000
Mayo Packet	79027	1 packet	1000	5.000	1.000
Hot Sauce (Del Sol)		1 packet			
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories					62.232%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average			•	586.972	86.385
% of Calories			•		58.868%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree				, , , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , ,
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables	10				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.			1		
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				590.276	92.03
% of Calories					62.364%

^{*} Indicates missing Nutrient Information.

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Recipe Name Lunch Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Dominio's, Pepperoni 16 , WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G					
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables	T	T.	T	I	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	T -		T		
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.			.	1	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total		·	5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-08-2024

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Lunch Entree	1	1	T				
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085		
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000		
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000		
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000		
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600		
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600		
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000		
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460		
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535		
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368		
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000		
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617		
Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000		
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077		
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535		
Fruit	_						
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000		
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998		
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000		
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000		
Misc.	1						
Ketchup	78887	1 tablespoon	2000	20.000	4.000		
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	1 tooipe #	1 0111011 0120	Tidii Quantity	Guiorico (Rodi)	oursonyurated (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	$^{1}/_{2}$ cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk		T			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.		Ta a a a	2222	22.222	1.000
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories			<u> </u>		62.232%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				586.972	86.385
% of Calories					58.868%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-13-2024

		1	T =		
Recipe Name Lunch Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950		500		
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G		1 each	500	310.000	31.000
	78914	1 serving		460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables		1.			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit		T			
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted		0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	1 100===1	L	1000	100.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.			0000	00.000	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average			•	590.276	92.03

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					62.364%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk		1	r	1	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.		Terres	T	T	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				617.425	92.903
% of Calories					60.187%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	·				
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables	·				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average				569.476	88.99
% of Calories					62.506%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	Necipe#	r ortion size	rian Quantity	Calories (RCal)	Carbonyurates (g)
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	1,00===.	T4 1	1000	400.000	10000
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	70007	4 4-1-1	0000	00.000	4.000
Ketchup	78887 78813	1 tablespoon	2000 1000	20.000 27.101	4.000 0.850
Dressing, Ranch		1 tablespoon			
Mustard Packet	78839 79027	1 packet	500 100	5.000 60.000	0.000
Mayo Packet		1 packet			
Hot Sauce (Del Sol) Sriracha Packet	79899	1 packet	1000	5.000	1.000
	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			5000		
Weighted Daily Average				592.959	92.253
% of Calories					62.232%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Nacho Chips with Cheese Cup & Taco Meat 2M/2G	260172	1 serving/ 1 pkg+ 1 cup + #16 scoop	500	515.773	44.738

Date: 03-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	300	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	300	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	200	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	300	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables		-			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit	ı			1	r
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk	_	,			,
Milk, 1% Low Fat, Clearbrook Farms	1225774		1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.	1			1	T
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average			•	586.972	86.385
% of Calories					58.868%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree		•	į		```
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Patty Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	78939	1 serving	800	510.000	68.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average			•	590.276	92.03
% of Calories					62.364%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					j (g/
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1500	320.000	39.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	250	310.000	39.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	1500	440.000	47.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	250	390.000	47.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	250	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	250	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	250	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	250	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535
Fruit					
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000
Misc.		1	1	·	
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Mayo Packet	79027	1 packet	100	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Sriracha Packet	79058	1 each	500	9.000	1.701
Soy Sauce Packet	79044	1 packet	500	0.000	0.000
Pickles	78984	1 serving	100	1.667	0.000
Total			5000		
Weighted Daily Average			•	617.425	92.903
% of Calories				L	60.187%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	75.085
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	100	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Spicy Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	51.600
Spicy Chicken Sandwich w/ Whole Wheat Bun 4" 2M/3.25G	80459	1 serving	800	380.000	49.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	100	247.520	29.535
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	30.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	300	421.059	79.617
Vegetables					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000			
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077			
Lettuce, Iceberg, Shredded, 1/4 cup	1455433	0.25 cup	100	2.520	0.535			
Fruit								
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	16.717			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000			
Fruit Cup, Assorted	78625	0.5 cup	100	84.199	19.998			
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000			
Milk								
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	2000	120.000	23.000			
Misc.								
Ketchup	78887	1 tablespoon	2000	20.000	4.000			
Dressing, Ranch	78813	1 tablespoon	1000	27.101	0.850			
Mustard Packet	78839	1 packet	500	5.000	0.000			
Mayo Packet	79027	1 packet	100	60.000	1.000			
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000			
Sriracha Packet	79058	1 each	500	9.000	1.701			
Soy Sauce Packet	79044	1 packet	500	0.000	0.000			
Pickles	78984	1 serving	100	1.667	0.000			
Total			5000					
Weighted Daily Average			•	569.476	88.99			
% of Calories					62.506%			

^{*} Indicates missing Nutrient Information.