Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year Menu: 2024-2025 High School Lunch Menu Number Source: Planned Dates: 03-03-2025 to 03-31-2025

Nutrient Summary

Date(s): 03-03-2025 to 03-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	781.556*		750 min / 850 max	Pass		
Protein (g)	29.013*	14.849%				
Total Fat (g)	20.944*	24.118%				
Saturated Fat (g)	6.161*	7.095%	< 10%	Pass		
Trans Fat (g)	0.033*					
Carbohydrates (g)	119.388*	61.103%				
Cholesterol (mg)	54.579*					
Sodium (mg)	1,057.689*		≤ 1280	Pass		
Potassium (mg)	414.776*					
Fiber (g)	9.707*					
Sugars (g)	62.392*					
Added Sugars (g)	0.759*	0.388%				
Iron (g)	3.252*					
Calcium (mg)	404.708*					
Vitamin A (IU)	4,570.678*					
Vitamin C (mg)	52.824*					
Vitamin D (mcg)	0.336*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit	1		-	r	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1	F		1	
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	a 1.4	1000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				763.195*	126.373*
% of Calories					66.233%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Braccoli and Carrots 2M/2G Droccoli/Carrots Dot Dot <thdot< th=""> Dot Dot</thdot<>	Menu Detail Date: 03-						
Bowt: Orange Papeom Chicken w/ White Rice (1 cup) & Steamed 1serving/1 CUP chicken + 1 CUP rice + #8 scoop 500 526.190 100.256 Broccoli and Carrots 2M/2G FR85 1 selice 100 310.000 39.000 Pizza, Domino's, Cheese 16'', WG, 1 Silce/8 Cut 2M/2.75G 78955 1 silce 100 390.000 390.000 Pizza, Papa John's, Cheese 16'', WG, 1 Silce/8 Cut 2M/2.75G 78957 1 silce 100 440.000 47.000 Pizza, Papa John's, Cheese 16'', UK, 1 Silce/8 Cut 2.5M/3G 1136976 1 silce 400 440.000 47.000 Pizza, Papa John's, Pepperoni, 16'', 1 silce/8 cut 2.5M/3G 136976 1 serving 400 49.009 47.000 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 400 452.000 47.900 Splcy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G 1389731 1 serving 100 442.007 48.900 Cheeseburger Box w/ Seasoned Potato Wedges 2M/3.25G 1 serving 100 451.972' 60.566' Turkey Bacon Club Wrap 2M/2G 1 serving 100 451.972' 60.560'	Recipe Name	Recipe #	Portion Size				
Braccoli and Carrots XM2G 1570803 proceedilizarrots 3000 22.0.190 1000.230 Pitza, Domino's, Cheese 18', WG, 1 Slice/B Cut XM2.76G 78950 1 slice 100 310.000 39.000 Pitza, Domino's, Cheese 18', WG, 1 Slice/B Cut XM2.76G 78930 1 slice 100 390.000 47.000 Pitza, Papa John's, Cheese, 18'', 1 Slice/B cut XM3.5G 1136975 1 slice 400 440.000 47.000 Pitza, Papa John's, Cheese, 18'', 1 Slice/B cut ZM3.5G 78977 1 serving 100 498.719 49.009 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M2.25G 78977 1 serving 500 503.719 61.109 Spicy Chicken File/Bits Sankvita Box w/ Sizy Potato Wedges 2.5M2.25G 78992 1 serving 100 492.007 455.800 Chinese Chicken Salad w/ 2 oz Dinner Roll ZM2.5G 1789923 1 serving 100 451.972* 60.566* Turkey Bacon Club Wrap ZM2.G 173.15041 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HSINT 78735 1 each 400 630.00	Lunch Entree						
Pitza, Domino's, Pepperoni, 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 320.000 39.000 Pitza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.6G 1136975 1 slice 400 440.000 47.000 Pitza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.6G 1136976 1 sice 400 440.000 47.000 Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 400 542.000 47.000 Spicy Chicken Fulls Sandvich Box w/ Spicy Potow Wedges 2.5M/2.25G 78956 1 serving 500 503.719 61.109 Cheese Chicken Salad w/ 2 oz Dinner Roll 2M/2.5G 78952 1 serving 100 462.087 45.890 Chicken Salad w/ 2 oz Dinner Roll 2M/2.5G 77900 1 serving 100 519.504 48.946* Italian Pasta Salad 2M/4G (Updated) 1381337 1 serving 100 761.517 94.212 Asorted Homemade Sandwiches+18 (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* MAZQ Orgen Farat W Granola 2M/2G 78854 1 serving 200 421.059	Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693		500	526.190	100.256	
Pizza, Papa John's, Cheese, 16°, 1 slice/8 cut 2M/3.5G 1136976 1 slice 100 390.000 47.000 Pizza, Papa John's, Cheese, 16°, 1 slice/8 cut 2.5M/3.5G 1136976 1 slice 400 440.000 47.000 Pizza, Papa John's, Cheese, 16°, 1 slice/8 cut 2.5M/3.5G 178977 1 serving 100 4487.71 49.009 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78976 1 serving 400 542.000 47.900 Spicy Chicken Fillet Sandvich Box w/ Spicy Potato Wedges 2.5M/2.25G 78992 1 serving 100 442.087 45.890 Chicken Salad wi/2 oz Dinner Roll 2M/2.25G (INT/HS) 79009 1 serving 100 451.972* 60.566* Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 761.517 94.212 Asonted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Zandvich Paraut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 7873 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Yogurt Parfait w/ Granola 2M/2G 792.50 1 serving/#4 scoop pas	Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000	
Pizza, Papa John's, Pepperoni, 16", 1 slice/lt cut 2.5M/3G 1136976 1 slice 400 440.000 47.000 Hamburger Box W/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 100 498,719 490.009 Obseesburger Box W/ Seasoned Potato Wedges 2.M/2.25G 78961 1 serving 400 542.000 47.900 Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2.M/3.25G 1398973 1 serving 500 503.719 61.109 Chies Solitoken Salad w/ 2 oz Dinner Roll 2M/2.5G (TMYHS) 79909 1 serving 100 442.007 485.890 Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.5G (INT/HS) 79009 1 serving 100 781.517 94.212 Asorted Homande Sandwichset-HS (Bacr's Head) 2M/2G 16246721 serving 100 781.517 94.212 Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted Homande Sandwich 200 7884 1 serving 200 N/A* N/A* Vagetables 72250 1 serving/#4 scoop pasta + breadstick 1500 3.000 3.000 Grabit Carrots, 1/2 cup 78250 1 serving/#4 scoop p	Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000	
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 100 498.719 49.009 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78956 1 serving 400 542.000 47.900 Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2.5M/2.25G 1398973 1 serving 500 503.719 61.109 Chesse Schicken Salad w/A 2 oz Dinner Roll 2M/2.25G (INT/HS) 79009 1 serving 100 431.972* 60.566* Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 519.504 48.946* Hallam Pasts Bada 2M/4G (Updated) 1381337 1 serving 100 781.517 94.215 Assorted Homemade Sandwiches HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogut Parfait w/ Granola 2M/2G 78884 1 serving 200 A21.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500	Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000	
Cheeseburger Box w/ Seasoned Potato Wedges 25M/2.25G 78956 1 serving 400 542.000 47.900 Spicy Chicken Fliet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G 1398973 1 serving 500 503.719 61.109 Chef Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 1 serving 100 442.087 45.890 Chines Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS) 79009 1 serving 100 431.972* 60.566* Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 761.517 94.212 Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogurt Parfait w/ Granola 2M/2G 78884 1 serving/#4 scoop pasta + breadstick 1500 486.973 41.323 Vegetables Socup 3000 30.000 7.000 Grab-It Carrots, 1/2 cup 78755 1 each 4000 65.147 16.717 Turker Assorted 78625 0.5 cup 3000 30.000 7.000 Fruit Fresh, Assorted 78625 <th>Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G</th> <th>1136976</th> <th>1 slice</th> <th>400</th> <th>440.000</th> <th>47.000</th>	Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000	
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.256 1398973 1 serving 500 503.719 61.109 Chef Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 1 serving 100 462.087 45.890 Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.5G (INT/HS) 79009 1 serving 100 431.972* 60.566* Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 761.517 94.212 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 16246721 serving 200 N/A* N/A* Sandwich, Peant Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Muzg Tuscan Chicken with Rotin Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Yegetables Tuscan Chicken with Rotin Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Yegetables Truscan Chicken with Rotin Pasta & Cheesy Breadstick 2M/2G 79.550 1 serving 500 15.000 3.000	Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009	
Chef Salad w/2 oz Dinner Roll ZM/2.5G 78992 1 serving 100 462.087 4.5.890 Chinese Chicken Salad w/2 oz Dinner Roll ZM/2.25G (INT/HS) 79009 1 serving 100 431.972* 60.566* Turkey Bacon Club Wrap ZM/2G 1731504 1 serving 100 761.972 60.566* Turkey Bacon Club Wrap ZM/2G 1731504 1 serving 100 761.517 94.212 Assorted Homemade Sandwiches-HS (Boar's Head) ZM/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogurt Parfait w/ Granola ZM/2G 78884 1 serving 200 421.059 79.617 Tuscan Chicken with Rottin Pasta & Cheesy Breadstick ZM/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 469.973 41.323 Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grabit Carrots, 1/2 cup 7855 1 each 4000 65.147 16.717 Fruit	Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900	
Chinese Chicken Salad w/2 oz Dinner Roll 2M/2.25G (INT/HS) 79009 1 serving 100 431.972* 60.566* Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 519.504 48.946* ttallan Pasta Salad 2M/4G (Updated) 138137 1 serving 200 N/A* 48.946* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 ZM/2G 79250 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegatables 500 15.000 3.000 7.000 7.000 Fruit, Freis, Assorted 78755 1 each 4000 65.147 16.717 Fruit, Freis, Assorted 78755 1 each 4000 65.147 16.717 Fruit, Freis, Assorted 78652 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78652 1 each 5000 <t< th=""><th>Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G</th><td>1398973</td><td>1 serving</td><td>500</td><td>503.719</td><td>61.109</td></t<>	Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109	
Turkey Bacon Club Wrap 2M/2G 1731504 1 serving 100 519.504 48.946* tatilan Pasta Salad 2M/4G (Updated) 1381337 serving 100 761.517 94.212 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Paanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogurt Parlait w/ Granola 2M/2G 78884 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables	Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890	
Italian Pasta Salad 2M/4G (Updated) 1381337 1 serving 100 761.517 94.212 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogurt Parfait w/ Granola 2M/2G 78884 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables 5 500 15.000 3.000 7.000 Grab-It Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 7.000 Fruit Prist 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk, "K-Low Fat, Clearbrook Farms 1225774 1	Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 Yogurt Parfait w/ Granola 2M/2G 7884 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Sandwich, Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Sandwich, Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Sandwich, Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 30.000 70.00 Grab-It Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 70.00 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78623 <th>Turkey Bacon Club Wrap 2M/2G</th> <td>1731504</td> <td>1 serving</td> <td>100</td> <td>519.504</td> <td>48.946*</td>	Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 1 each 400 630.000 64.000 2M/2G 78884 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-it Carrots, 1/2 cup 7855 1 each 4000 65.147 16.717 Fruit Fresh, Assorted 78622 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78622 1 each 4000 65.147 16.717 Fruit Cup, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 500 10.000 14.000 Milk Milk Ye context and the context a	Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212	
2M/2G 400 650.000 64.000 Yogurt Parfait w/ Granola 2M/2G 78884 1 serving 200 421.059 79.617 Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-It Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 7.000 Fruit Freih, Assorted 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 500 60.000 14.000 Milk Milk Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 3000 </th <th>Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G</th> <td>1624672</td> <td>1 serving</td> <td>200</td> <td>N/A*</td> <td>N/A*</td>	Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*	
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G 79250 1 serving/#4 scoop pasta + breadstick 1500 468.973 41.323 Vegetables Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-It Carrots, 1/2 cup 7824 0.5 cup 3000 30.000 7.000 Fruit Fruit Cup 78755 1 each 4000 65.147 16.717 Fruit Kps, Assorted 78622 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 28.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 3000 120.000 28.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 <th>Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G</th> <td>78735</td> <td>1 each</td> <td>400</td> <td>630.000</td> <td>64.000</td>	Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000	
Vegetables Vegetables Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-it Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 7.000 Fruit Fruit 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each <	Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617	
Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-it Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 7.000 Fruit Fresh, Assorted 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 500 120.000 14.000 Milk Milk Chearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Ya Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 16.000 Milk Chearbrook Farms 1225774 1 each 3000 120.000 23.000 Milk Chearbrook Farms 1225774 1 each 3000 <th< th=""><th>Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G</th><td>79250</td><td>1 serving/#4 scoop pasta + breadstick</td><td>1500</td><td>468.973</td><td>41.323</td></th<>	Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1500	468.973	41.323	
Grab.it Carrots, 1/2 cup 78824 0.5 cup 3000 30.000 7.000 Fruit Fruit, Fresh, Assorted 78755 1 each 4000 65.147 16.717 Fruit, Presh, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk Chearbrook Farms 1225774 1 each 5000 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 ea	Vegetables						
Fruit Fruit, Fresh, Assorted 78755 1 each 4000 65.147 16.717 Fruit, Fresh, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 20.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 20.000 Misc. Content of theach 78806 </th <th>Salad, Romaine, 3 Way, 1 cup</th> <td>1418267</td> <td>1 cup</td> <td>500</td> <td>15.000</td> <td>3.000</td>	Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000	
Fruit, Fresh, Assorted 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 200 5.000 0.000 Mustard Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.	Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000	
Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk S000 120.000 16.000 23.000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1225374 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 200 5.000 0.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 2.000 Ranch Packet 78784 1 packet 500 70.000 1.000 2.7.101 0.850	Fruit	-		-	I		
Dried Fuit, Assorted 78632 1 each 1000 115.000 28.500 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 122537 1 each 500 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78784 1 packet 500 70.000 1.000 Ranch Pacsing 78813 1 tablespoon 1000 27.101 0.850	Fruit, Fresh, Assorted		1 each				
Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 500 70.000 1.000 Ranch Packet 78833 1 ablespoon 500 70.000 1.000	Fruit Cup, Assorted						
Milk 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850	Dried Fruit, Assorted	78632	1 each		115.000	28.500	
Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Mik, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850		1221539	1 each	5000	60.000	14.000	
Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850		r		1	1		
Misc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850							
Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850		1221537	1 each	3000	120.000	23.000	
Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850		70000	d w - sheet	4000	10.000	0.000	
Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850							
Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850			-				
	Mayo Packet	79027	1 packet	500	60.000	1.000	
	Soy Sauce Packet						
	Hot Sauce (Del Sol)		-				
Sriracha Packet 79058 1 each 200 9.000 1.701	Sriracha Packet	79058	1 each	200	9.000	1.701	
	Total			5000			
Weighted Daily Average 762.739* 115.514*	Weighted Daily Average				762.739*	115.514*	
% of Calories 60.579%	% of Calories					60.579%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			-		-
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*

Date: 03-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2G	79146	1 serving	1500	677.828	65.318
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041	1/2 cup	500	120.537	21.128
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				837.449*	124.826*
% of Calories					59.622%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1500	439.074	51.401
Vegetables				•	1
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit			1000		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	4005774	d	500	100.000	40,000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms Misc.	1221537	1 each	3000	120.000	23.000
Misc. Ketchup Packet	70006	1 pooleot	1000	10.000	2 000
Mustard Packet	78806 78839	1 packet 1 packet	1000 200	10.000 5.000	2.000
Ranch Packet	78784	1 packet	500	70.000	1.000
	78784	1 tablespoon	1000	27.101	0.850
Ranch Dressing	79027			-	
Mayo Packet		1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000

Date: 03-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				753.769*	118.538*
% of Calories					62.904%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					(3)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chill Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables	-				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	T ======		T		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		L .		(10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc. Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
	78813	1 tablespoon	1000	27.101	0.850
Ranch Dressing Mayo Packet	79027	1 packet	500	60.000	1.000
	79027	1 packet	200	0.000	0.000
Soy Sauce Packet Hot Sauce (Del Sol)	79044	1 packet	500	5.000	1.000
Hot Sauce (Del Sol) Sriracha Packet	79058	1 each	200	9.000	1.701
	19000	1 6461		9.000	1.701
Total			5000	770 400*	110 100
Weighted Daily Average				778.182*	119.436*
% of Calories					61.393%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-10-2025

Date: 03-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			-		
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	1500	451.684	31.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1500	5.040	1.069
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk				•	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					-
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	1500	25.000	5.000
Total			5000		
Weighted Daily Average				771.812*	115.544*
% of Calories					59.882%
* Indicator missing Nutrient Information					

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates
Lunch Entree	Recipe #	Portion Size	Quantity	(KCal)	(g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1500	683.865	70.926
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	1	[1	1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1	F	1	1	
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000		4000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000

Date: 03-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				827.206*	124.395*
% of Calories					60.152%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Lunch Entree	1					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256	
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000	
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000	
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000	
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000	
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009	
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900	
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109	
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890	
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*	
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*	
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000	
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617	
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336	
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000	
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128	
Fruit	1		1			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000	
Milk	4005774	La	500	100.000	10.000	
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.	70000	d manifest	1000	10.000	2,000	
Ketchup Packet	78806	1 packet	1000 200	10.000 5.000	2.000	
Mustard Packet	78839 78784	1 packet	200 500	5.000	0.000	
Ranch Packet		1 packet	1000	27.101	0.850	
Ranch Dressing	78813	1 tablespoon				
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total			5000		r	
Weighted Daily Average				843.798*	114.631*	
% of Calories					54.34%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000

Date: 03-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1500	410.786*	50.692*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit			-	•	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk			-		
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				745.283*	118.325*
% of Calories					63.506%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					(6)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G		1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	L	· ·			
Fruit, Fresh, Assorted		1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1				
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	-				1
Ketchup Packet	78806	1 packet	1000	10.000	2.000

Date: 03-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				792.004*	120.727*
% of Calories					60.973%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Lunch Entree						
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256	
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000	
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000	
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000	
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000	
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009	
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900	
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109	
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890	
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*	
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*	
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000	
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617	
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800	
Vegetables						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000	
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152	
Fruit	1	F		1		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000	
Milk	1	F		1		
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.	70000	A we should	4000	40.000	0.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Mustard Packet	78839	1 packet	200	5.000	0.000	
Ranch Packet	78784	1 packet	500	70.000	1.000	
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850	
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total			5000			
Weighted Daily Average				763.195*	126.373*	
% of Calories					66.233%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000

Date: 03-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	1500	575.898	46.147
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	1	[1		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1				
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				794.816*	116.961*
% of Calories				-	58.862%
					•

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			,	()	(3/
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2G	79146	1 serving	1500	677.828	65.318
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit			1		
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					

Date: 03-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				837.449*	124.826*
% of Calories					59.622%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

2M/2G

Fruit

Milk

Misc

Total

Carbohydrates Plan Calories Recipe # Recipe Name Portion Size Quantity (kcal) (g) Lunch Entree 1 serving/1 CUP chicken + 1 CUP rice + #8 scoop Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed 1576693 500 526.190 100.256 Broccoli and Carrots 2M/2G broccoli/carrots Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G 78955 1 slice 100 310.000 39.000 78930 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 1 slice 200 320.000 39.000 Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136975 1 slice 390 000 47 000 100 1136976 400 440.000 47.000 Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G 1 slice Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 100 498.719 49.009 1 serving 542.000 47.900 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78956 400 503.719 61.109 Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G 1398973 1 serving 500 Chef Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 100 462.087 45.890 1 serving 79009 100 431.972* 60.566* Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS) 1 serving 1731504 1 serving 100 519.504 48.946* Turkey Bacon Club Wrap 2M/2G Italian Pasta Salad 2M/4G (Updated) 1381337 1 serving 100 761.517 94.212 N/A* 200 N/A* Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 78735 400 630.000 64.000 1 each 78884 200 421.059 79.617 Yogurt Parfait w/ Granola 2M/2G 1 serving 1751796 1 serving/1 cup pasta + 1 breadstick Beef and Rotini Pasta Meal 2M/3G 688.246* 56.509* 1500 Vegetables 1418267 1 cup Salad, Romaine, 3 Way, 1 cup 500 15.000 3.000 78824 0.5 cup 3000 30.000 7.000 Grab-it Carrots, 1/2 cup Fruit, Fresh, Assorted 78755 1 each 4000 65.147 16.717 78625 0.5 cup 2000 82.200 19.800 Fruit Cup, Assorted Dried Fruit, Assorted 78632 1 each 1000 115.000 28.500 12215391 each 5000 60.000 14.000 Juice, Assorted, 4 oz, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each Milk, Chocolate, Fat-free, Clearbrook Farms 3000 120.000 23.000 1000 10.000 2.000 Ketchup Packet 78806 1 packet Mustard Packet 78839 200 5.000 0.000 1 packet 70.000 Ranch Packet 78784 1 packet 500 1.000 78813 1000 27.101 0.850 Ranch Dressing 1 tablespoon 79027 500 60.000 1.000 Mayo Packet 1 packet Soy Sauce Packet 79044 1 packet 200 0.000 0.000 79899 1 packet 1.000 500 5.000 Hot Sauce (Del Sol) Sriracha Packet 79058 1 each 200 9.000 1.701 5000 828.521* 120.07* Weighted Daily Average % of Calories 57.968%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 03-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000

Date: 03-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables	1			1	
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit	70755	4	1000	05.447	10 717
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	4005774	41	500	400.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms Misc.	1221537	1 each	3000	120.000	23.000
wisc. Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
	79027	1 packet	500	60.000	1.000
Mayo Packet Sov Sauco Packet	79027	1 packet	200	0.000	0.000
Soy Sauce Packet	79044	1 packet	500	5.000	1.000
Hot Sauce (Del Sol) Sriracha Packet			200		1.000
	79058	1 each		9.000	1.701
Total			5000		
Weighted Daily Average				778.182*	119.436*
% of Calories					61.393%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree				()	(6)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	498.719	49.009
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	542.000	47.900
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	503.719	61.109
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	462.087	45.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	519.504	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	761.517	94.212
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit	•				
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					

Date: 03-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				627.295*	104.233*
% of Calories					66.465%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.