Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2024-2025 School Year

Menu: 2024-2025 High School Breakfast Menu

Number Source: Planned **Dates:** 03-03-2025 to 03-31-2025

Nutrient Summary

Date(s): 03-03-2025 to 03-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	588.197		450 min / 600 max	Pass		
Protein (g)	17.721	12.051%				
Total Fat (g)	15.174	23.217%				
Saturated Fat (g)	6.009	9.195%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	95.739	65.107%				
Cholesterol (mg)	77.041					
Sodium (mg)	585.943		≤ 640	Pass		
Potassium (mg)	182.950*					
Fiber (g)	5.876*					
Sugars (g)	61.317*					
Added Sugars (g)	4.277*	2.909%				
Iron (g)	1.942*					
Calcium (mg)	340.039*					
Vitamin A (IU)	739.053*					
Vitamin C (mg)	37.567*					
Vitamin D (mcg)	0.266*					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		ı	1	ı	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average		•		592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-04-2025

ſ	Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ī	Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit			1		
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	T				
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	10.000	2.222
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				585.364	93.738
% of Calories					64.054%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-05-2025

	15 . "	D # 0:	I D. O. 111	1011 # 10	
Recipe Name Breakfast Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups. Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	5000	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
·	78821		300	260.000	37.500
Pop Tart & String Cheese 1M/1G	1119665	1 serving	500	263.787	50.902
Yogurt Parfait w/ Granola (BKF) 1.25M/1G Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G		1 serving 1 Smoothie + Pretzels			59.277
	1706120 1620167		400 200	330.362 307.003	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G		1 serving/12 oz cup			
Homemade Banana Bread Muffin 2G	1434500		100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted (BKF)			2000	82.200	19.800
Dried Fruit. Assorted	78632	0.5 cup 1 each	1000	115.000	28.500
Juice, Assorted Juice, Assorted, 4 oz, Clearbrook Farms	1221539		3500	60.000	14.000
Milk	1221539	1 each	3500	60.000	14.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	122 1007	1 Cuoii	0000	120.000	20.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total		<u> </u>	5000		
Weighted Daily Average			3000	576.793	94.558
% of Calories				570.793	65.575%
% of Calones					00.075%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit			,		
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	T				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	d manifest	4000	40.000	2.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	1100.00	. 01.0011 01.20	i i i i i i i i i i i i i i i i i i i	Caronico (noar)	can sorry an accor (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	•			,	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4 1 1	4000	40.000	2.222
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk	,				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					, , , , , , , , , , , , , , , , , , , ,
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		1			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			4000	10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				585.364	93.738
% of Calories					64.054%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk			1	ľ	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	•				
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total		•	5000		
Weighted Daily Average			•	576.793	94.558
% of Calories	·	·	·	<u> </u>	65.575%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				· · · · · · · · · · · · · · · · · · ·	, (0)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk				ľ	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	1			T	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average		·	-	592.468	96.694
% of Calories				<u> </u>	65.282%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		1			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	10.000	2.222
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average		·	·	592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	•			, ,	, (0)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk		T			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		I	1000	10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 03-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk			1		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4	4000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				585.364	93.738
% of Calories					64.054%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					, (0)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	T				
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories					65.575%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000			
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626			
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			ı	T	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total		<u> </u>	5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 03-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree				100.000	==	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000	
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626	
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815	
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072	
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200	
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000	
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500	
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902	
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277	
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812	
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331	
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331	
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000	
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.						
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000	
Total			5000			
Weighted Daily Average				592.468	96.694	
% of Calories					65.282%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 03-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Pretzels	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				592.468	96.694
% of Calories					65.282%
* In Production Medical Defendance					

^{*} Indicates missing Nutrient Information.