



# March 2023

## APPLE CART CAFÉ DAILY MENU



\*Menu Subject to Change\*

### SERVED DAILY

<p style="text-align: center;">Tuna Salad Sandwich on Buttermilk Bread Egg Salad Sandwich on Buttermilk Bread Veggie Sandwich on Multi Grain Bread Turkey &amp; Cheddar Sandwich on Whole Wheat Bread Grilled Cheese &amp; Panini Sandwiches Assorted Turkey Wrap</p>	<p style="text-align: center;">Vanilla Yogurt topped with Assorted Berries and Granola</p>	<p style="text-align: center;">PETITE OR REGULAR Chef Salad Classic Spinach Salad Signature Green Salad Taco Salad Ranch, Italian or Balsamic Vinegar</p>
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### SPECIALS OF THE DAY

Wednesday 1-Mar-2023	Tortilla Soup or Pasta Fagioli Soup	<p style="text-align: center;"><b>Chinese Chicken Salad</b> Romaine Lettuce, Diced Chicken, Mandarin Oranges, Green Onions, Celery, Cilantro, Won Tons, Chow Mein Noodles, Mixed w/ Oriental Dressing Served with a Fortune Cookie</p>	<p style="text-align: center;"><b>Homemade Chicken &amp; Rice Burrito</b> Served with Pico de Gallo, Spanish Rice, Refried Beans and tortilla chips</p>
Thursday 2-Mar-2023	Tortilla Soup or Rice & Black-Eyed Pea Soup	<p style="text-align: center;"><b>Italian Pasta Salad</b> Spiral Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Broccoli, Black Olives, Pepperoncini, Grape Tomatoes Mixed with Italian Dressing Served with a Garlic Knot Roll</p>	<p style="text-align: center;"><b>Choice of a Slice of Pepperoni, Cheese or Hawaiian Pizza</b> Served with and Small Caesar Salad and a Garlic Knot Roll</p>
Friday 3-Mar-2023	Tortilla Soup		<p style="text-align: center;"><b>Assorted Sandwiches, Salads &amp; Soup</b> Grilled Cheese, Apple and Fig Jam Sandwich</p>
Monday 6-Mar-2023	Tortilla Soup or Chicken Noodle Soup	<p style="text-align: center;"><b>BBQ Chicken Salad</b> Chopped Lettuce, Chicken, Corn, Black Beans, Red Onions, Tomatoes, Jicama, Cheddar Cheese Topped with Tortilla Strips &amp; BBQ Ranch Dressing Served with Dinner Roll</p>	<p style="text-align: center;"><b>Arroz con Pollo</b> Steamed Vegetables Served with a Dinner Roll</p>
Tuesday 7-Mar-2023	Tortilla Soup or Mexican Fideo Soup	<p style="text-align: center;"><b>Classic Mexican Summer Salad</b> Arcadian Harvest, Jicama, Avocado Sliced, Soft Fresh Cotija Cheese, Orange Slices, Sunflower Seeds, Salt and Pepper, Drizzled with Fresh Lime Juice - Served with a Knot Garlic Bread</p>	<p style="text-align: center;"><b>Caprese Chicken</b> Grilled Chicken Breast Topped with Mozzarella Cheese, (2) Slices of Tomato, Chopped Fresh Basil Leaves and a Drizzle of Balsamic Glaze Served with Rice Pilaf</p>
Wednesday 8-Mar-2023	Tortilla Soup or Chicken and Rice Soup	<p style="text-align: center;"><b>Asian Chicken Slaw</b> Shredded Chicken Mixed with Celery, Sugar Peas, Red Bell Pepper, Onion, Slaw Mix &amp; Water Chestnuts Dressing Vinaigrette Mixed with Soy Sauce, Toasted Almonds &amp; Sesame Seeds Served On a Bed Of Curly Lettuce</p>	<p style="text-align: center;"><b>Apple Cart Beef Sliders (2)</b> Seasoned Ground Beef Patties Topped with Melted Cheddar Cheese, Shredded Lettuce, Tomato Slices, Grilled Onions &amp; Mushrooms Served with Seasoned Potato Wedges</p>
Thursday 9-Mar-2023	Tortilla Soup		<p style="text-align: center;"><b>Chicken Pho Soup</b> Served with Fresh Basil, Green Onions, Lime, Cilantro, Bok Choy, Sliced Jalapeño Peppers, Hoisin Sauce &amp; Siracha Chili Sauce</p>
Friday 10-Mar-2023	Tortilla Soup		<p style="text-align: center;"><b>Assorted Sandwiches, Salads &amp; Soup</b> Grilled Cheese, Apple and Fig Jam Sandwich</p>
Monday 13-Mar-2023	Tortilla Soup or Moroccan Chicken and Butternut Squash Soup	<p style="text-align: center;"><b>The Apple Cart Salad</b> Romaine, Diced Chicken, Celery, Mandarin Oranges, Diced Apples, Dried Cranberries, Feta Cheese, Red Onion Rings, Topped with Bleu Cheese Served with a Dinner Roll</p>	<p style="text-align: center;"><b>Southwest Rice Bowl</b> Spanish Rice, Black Beans, Corn, Diced Chicken, Cheese and Cilantro Served with Red Salsa</p>
Tuesday 14-Mar-2023	Tortilla Soup or Clam Chowder	<p style="text-align: center;"><b>Chipotle Chicken Salad</b> Romaine Lettuce, Diced Chicken, Bell Pepper, Green Onions, Celery, Cilantro Served with Creamy Chipotle Dressing &amp; Tortilla Straws</p>	<p style="text-align: center;"><b>Taco Tuesday - Carnita Tacos (2)</b> Diced Onions &amp; Cilantro Served with Refried Beans, Mexican Rice Salsa &amp; Corn Tortillas</p>
Wednesday 15-Mar-2023	Tortilla Soup or French Onion	<p style="text-align: center;"><b>Asian Chicken Slaw</b> Shredded Chicken Mixed with Celery, Sugar Peas, Red Bell Pepper, Onion, Slaw Mix &amp; Water Chestnuts Vinaigrette Dressing Mixed with Soy Sauce, Toasted Almonds &amp; Sesame Seeds</p>	<p style="text-align: center;"><b>Spaghetti with Meat Sauce or Marinara Sauce</b> Served with Small Green Salad &amp; Garlic Cheese Toast</p>

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Thursday 16-Mar-2023	Tortilla Soup or Red Lentil Soup	<b>Grilled Corn &amp; Tomato Salad w/ Bulgur</b> Bulgur, Grilled Corn, Wedged Tomatoes, Cucumber Slices, Chopped Red Onion, Mustard, Lemon Juice, Fresh Basil, Seasoned with Salt and Pepper Served with a Dinner Roll	<b>Street Beef Hot Dog</b> Topped With Sauteed Bell Peppers and/or Melted Mozzarella Cheese Served with a Bag of Chips
Friday 17-Mar-2023	Tortilla Soup	 Happy St Patrick's Day	<b>Assorted Sandwiches, Salads &amp; Soup</b> Grilled Cheese, Apple and Fig Jam Sandwich
Monday 20-Mar-2023	Tortilla Soup or Cannellini Bean, Kale & Orzo Soup	<b>Santa Fe Salad</b> Mixed Greens, Chicken Strips, Tomatoes, Jicama, Cheddar Cheese, Black Olives Topped with Salsa Dressing & Tortilla Straws	<b>Breakfast for Lunch</b> Choice of: Potato, Sausage or Bacon Burrito Wrapped in a White Flour Tortilla Filled with Egg and Cheese 
Tuesday 21-Mar-2023	Tortilla Soup or Chicken and Sausage Gumbo	<b>Tri-Salad</b> Scoop of Cashew Chicken & Scoop of Potato Salad with a Side of Fruity Gelatin Served with Homemade Sweet Bread	<b>"New" Shake Chicken Ramen</b> Fresh Spinach, Carrots, Corn, Green Onions, Chicken Strips, Noodle Ramen and Shoyu Base Sauce <b>\$6.00</b>
Wednesday 22-Mar-2023	Tortilla Soup or Toscana Soup	<b>Arugula, Dried Cranberry, Grape Salad with Feta Cheese</b> Arugula, Cranberries, Grapes, Candied Walnuts, Feta Cheese Served with a Balsamic Vinegar Dressing and a Squaw Roll	<b>Chicken Parmesan</b> Breaded Chicken Topped with Marinara Sauce and Melted Mozzarella Cheese Served with a Side of Herb Noodles & Knot Garlic Bread
Thursday 23-Mar-2023	Tortilla Soup or Albondiga Soup	<b>Southwest Salad</b> Romaine, Diced Chicken, Tomatoes, Black Beans, Corn, Red Bell Pepper, Red Onion, Shredded Cheese, Black Olives & Pico de Gallo Topped with Spicy Avocado Dressing Served with a Dinner Roll	<b>Baked Potato</b> Topped with your Choice of Steamed Broccoli/Carrots & Cheddar Cheese Sauce or Chili with Beans Cheddar Cheese Sauce.
Friday 24-Mar-2023	Tortilla Soup		<b>Assorted Sandwiches, Salads &amp; Soup</b> Grilled Cheese, Apple and Fig Jam Sandwich
Monday 27-Mar-2023	<b>CLOSED FOR SPRING BREAK MARCH 27 TO MARCH 31, 2023</b>		



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**THANK YOU ALL FOR YOUR SUPPORT!**