



# March 2023

## ELEMENTARY BREAKFAST & LUNCH MENU



### MONDAY

IT'S NATIONAL  
NUTRITION MONTH AND  
WE'RE CELEBRATING BY  
OFFERING SOME FUN  
SEASONAL FRUITS AND  
VEGGIES!



#### Breakfast

Assorted Pan Dulce

#### Lunch

Sicilian Cheese Calzone  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

### TUESDAY

#### \*\*\*OFFERED DAILY\*\*\*

Lactose-free Yami yogurt &  
granola is a lunch option.



#### Breakfast

Bagel Cheese Pizza

#### Lunch

Breaded Popcorn Chicken  
or  
Grilled Cheese Sandwich

### WEDNESDAY

#### Breakfast

Banana Chocolate Chunk  
Breakfast Bar

#### Lunch

Hamburger or Cheeseburger  
  
Cool Ranch Doritos

#### Breakfast

Trix Yogurt with  
Mini Chocolate Chip Muffin

#### Lunch

Breaded Chicken  
Fillet Sandwich  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds  
Goldfish Mickey Crackers

### THURSDAY

#### Breakfast

Fun n' Fruiti  
Belgian Waffle

#### Lunch

Marinara Meatballs with  
Garlic Knot Roll  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

#### Breakfast

Turkey Sausage, Egg and  
Cheese Breakfast Pocket

#### Lunch

Orange Popcorn Chicken  
with Vegetable Fried Rice  
or  
Cocoa Sandwich

### FRIDAY

#### Breakfast

Waffle Battered Chicken  
Bites & Syrup

#### Lunch

Cheese or Pepperoni\*  
French Bread Pizza  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

#### Breakfast

Pork Sausage Links\*  
with Pancake & Syrup

#### NEW Lunch

Cheese Pizza Crunchers  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

### ADDITIONAL MENU INFO

**Breakfast** is served with choice of fruit, 100% fruit juice, 1% low-fat unflavored or fat-free chocolate milk. Cereal is offered daily as a breakfast choice.

**Lunch** is served with choices from the fruit & vegetable salad bar, 100% fruit juice, and 1% low-fat unflavored or fat-free chocolate milk.

### Brought a lunch from home?

#### Grab a Lunch Pal!

-free for GGUSD students-  
Includes juice, milk, baby carrots + access  
to the salad bar



School Breakfast and Lunch is  
Available to All GGUSD Students at  
No Charge!

**Breakfast**

Cinnamon Roll  
with Glaze

**Lunch**

Chicken Corn Dog  
or  
Grilled Cheese Sandwich

**13****Breakfast**

Turkey Sausage Pizza

**Lunch**

Cheesy Pull Apart Bread with  
Marinara Sauce Cup  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

**14****Breakfast**

Oatmeal Chocolate  
Chip Breakfast Bar

**Lunch**

Chicken Tenders  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds  
Baked Potato Smiles

**15****Breakfast**

Mini Chocolate Chip  
French Toast Bites

**Lunch**

Seasoned Chicken with  
Buttered Noodles  
or  
Cocoa Sandwich  
Shamrock Cookie

**16**

Happy  
St. Patrick's  
Day

**Breakfast**

Waffle Battered Chicken  
Bites & Syrup

**Lunch**

Grilled Cheese Sandwich  
or  
Cocoa Sandwich  
**NEW** Fun & Fitness Crackers

**17****Breakfast**

Assorted Pan Dulce

**Lunch**

Mini Cheeseburger Sliders  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

**20****Breakfast**

Bagel Cheese Pizza

**Lunch**

Chicken Nuggets  
or  
Grilled Cheese Sandwich  
Birthday Graham Crackers

**21****Breakfast**

Trix Yogurt with Mini  
Chocolate Chip Muffin

**Lunch**

Spaghetti with Meat Sauce  
and Cheesy Breadstick  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

**22****Breakfast**

Fun n' Fruiti  
Belgian Waffle

**Lunch**

Breaded Chicken Drumstick  
with Emoji Waffle  
or  
Cocoa Sandwich

**23****Breakfast**

Pork Sausage Links\* with  
Pancake & Syrup

**Lunch**

Cheese or Pepperoni\*  
Personal Pizza  
or  
Cheese Cup with Tortilla Chips  
& Sunflower Seeds

**24****27****28****29****30****31**

# Spring Break



\* = CONTAINS PORK



STUDENTS HAVE ACCESS TO OUR FRUIT & VEGGIE SALAD BAR DAILY  
FOR LUNCH. JOIN US FOR FUN SEASONAL ITEMS THIS MONTH LIKE  
STRAWBERRIES AND CARA CARA ORANGES 😊

[GARDENGROVE.HEALTHELIVING.NET](http://GARDENGROVE.HEALTHELIVING.NET)

This institution is an equal opportunity provider. Menu is subject to change depending on product availability.

